



B.I. BLAST



Naa-Mek'so Giizis ~ Trout Moon ~ October 2015



Kwe Kwe!

We had a beautiful September, didn't we? The weather was warm and sweet. Just now the trees are putting on their fall colours. This month we are sad to say goodbye to Waljo, (See below.) Condolences to all the friends and family. He was one of a kind and is dearly missed.

Duane Paul's "Anishnawbek Words and Expressions We Seldom If Ever Hear Any More" will be back next month. He's a busy guy and just didn't have time this month.

Thanksgiving turkey time is coming! We hope families will have a chance to get together and enjoy each other's company over a meal of tasty bird.

Let's enjoy the beauty of fall while we can. Before we know it we'll be shovelling snow.



Kind of looks like a moose.

The Family of Waljo Becker Invites All to a Memorial Celebration of His Life.

Bear Island Rec Centre

Saturday October 10th, 11am

Potluck Luncheon to Follow.

*Shuttle available at the Mine Road,
10:15 am*

Then returning after.

Walter Oren Becker Jr.

March 14, 1947 - August 27, 2015



Monday, October 19th is the Federal Election.

Did you receive your voter's card in the mail yet?

If not, you may not be registered to vote.

Many Indigenous people do not vote because they feel that participating in Canada's electoral process means they are consenting to a colonial system that does not represent them. Many feel it is their duty to vote not only because of the sacrifices of Native veterans and activists who fought for their rights, but also because, especially in this election, there is too much at stake not to participate. As Anishnabek Grand Council Chief Patrick Madahbee says, "I'll hold my nose to vote." <http://www.chiefs-of-ontario.org/node/1244>



You can make sure you are registered to vote by using this link:

<http://www.elections.ca/home.aspx>

Here's a link that may be useful: <http://rabble.ca/toolkit/guide/indigenous-voters-guide-2015-election>

It's interesting to think about the fact that in the Nipissing-Timiskaming riding where NDaki Menan is, the conservative candidate won by 18 votes last time. So, every vote does make a difference.

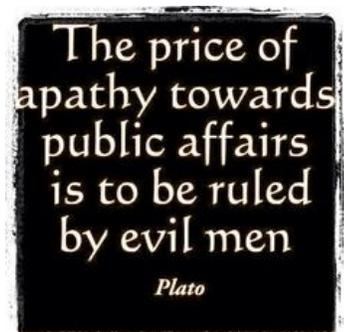
If you would like assistance with ensuring that you can vote, or you aren't sure where to vote, feel free to contact Daisy at

communication@temagamifirstnation.ca or 705-237-8943

Advance polls are October 9,10, 11, 12.

Finally, **Joy Cooper** has shared this link to a rockin' anthem by Blue Rodeo about the upcoming election.

<http://www.bluerodeo.com/stealingdreams/>



Temagami First Nation Land Code Development



Happy October from the Land Code Development Team!

During October 5th to the 8th you may see some people you do not recognize wandering around Bear Island. They are members of a team who are surveying the ambulatory boundaries of Bear Island. (*Ambulatory means changing water line –VERY important so that we don't get a land locked boundary line of the reserve*). The company is called EXP Services and they are out of Sudbury. This survey is a necessary part of the Land Description Report.

WHAT IS A LAND DESCRIPTION?

A land description is the textual reference to existing survey plans (or direction and distance measurements), describing the extent of the reserve lands that will be subject to the Land Code of a First Nation. A land description is a requirement under Section 6.1(a) of the First Nations Land Management Act (FNLMA) and fulfills part of Canada's obligation in implementing the FNLMA regarding First Nation reserves

The land description is intended to provide certainty to the boundaries of the Temagami First Nation Reserve Lands, *that if voted yes*, the Temagami First Nation Land Code will administer over.

