

BI BLAST



***Esibanimin Giizis
Blackcurrent Month
August 2016***



Courtesy of the Temiskaming Speaker

Temagami First Nation

Multi-Use Building Project Update



Photo left to right: Darlene Bowen – MPP John Vanthof’s Constituency Assistant; Denise Deschamps – Industry Canada (Fednor) Initiatives Officer; Lorie Hunter – Mayor, Town of Temagami; Anthony Rota – MP Nipissing-Temiskaming; Arnold Paul – Chief, Temagami First Nation; David Zimmer Minister of Indigenous Relations & Reconciliation; and Joseph Katt – Second Chief, Temagami First Nation.

Just prior to the Temagami First Nation Pow Wow on Saturday, July 9th a Sod Turning Ceremony was to be hosted on the site of the former Band Office and Rec Centre. The event relocated to the tent on the east side of the Laura McKenzie Learning Centre due to unfavorable weather conditions. The Sod Turning ceremony was to commemorate construction beginning very soon and the substantial funding contributions from the Ministry of Indigenous Relations & Reconciliation (formerly the Ontario Ministry of Aboriginal Affairs); Industry Canada (Fednor); the Northern Ontario Heritage Foundation Corporation; and Indigenous & Northern Affairs Canada.

Temagami First Nation with the assistance of Bret Cardinal reviewed five (5) bids to hire a Construction Manager for the Multi Use Building. The bid was awarded to Aboriginal Building Construction Services Corporation (Derek Laronde) things are moving forward and construction will begin in the very near future.

As a follow up, we just want to re-assure community members that caution and respect is being taken in moving the Rock Turtle so that the item does not get damaged by heavy equipment that will be utilized during the construction of the new facility. Diane Longboat

was consulted to see if and how the Rock Turtle could be moved. She advised that an Elder from our community be requested to hold a ceremony to seek direction on how to care for the Grandmother Turtle. Paula Potts held a ceremony and received a vision on how the Turtle can be moved to a better resting place. The Rock Turtle monument was initially given to the youth in the community and at the time, the youth were asked to take care of the Turtle. Paula will be consulting with the youth to assist in the moving of the Grandmother Turtle. When a date has been selected to move the Grandmother Turtle, the community will be notified of the event so that community members could observe or participate.

The Time Capsule that was buried in 2010 in front of Band Office and was to be dug up in 2030 (20 years later) was removed from the ground in order to protect it from potentially being damaged once construction of the new building begins. The Project Team will be meeting in the near future to determine the best way to manage matters regarding the Time Capsule.

Update Submitted by: Peter McKenzie, Capital Projects Coordinator

UPCOMING TFN CHIEF & COUNCIL MEETINGS

Tuesday, August 9 @ 7pm

Meetings are held at the Lands and Resources Building

TFN Council Meetings will now be webcast VIA Cisco Webex!!

to join meeting email webex@temagamifirstnation.ca for meeting number

NEW YOUTH WORKER

Notice to Community, Staff and TFN Members. I would like to take the opportunity to introduce myself. My name is Tyler Paul and I have taken on a temporary contract position for the TFN as the Community Youth Worker. The focus will be primarily the youth but I will also be working with the younger ages, adults, in recreation as well as sports. I have been working for TFN during the summer for the past 6 years in similar fields of employment. I am now finished with my schooling for the time being and will be looking into finding funding to make the youth worker position permanent. My main priority is to get the youth engaged in the community and to help them start building relationships with departments in the community. I will also be focusing on getting the community active. I am open to any suggestions or ideas so feel free to contact me or drop in. I am employed under the FHWC located at the DPHC.
Tyler.Paul@temagamifirstnation.ca Miigwetch



A graphic for Tyler Paul Personal Training. The name "Tyler Paul" is written in a cursive font above the words "PERSONAL TRAINING" in large, bold, blue capital letters. Below the text, there are three silhouettes of a person performing different weightlifting exercises: a squat, a deadlift, and a clean and jerk. The background is a gradient of yellow and orange. At the bottom, there is a dark blue banner with white text: "Specialization in:" followed by a bulleted list: "• Strength & Sport Conditioning," and "• Olympic Weightlifting and more". Below the banner, it says "For Info, Rates and Bookings - Contact Tyler Paul" followed by the email address "tylerjopaul@hotmail.com" and the phone number "705-237-8243".

Powwow July 2016

Powwow has come and gone for another year. Family had time to visit and new friendships were made. As Coordinator of Temagami First Nation Powwow I am so thankful to have had the opportunity once more to assist and to participate a great event.

I want to acknowledge the youth that jumped in with both feet, and were the ones that really made this Powwow an exceptional event. They worked hard and were very respectable and truly an all-around pleasure to work with. I've heard so many positive comments in regards to our youth.

The work behind the scenes starts months before, finding drummers, advertising, ground preparation, Arbour setup, coordinate honorariums'. This is truly a community event that brings our community together. To all the people that worked, volunteered and participated many many thanks. We were blessed with good weather and good food, the feast was fabulous.

To all Thank You so very much you are an inspiration! See you next Year!!

Live Well Live Free

Submitted by Virginia Saville Mckenzie



Courtesy of the Temiskaming Speaker



Courtesy of Tammy Cole



Courtesy of Jessica Bender



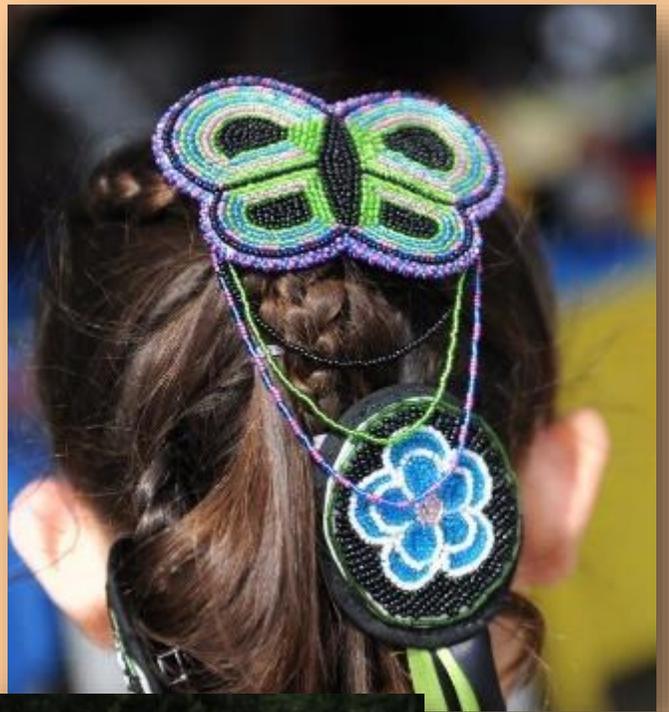
Courtesy of Jessica Bender



Courtesy of the Temiskaming Speaker



Courtesy of Tammy Cole





All photos courtesy of Melissa Wolfe



Wellness Corner



Submitted By Donna Mattias

Self-care is important for your physical health as well as your mind and overall health.

Without self-care, your relationships with others can suffer tremendously.

Self-care is important, but some people think it's selfish or inconsiderate. We know self-care actually makes you more effective and energetic. When you avoid things that make you feel physically and mentally well, you deplete your confidence and self-esteem. Self-care is important to maintain a healthy relationship with yourself, sometimes called self-love. It produces positive feelings, which improves confidence and self-esteem too.

Self-care is important for your family and friends too. They learn from you, so setting functional boundaries to take care of yourself shows them that they too need to put themselves first and not overextend or overwork. Unhealthy relationships come about when you don't take time for your needs!

Results of the Bear Island Weight Loss Challenge

Weight Loss

| | |
|-------------------|---------|
| Beverly St. Denis | 4.8 lbs |
| Doug McKenzie | 4.7 lbs |
| Paula Potts | 4.2 lbs |

Most Activities

| | |
|-------------------|--------------|
| Alex Paul Jr. | 305.25 Miles |
| Doug McKenzie | 230.2 Miles |
| Beverly St. Denis | 185.1 Miles |

Honorable Mentions

| | |
|------------------|--------------|
| Jennifer Peshabo | 177.35 Miles |
| Tashina Paul | 99.25 Miles |
| Lynn Mongrain | 50.5 Miles |

Congratulations to all that participated in working towards improving your health, give yourselves a pat on the back for the hard work you've done. Great Job 😊

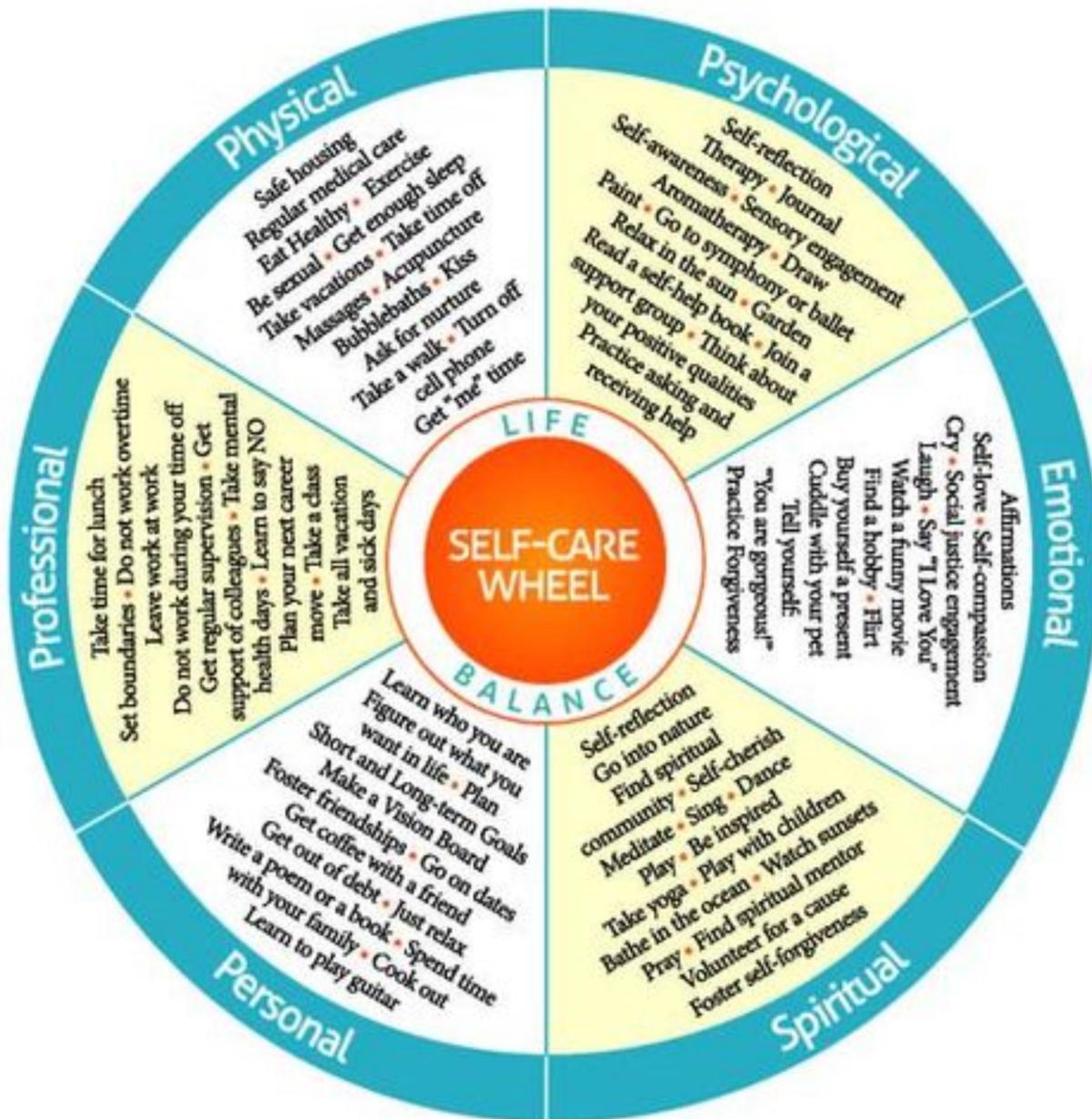
Check out this great website "134 activities you can do for self care