☺ If you see them? Say Hello! ☺

We would also like to remind you about your Land Code Website and the upcoming community information session. Be sure to check it out and come out Wednesday, October 21st! 7:00 pm. I really hope to see you there.

www.temagamilandcode.com

Lori Anne Stanger – Land Code Development Coordinator

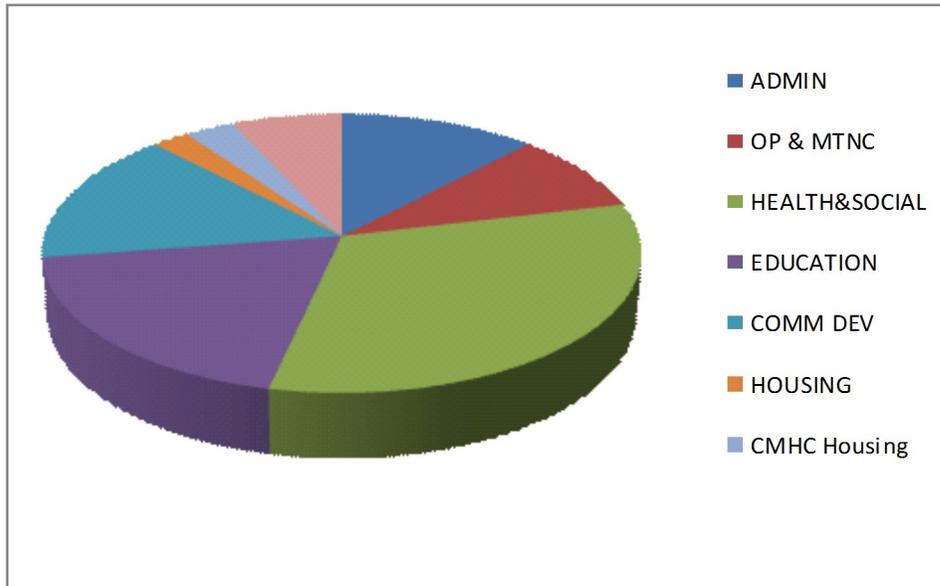
Lori.Stanger@temagamifirstnation.ca

PHONE: 705-237-8275

FINANCIAL UPDATE

Temagami First Nation BUDGET 2015 – 2016

Below is the budget that was approved by Council on June 2, 2015.



ADMIN	821,116
OP & MTNC	629,070
HEALTH&SOCIAL	2,205,980
EDUCATION	1,304,857
COMM DEV	1,055,716
HOUSING	154,583
CMHC Housing	207,502
Enrichment Program	459,000
Total Budget	6,837,825



*Please note that the total budget for the Enrichment Program is actually \$804,890 as some of the Enrichment funds are included in the other categories as follows:
Admin \$124,940, Education \$86,000, Community Development \$134,950.*

Please call Vicky Blake (705) 237-8943 or email Vicky.blake@temagamifirstnation.ca if you have any questions. A copy of the audit and the Community Financial Report are posted at the Band Office. More details and some program plans will be presented at the Community Information Session on Saturday, October 3, 2015.

TEMAGAMI FIRST NATION



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
FAX 705.237.8959
www.temagamifirstnation.ca



NOTICE

COMMUNITY INFORMATION SESSION & REPORT ON FINANCE

POTLUCK LUNCH – BRING YOUR FAVOURITE DISH

SATURDAY, OCTOBER 3RD/2015

Bear Island Rec Centre

10:00 am to 4:00 pm

AGENDA

1. **TFN DEPARTMENT WORK PLAN PRESENTATIONS**
 - i) TFN Administration – V Blake
 - ii) OFNLP – V Blake
 - iii) Operation & Maintenance – R Assiniwe
 - iv) Housing & CMHC – R Assiniwe
 - v) Health – L McKenzie
 - vi) Social – J Mattias
 - vii) Education – L Mongrain

Lands, Capital Projects, Ec Dev, Daycare/TMFC - at a later date
2. **FUTURE GENERATIONS UPDATE BY A. MITCHELL, RIDGEWOOD CAPITAL**
3. **2015 AUDIT & COMMUNITY FINANCIAL REPORT**
4. **2015/2016 BUDGET PRESENTATION**

LAKE SHUTTLE AVAILABLE FOR PARTICIPANTS

BEVERAGES AVAILABLE – POTLUCK LUNCH

WEBEX AVAILABLE: Contact communication@temagamifirstnation.ca

TEMAGAMI FIRST NATION

LEARN WHAT IS IN A LAND CODE AND COMMUNITY
RATIFICATION PROCESS DOCUMENT AT THE
LAND CODE COMMUNITY INFORMATION SESSION



October 21, 2015 7:00 PM
BEAR ISLAND – RECREATION CENTRE

Can't attend in person or would you simply prefer attending from the comfort of your own home?

Why not Give the Webex System a try?

This convenient service is available to both on and off reserve members!