<http://www.goodtherapy.org/blog/134-activities-to-add-to-your-self-care-plan/>

DOREEN POTTS HEALTH CENTRE DIABETES WELLNESS CHART

| DIABETES CARE | | | DATE | | | |
|-----------------------|--------------------|-------------------------------|-------------|--|--|--|
| Test | How Often | Goal | | | | |
| Fasting Blood Glucose | As indicated | 4 – 7 mmol/L | | | | |
| Hemoglobin A1 | Every 3 – 6 months | HbA1c < 0.070 or Below 115% | | | | |
| Meter Check | Yearly | +/-15% | | | | |
| Blood Pressure | Each Visit | 130/80 | | | | |
| Weight | As indicated | | | | | |
| Foot Assessment | Yearly | Skin intact Sensation Good | | | | |
| Total Cholesterol | 1-3 Years | (< 4.0) | | | | |
| LDL | 1 – 3 Years | (< 2.5) | | | | |
| HDL | 1 – 3 Years | (>1.0) | | | | |
| Triglycerides | 1-3 Years | (< 2.0) | | | | |
| Urine/Protein | Yearly | Negative | | | | |
| Dilated Eye Exam | Every 2 Years | | | | | |
| Dental Exam | Yearly | | | | | |
| Flu Vaccine | Yearly | | | | | |

SELF-CARE WHEEL



This Self-Care Wheel was inspired by and adapted from "Self-Care Assessment Worksheet" from *Transforming the Pain: A Workbook on Vicarious Traumatization* by Saakvitne, Pearlman & Staff of TSI/CAAP (Norton, 1996). Created by Olga Phoenix Project: Healing for Social Change (2013).

Dedicated to all trauma professionals worldwide.

www.OlgaPhoenix.com

WHAT REAL SELF-ESTEEM LOOKS LIKE

I'm flexible in responding to uncertain situations because I trust myself to respond well and succeed.

I'm not overwhelmed when I get anxious because I know I can handle anything.

What I do reflects what I say and what I believe in.

**I CAN'T
IMAGINE
ANYTHING
BETTER THAN
BEING ME**

I am comfortable giving and receiving complements.

I'm comfortable being calmly assertive and sticking up for myself.

I am open to criticism and I'm comfortable acknowledging my mistakes.

I speak honestly and openly about my accomplishments and my faults because facts don't bother me.

For me, being alive is a fun adventure and I'm open to new experiences and possibilities and the unknown.

You yourself, as much as anybody in the entire universe, deserve your love & affection.

-Buddha

Created by A Life on Your Terms/<http://alifeonyourterms.com>
Inspired by: How To Raise Your Self-Esteem by Nathaniel Branden

August

2016

Swimming Lesson Schedule



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|--|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | 10:30 – 11:00 – Ages 4-6 1:00 – 1:30 – Ages 7-10 3:00 – 3:30 – Ages 11-14 | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | Questions? Please call the DPHC @ 705-237-8900 Parents welcomed to join our Facebook group – Swimming Lesson 2016. | | |

Swimming lesson will be
instructed by Emily Mattias –
Swim Instructor

The Last Day will
be August 19th

Location:
Dean's
Beach

All Welcomed!!

Schedule may change –
children signed up
will be notified.

| | | | | | | |
|---|-----------------------------|--|------------------------------------|---|---------------------|---|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | | Men's shopping | | Children 6-12yrs Beach Day weather permitting 10am-2:30pm | | Fire arms course |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Fire arms course | HBHC Parent Dinner 5pm | Sweat @ Ballfield Starting 6 PM | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | Sports Camp Ages 6-12yrs | | | | HBHC Family Trip | Fire arms course |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Fire arms course HBHC Family Trip | | Youth Pregnancy prevention. 10 am Children 6-12yrs Beach Day 10am | Youth Seminars with Stan Wesley | | | Quill Boxing 9am-4pm Tentative for Fire arms Course |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| Quill Boxing 9am-4pm Tentative for Fire arms Course | Quill Boxing 9am-4pm | Quill Boxing 9am-4pm | | | | |

Family Healing and Wellness Highlights



Client shopping trips for men please call Fred @ DPHC (7052378900) by August 26/16

- **Youth Programs and weightlifting contact Tyler Paul @ DPHC @ 7052378900**
- **Youth 3 day Seminars with Stan Wesley on August 24-26, 2016 @ DPHC youth are asked to call and signup with Tyler or Annette.**

Children Beach Days August 4 and August 23 is weather permitting any rescheduling will be put in the mail. Permission slips will be available for children who are interested in coming on beach day contact Linda or Annette.

- **HBHC Parents Dinner "let's Celebrate Parenting" August 8/16 @5pm (parents only please)**
- **Family Beach Day (wanapitae) August 14/16 Rsvp by August 10th**

***Note:**

Quill boxing program on August 27-30th please call Linda if you are attending (705)237-8900 (lunch provided daily)

Any questions please call DPHC 7052378900

Honouring Our Tradition

Submitted by Robin Potts



The Crew: Left to Right, Esa Zinser, Brian Burns, Noah Saville, Robin Potts, Selena Bob, John Zinser, Aleria McKay, Jessica Frappier and Matt Peshabo

The pilot-project started July 4 – the first day we paddled to Temagami Island and scouted for birch bark and cedar (giishik) for the canoe (jiimaan) build. It was a great day on the water (nibii) and land. We managed to find a cedar stand that we later harvested and brought back to the site. The rest of the first week the youth workers completed training and certification in collaboration with the MNRF in North Bay.

- Youth Health and Safety Training
- Wilderness First Aid Training – WFA with Raven Rescue
- ORCKA II (Basic Canoe) Certification – with Algonquin Outfitters

The next 3 weeks in July were very busy with harvesting, building crooked knives and other tools, paddle-making, splitting cedar, harvesting and preparing hundreds of feet of spruce roots and collecting spruce gum/sap, harvesting and preparing the material was the majority of the build.

Special mentions to make this pilot project possible...

Miigwitch to Temagami First Nation who has supported this initiative from the very beginning. Chi-miigwitch to Lucille Mckenzie who comes to share some anishinabamowin with us almost every morning to set our workday. Chi-miigwitch to Fred Quesnelle, Eva Couchie, Dan Couchie, Brad Cole, Joe Katt, Alex Paul, Stacy Lamere and Taylor Rae for their support, knowledge and passion for the canoe build. Special Chi-miigwitch to our canoe builders John and Isa Zinser who are hard at work everyday to make the birch bark canoe build a success and to share their wood working and canoe building craftsmanship with the youth and others who come to visit the site.

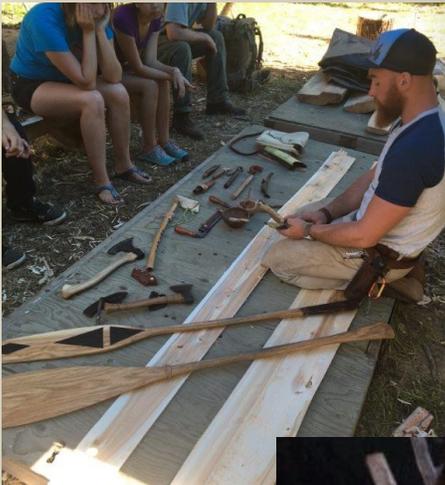
Chi-miigwitch to Derrick Lamere who is hard at work Video documenting the project at each phase and also harvesting and preparing materials as well. He is also working one-on-one with the youth to give them an opportunity to get hands-on with self-expression through photography.

Chi-miigwitch to all community members who have taken the time to stop in to lend a helping hand and to those who have contributed in others ways such as food donations, lending tools for special cuts and to those who are just curious and drop by to observe. We encourage visitors to stop by and visit the build site located at the ball field.

We look forward to assembling the birch bark canoe in the first week of August. This is a special, exciting and much anticipated part of the build and we look forward to making the canoe. Jii-maanke!



n'Daki-Menan Birch Bark Canoe



All Photos Submitted by Derrick LaMere

TONENE – WHERE THE SPIRITS DANCE
A BRIEF LIFE HISTORY OF AN INDEGINOUS CHIEF
BURIED BY LAKE KANASUTA ROAD IN 1916



Photo Credit William John Winter (1909 – Haileybury, Ontario)

A Chief, Advocate for Indigenous Rights, Trapper
And Discoverer of a Billion Dollar Gold Mine

TONENE - THE INDEGINOUS CHIEF BURIED BY LAKE KANASUTA ROAD IN 1916

His name belongs in the history books, but you will have a hard time finding it there.

While attending the University of Toronto and researching for a paper on the Algonquin and Ojibwa First Nations in the area of Lake Kanasuta, Quebec I came across the name of an Indigenous Chief named Tonene. As I pieced together the history of his life I was intrigued. I thought his story was worth sharing, and given his final resting place thought at least the cottage owners on Lake Kanasuta, and perhaps even a larger audience might be interested to learn a bit about him.

Kanasuta Lake is made up of a group of 8 different lakes: Berthemet Lake, Desvaux Lake, Arnoux Lake, Larochele Lake, Pinders Lake, Monarch Lake, Lost Lake and the largest Dessarat Lake, all accessible by boat. The three main lakes Berthemet, Desvaux and Dasserat Lakes are commonly called the "first", "second" and "third" lakes, respectively. Together they are called Kanasuta Lake, which is fed by three major rivers: the Kanasuta, Clarice and Dasserat rivers. "The first lake" is called Berthemet, but was historically known by local natives as Ogima Lake, or "Chief Lake". It is located in the Abitibi-Témiscamingue region of North Western Quebec, approximately 650 km due North of Toronto, Ontario. For thousands of years these waterways were used by the Algonquin and Ojibwa.

Historically the region had deep spiritual significance for the Algonquin's. It was also a meeting place and boundary of Ojibwa and Algonquin territory. Sometimes this led to conflict. Perhaps explaining why the indigenous word Kanasuta means "Where the Spirits Dance" (also translated as "where the devils dance" and "where minds come together").

Chief Tonene was born near Temagami Ontario in 1840. He was head Chief of the Teme-Augama Anishnabai until 1888. At the age of 17 he was hired by the Hudson Bay Company to help move trade between Temagami and Timiskaming. He learned French, the language of trade, and travelled throughout the region.

He married a couple of times and was known to go on extended trapping expeditions in the Abitibi region (from Cobalt to Kanasuta). He was one of the first aboriginals to question land treaty rights and voiced his concerns with the government. In 1877 Tonene and two others met on Lake Nipissing with federal Indian agent Charles Skene, and explained that their community had never ceded its land but wanted an annuity from the treaty and a reserve. The stated reason for their concern was the arrival of lumbermen. No action was taken from the government.

On New Year's Day 1879, in a remarkable speech before an assembly at the HBC post on Bear Island in Lake Temagami, Tonene warned his people that "the white men were coming closer and closer every year the deer and furs were becoming scarcer and scarcer . . . so that in a few years more Indians could not live by hunting alone."

WOULD HAVE BEEN A MILLIONAIRE



In 1899, at the age of 59 he began to prospect. A rush swept the region with the discovery of valuable minerals in Cobalt Ontario. He was credited with discovering the ore body in 1906 that led to the famous Kerr-Addison gold-mine (Area mine originally named after him and known as the "Old Indian Mining Company").

Although credited with discovering the ore body his claim was reportedly "jumped" (stolen) and despite his attempts in court, he was unsuccessful in being vindicated. This may not be surprising as Natives had little influence and could not even vote until 1969. He would have had little chance of success in the courts.

One might speculate that his earlier efforts to question land treaty rights had identified him as "radical" to the Ontario Premier Oliver Mowat's office (who wanted to develop Northern Ontario's forest and mineral resources, and was reportedly not

aboriginal friendly). Although Mowat left office in 1896 there were subsequent governments from the same political party who may have known of Tonene's efforts in Temagami and may have connected with the judicial system to follow his court case.

Kerr-Addison mine went on to produce 10,457,441 ounces of gold (At today's value it would equal \$13,594,673,300 – That is \$13 Billion+). He received, as you might expect, no compensation.

He continued to fight for Indian rights, but lumbering had moved in and the Ontario and Quebec governments wanted the pine trees. His pleas remained unresolved, as they do to this day.

Photo on right: 1910 share certificate - Tournie "Old Indian" Mining Company)



DEAD BY THE ROAD

He died in 1916 and was buried in a traditional native burial ground that was located by what would later become a gravel pit (at the entrance to, as the sign says - "Lac Kanasuta"). The gravel was extracted to construct a road between Rouyn-Noranda, Quebec and Kirkland Lake, Ontario as well as for an access road to Lake Dasserat. His remains, and those of others, were unearthed and scattered by bulldozers during this process, then left at the side of the road to be collected. It was not clear if they were ever picked up. The sad irony, the road that was being built, was in part, being put in place to move gold from Kerr-Addison mine, the mine he helped discover.

TODAY – ALMOST FORGOTTEN

As you turn off from Hwy 117 and head towards the first lake of Kanasuta, if you look closely...very closely...you might notice a small red sign located about 30 meters up the road, on your right hand side, and about 15 meters back in the brush, overgrown. It is rusted with paint peeling, but if you squint you can see the tribute the government gave the man who was a Chief and whose efforts led to hundreds of millions of dollars going into the economy. The simple sign, long forgotten, stuck in the ground makes no mention of the historic significance, only a warning not to take gravel, nothing more. No one on the government side seems to care. Perhaps one day someone will. Does not a man who did so much, deserve more?

To add insult to injury, this traditional burial ground was turned into an open pit garbage dump once the gravel was removed. The dump was closed in the early 1980's and is now quiet.

In the past, the kind people of the Beaverhouse First Nation would clear the site, but as time passed the site became overgrown. In the summer of 2014, some cottagers in the area (with the permission of the Tonene family) paid their respect and invited their children to put in a day of clearing the site and to learn about this man.



Tonene Burial Site **(before)**
Summer 2014



Tonene Burial Site **(after)**
Summer 2014



Tools used for the clearing
Summer 2014

LAKE NAME



Not far from the burial site (23km West into Ontario) there was a lake East of the Town of Larder Lake along highway 66 called Tournene Lake. Research indicates that this lake was supposed to be named after Chief Tonene (also found to be spelt Tournenie) in 1928.

It would appear the misnaming of the lake was a case of a clerical spelling mistake, or due to the fact that no official birth certificate was likely issued, and depending on whom you asked you would get a different spelling due to oral background (English, French or Indigenous). His official name entered the Euro-Canadian accounts in 1857, when he was hired by the Hudson's Bay Company under the name Tonene. According to a living relative, Tonene is the correct spelling.

As a result of this research finding, in 2014 the Ontario Geographic Names Secretariat was contacted and an application was submitted to have this lake renamed to Chief Tonene Lake. This application was supported by a living relative of Tonene, the Chief and Council of the Beaverhouse First Nation as well as the Mayor and Council of McGarry Township where the lake is located.

On Jan 8 2016 the Ontario Geographic Names Board (OGNB) met at its 151st meeting and carefully reviewed the application against Board principals. The application was approved and on April 6, 2016 the decision received Ministerial approval. The new official name finally corrected to Chief Tonene Lake.

His name will live on in all future maps and documents.

It has also been suggested that in the future, with the permission of his descendants, involvement of the Beaverhouse First Nation and interested local residents, an application to have an Ontario historical plaque erected at the picnic area across from the lake could be submitted. The plaque would document his life, indigenous life in the area, highlight his mineral discovery and the impact it has had on the region.

MOVIE

If interested, here is a link to a sobering National Film Board documentary on some recent history of the Algonquin Indians (Ojibwa and Algonquin overlapped in the region). They used to travel up and down Lake Dasserat for generations on their way to Lake Abitibi (and beyond, as they later helped trappers with the Hudson Bay Company). The film starts on the Timiskaming Reserve in Notre Dame de Nord (Near New Liskeard), a reserve that many in the region have probably driven through numerous times.

My son who was 9 and I spent some time with the Timiskaming First Nation. We also visited and learned from the Chief of the Matachewan First Nation. It was a rich experience and we met some great people.

One of the film makers, Richard Desjardins, is originally from Rouyn-Noranda. I understand he is a fairly well know Quebec musician and actually has an album out called "Kanasuta".

FILM - https://www.nfb.ca/film/invisible_nation 93:20 minutes long

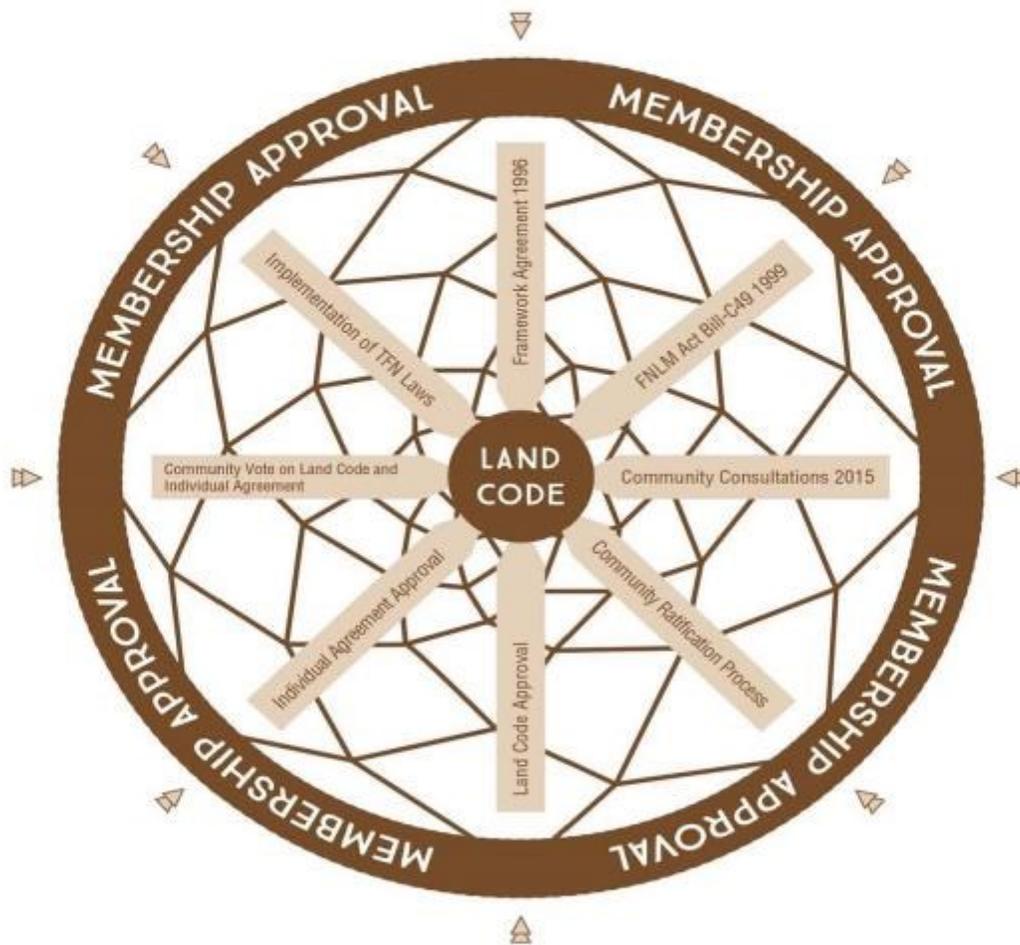
References

Conversations with Emmaline MacPherson (niece of Tonene), Author of Article: Bruce W. Hodgins and James Morrison, Title of Article: TONENE, IGNACE, Publication Name: Dictionary of Canadian Biography, vol. 14 Publisher: University of Toronto/Université Laval AC, F-470, NA, MG 19, D4: D21; MG 29, C40 (imfm.); RG 10, 3109, file 315190; 7757, file 27043-9; RG 31, C1, 1881, Timagami, [Ont.]. Private arch., V. R. (D.A.F.) Dufresne (Larder Lake, Ont.), Docs, including the prospectus for the Tonene Old Indian Mining Company. Attorney General for Ontario v. Bear Island Foundation et al. (1994), Ontario Reports (Toronto), 2nd ser., 49: 353-490. Frank Carrel, "Our fishing and hunting trip in northern Ontario, part II," *Bad and Good and Motor Sports in Canada* (Woodstock, Ont.), 9 (1907-8): 39-52. B. W. Hodgins, "The Temagami Indians and Canadian federalism, 1867-1943," *Laurentian Geol. Rev.* (Sudbury, Ont.), 11 (1978-79), no.2: 71-100. B. W. Hodgins and Jamie Benidickson, *The Temagami experience: recreation, resources, and aboriginal rights in the northern Ontario wilderness* (Toronto, 1988). S. A. Palm, *The way north: men, miles and minerals: being some account of the curious history of the ancient route between North Bay and Hudson Bay in Ontario . . .* (Toronto, 1964). Gary Potts, "Teme-ouagamo Anishnabai: last-ditch defence of a priceless homeland," in *Drumbeat: anger and renewal in Indian country*, ed. Boyce Richardson (Toronto, 1989), 201-28. F. G. Speck, *Family hunting territories and social life of the various Algonkian bands of the Ottawa valley* (Geological Survey of Canada, Memoir, no.70, Ottawa, 1915); *Myths and folklore of the Temiskaming, Algonkian and Timagami/Ojibway* (Geological Survey of Canada, Memoir, no.71, 1915); Supreme Court of Ontario, [Proc. of Attorney General for Ontario v. Bear Island Foundation et al.] (unpublished transcript, 68u., 1982-84; copy in Bear Island Library, Bear Island, Ont.).

The **MAIN ELEMENTS** of the **TEMAGAMI FIRST NATION LAND CODE INITIATIVE**

Using the Land Code Wheel

TEMAGAMI FIRST NATION LAND CODE



OUR LANDS, OUR FUTURE

WWW.TEMAGAMILANDCODE.COM

SUMMARY

The Land Code Wheel (on the front cover) was designed to take the main elements of the Land Code initiative and visually place them in the “big picture”. One can visualize that learning the individual parts or “spokes” of the wheel is a good way to understand how the Land Code is developed and where parts belong with reference to a timeline that begins at the 12 o’clock position.

THE SPOKES OF THE WHEEL

Framework Agreement 1996 The Framework Agreement (FA) was born from 14 First Nation’s (FN) desire to manage and utilize their reserve lands for the betterment of the FN. With management of reserve lands under the Indian Act, processes were just too slow and onerous to get things done in a timely manner. The FA sets out how FN’s can gain control of reserve Land Management and make decisions on how we want to use our lands much like our ancestors once enjoyed. The Framework Agreement was signed in 1996 by the original 14 FN’s. The number of FN’s, since then has grown to 118. The agreement is a government to government agreement but not a treaty. In essence the FA lays out the processes and procedures for a FN to gain control of their Land through the Land Code. To see the FA Executive Summary or the full text of the FA online go to TEMAGAMILANDCODE.COM then click on [BACKGROUND DOCUMENTS](#) then click on [FRAMEWORK AGREEMENT SUMMARY](#) or [FRAMEWORK AGREEMENT](#).

FNLM Act (Bill-C49) or First Nation Land Management Act is the Government of Canada’s legislation that makes the Framework Agreement and Land Code have the effect of law. Bill C-49 is the way the Government of Canada ratifies the Framework Agreement. For a full text of Bill C-49 go to LABRC.COM then click on [Ratifying Legislation](#) then click on [Full Version of C-49 Legislation](#).

Community Consultations is a requirement of the Framework Agreement where the TFN membership is consulted as the process develops from one stage to the next. For example drafts of the Land Code require consultation before arriving at the final document to be voted on. The Land Code is the focus of consultations. Other key components of the Land Code requiring consultation is the CRP (Community Ratification Process) document and the Individual Agreement.

The goal of the consultations is to reach all TFN members and inform them of the Land Code initiative and how it affects their rights and their future generations, so that members will make a well-informed decision when they vote.

Community Ratification Process (CRP) The purpose of the CRP document is to set out transparent procedures and rules by which TFN will decide whether or not to approve the Land Code and the Individual Agreement.

In keeping with the TFN constitution, Council will need direction from the Community to allow Council to approve and implement a CRP document.

The CRP will contain information as follows:

- The concerted effort to locate all eligible voters (on and off reserve) and to provide them with the opportunity to vote either in person, by mail in ballot or electronically (e-vote platform)
- A notice of vote and voter package must be sent out 56 days prior to voting day. The voter package must contain a Notice of Vote, a copy of the Land Code, a summary of the Land Code, a copy of the Individual Agreement, a summary of the Framework Agreement and a summary of Bill C-49
- The CRP calls for mail-in ballots and electronic voting as alternate, secure methods of voting in addition to “in person” voting
- There is a minimum “yes vote” of 25% plus one of the eligible voting membership to have the Land Code approved. For example, with a total eligible voting membership of 635 there has to be 160 (25% of 635 plus one) yes votes to ratify the Land Code. In addition 50% plus one of the number of registered voters must vote yes.

Land Code Development The TFN membership needs the opportunity to have input into the content and style of the Land Code document to reflect their values and way of doing things.

Individual Agreement is finalized with Canada before the ratification vote. The content of this short agreement identifies three important things.

1. *Lands that are to be under the Land Code are identified.* For example an up to date and legally recognized survey of Bear Island is included.
2. *Specifics of the transfer of administration from Canada to the First Nation* ie. Any revenues that Canada has collected for leasing or rent are turned over to the first nation AND the specifics of the clean-up cost for any existing environmental problems.
3. *The funding arrangements after a yes vote.* In the agreement there is Transitional Funding of \$150,000 over the first 2 years to set up a Lands Office with staff. In

additional to that is annual Operational Funding of \$204,536 to do the Land Management and law-making.

Community Vote on Land Code and Individual Agreement

The Land Code and Individual Agreement are voted on at the same time on the same ballot. Once a vote date is set, a sequence to ensure timely release of notice of vote and voter packages is locked in. The voter package contains all the relevant information .

Ballot Question

Ballot Question ("Sample Only")

Do you approve:

- The **Temagami First Nation Land Code**, dated for reference **INSERT DATE** and
- The **Individual Agreement with Her Majesty the Queen in Right of Canada**, dated for reference **INSERT DATE**.

EXPLANATION

A **'YES'** vote means that **Temagami First Nation** reserve lands will be managed under the **Temagami First Nation Land Code**.

A **'NO'** vote means that **Temagami First Nation** reserve lands will continue to be managed by **Indigenous and Northern Affairs Canada** under the **Indian Act**.

YES

NO

Mark the Ballot by placing a Cross (X) in one of the above boxes.

Methods of voting:

- In person
- Online
- Automated Telephone
- Mail-in

Implementation of TFN Laws

Once the Land Code and Individual Agreement are ratified the Lands office and staff is set up using transitional and operational funding. The Lands staff then begins a sequence of Land Use Planning, Law making and implementing laws that deal with Land Management and resource use on FN lands that were identified in the Individual Agreement.

NOTICE

THE TEMAGAMI FIRST NATION INFRASTRUCTURE DEPARTMENT IS REQUESTING VOLUNTEERS TO MEET AT THE WAREHOUSE ON WEDNESDAY, AUGUST 17TH, 2016 @ 10:00 A.M. TO HELP UNDERBRUSH, CLEANUP BOTH GRAVEYARDS. TO END THE DAY OF WORKING TOGETHER, THERE WILL BE A

BBQ

FOR ALL VOLUNTEERS.

5:00 P.M. ON THE LAWN BY THE PIER MARKET.

Questions? Contact Liz or Roger @ 705-237-8501

Email: elizabeth.potts@temagamifirstnation.ca or

roger.assiniwe@temagamifirstnation.ca



Temagami Massage Therapy is now offering services on Chimo Island (#665) Friday and Saturday from 10am - 5pm. Chimo Island is a 5-10 minute boat ride south of Bear Island. Massage Therapy is also offered at the Doreen Potts Health Centre on Mondays from 9am - 4pm.

For Appointments:

Call [\(705\) 492 2134](tel:7054922134)

Email temagamimassagetherapy@gmail.com

Book Online at www.temagamimassagetherapy.com

The health benefits of massage are endless. It can be used to reduce or eliminate pain, reduce muscular tension, improve joint mobility, prevent injuries, and aid in the healing process. Massage Therapy can be beneficial to people of all ages and conditions and is widely used to help obtain relief from many specific problems, including:

- Inflammatory conditions such as arthritis and bursitis
- Stress relief and associated conditions
- Headaches and migraines
- Back pain
- Circulatory and respiratory problems
- Pregnancy and symptom management

To view pictures of the treatment space on Chimo Island, get directions, and view a map visit www.temagamimassagetherapy.com.



**TEMAGAMI
MASSAGE
THERAPY**

KATIE LARONDE
REGISTERED MASSAGE THERAPIST

FOR APPOINTMENTS
CALL, EMAIL OR BOOK ONLINE

705 · 492 · 2134
TEMAGAMIMASSAGETHERAPY@GMAIL.COM
TEMAGAMIMASSAGETHERAPY.COM

Submitted by Katie Laronde



**SIXTIES
SCOOP**
CLASS ACTION LAW SUIT

RALLY

August 23, 2016

8:15 a.m.

Osgoode Hall

130 Queen St. W.

Toronto, Ontario

A rally for Sixties Scoop survivors and supporters to kick off our week in court

1-866-360-5952 ■ thesixtiesscoopclaim@gmail.com ■ [@Ontario60sScoop](https://twitter.com/Ontario60sScoop)



Callander Fire and Emergency Services invites you to spend a day with us in Centennial Park. We will have fun activities for the kids. Our goal is to provide fire safety education so that you remain fire safe. Come and meet the firefighters and learn about the equipment that we use to keep Callander safe. Thank you for supporting your fire department.

August 20, 2016



**Starting at 10:00am
Vehicle Tours Throughout the Day
Bouncy Castles 11am-5pm
Food Concession opens at 11:30am
AED Demonstrations at 1pm and 3pm
Movie in the Park at Dusk**



Submitted by Constable Brad Kerr

| SCHEDULE A | | AUGUST 2016 | | | | | | | |
|---|--|-------------|--|----------------------|----------------------|----------------------|----------------------|----------|--|
| MONDAY TO FRIDAY | | Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
| Depart Bear Island WEEK DAY (MON-FRI) | Depart Mineroad WEEK DAY (MON-FRI) | | 1 NO SERVICE CIVIC Holiday | 2 237-8201 | 3 237-8201 | 4 237-8955 | 5 237-8955 | 6 | NOTE: All trips required call to book |
| *8:00 a | *8:15 a | 7 | 8 237-8955 | 9 237-8955 | 10 237-8955 | 11 237-8201 | 12 237-8201 | 13 | WEEKDAY ON-CALL TRIPS AVAILABLE -must be booked in advance |
| *8:30 a | *8:45 a | | 15 237-8201 | 16 237-8201 | 17 237-8201 | 18 237-8955 | 19 237-8955 | 20 | No Service: Weekends or Holidays |
| *9:00 a | *9:15 a | | 22 237-8955 | 23 237-8955 | 24 237-8955 | 25 237-8201 | 26 237-8201 | 27 | |
| *1:15 p | *1:30 p | 14 | | | | | | | |
| *4:00 p | *4:15 p | | | | | | | | |
| *4:30 p | *4:45 p | | | | | | | | |
| *5:00 p | *5:15 p | 21 | | | | | | | |
| | | 28 | 29 237-8955 | 30 237-8955 | 31 237-8201 | | | | |

NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE – PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING

FOR MORE INFO CALL (705) 237-8943 ~ All trips must be confirmed by calling the Driver or Band Office

- Two Regular size Bin Limit; \$10 per passenger (regular scheduled trips); \$50.00 per On-Call Trip
- Driver: Dean Potts (705) 237-8955 * Dan Mongrain (705) 237-8201