Call-in toll-free number (US/Canada) 1-855-244-8681

OR

Call-in toll number (US/Canada) 1-650-479-3207

OR

Go to www.webex.com and select "Join".

YOU MUST CONTACT ME FOR
THE ACCESS CODE

LORI ANNE STANGER – LAND CODE DEVELOPMENT COORDINATOR

PHONE: 705-237-8275 | lori.stanger@temagamifirstnation.ca

WWW.TEMAGAMILANDCODE.COM



TEME-AUGAMA ANISHNABAI / TEMAGAMI
FIRST NATION
N'Daki Menan Lands and Resources Department
BEAR ISLAND LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 705.237.8275 FAX 705.237.8959
www.temagamifirstnation.ca



NOTICE

Temagami First Nation invites applicants for the Lands & Resources
Advisory Committee – 2 Vacancies

Term ends July 2017 (next general election)

Purpose and Scope

The Lands and Resources Advisory
Committee exists for the purpose of:

- Advise Chief & Council and the Lands & Resources Manager on any issues within the Lands and Resources jurisdiction of N'Daki Menan, and bringing to their attention any new Lands and Resources – related issues for discussion and direction
- Supporting the work of the Lands and Resources Department
- Soliciting and receiving feedback from TFN/TAA citizens and communicating them to the Lands and Resources Department, and to Chief and Council when Appropriate
- Gathering information, assisting with community outreach on the Land Code development process with Temagami First Nation citizens, providing the community with pros and cons on the merits of the Land Code and assisting with providing information on the ratification process by Temagami First Nation eligible voters

Meetings

- The Lands and Resources Advisory Committee will hold regular monthly meetings
- Additionally, the Chair may call special meetings to discuss time-sensitive or critically serious issues.
- Committee meetings will be held as formal, using the following agenda:
 1. CALL TO ORDER
 2. PRAYER
 3. ADOPT AGENDA
 4. DECLARATION OF CONFLICT OF INTEREST
 5. ADOPT AGENDA
 6. REVIEW PREVIOUS MINUTES
 7. BUSINESS ARISING FROM PREVIOUS MINUTES
 8. DELEGATIONS
 9. NEW BUSINESS
 10. NEXT MEETING DATE AND ADJOURNMENT
- The Lands and Resources Advisory Council meetings shall generally be open to the public.

Membership

- The Lands and Resources Advisory Committee shall consist of a maximum of five (5) members, one member of TAA Council, one member of the TFN Council and three (3) appointed members from the community.
- The Chair of the Lands and Resources Advisory Committee shall be determined by the Committee. The Chair may select an Acting Chair as required, for a meeting or part thereof, for example in the case of a conflict of interest.

Attendance

- That all appointed Committee members will make their best efforts to attend Committee Meetings;
- That should appointed Committee members miss three consecutive Committee Meetings, they will have been deemed to have resigned, as such the vacancy will be posted forthwith for a new member by Chief and Council.

Chief and Council are inviting interested persons to submit a letter stating reasons why you are interested in joining the Advisory Committee and an indication of the skills and relevant experience you may bring to the committee. Chief and Council will review the applicants and appoint (2) members.

**MAIL/FAX/Email Applications by: Friday,
October 9th, 2015** no later than 4:00 p.m. to:

Temagami First Nation
General Delivery
Bear Island, Ontario P0H 1C0

Subject: L&R Advisory Committee

Fax (705)237-8959

Email tfn@temagamifirstnation

Lands and Resources Department Notice

Young-Davidson Mine Tour

Thursday, October 22 - Time TBD

If you are interested in attending, please contact
Jamie Friday at L&R by Friday, October 16.

jamie.friday@temagamifirstnation.ca

(705) 237-8275

Chi Miigwetch to everyone who participated in the dog immunization day last month. It's good for us and good for our furry pals. Photos by Bev St. Denis



Elder's Yard Sale ~ Penny Sale Fundraiser

Saturday, October 24

Starts 11:30am, Canteen Open 12pm. Draws Start at 2pm



*Please Call the Elder's Building on Friday afternoons, 705-237-8623
if you want a table or have donations for the Penny Sale;
Pay by donation for a table.*

~ See You There! ~

Everyone's welcome to

The Bakery Bosses

Bake Sale!

Where: The LMLC Gym

When: Thursday, October 8 2015

Time: 1:00 – 2:15 pm





News, Accomplishments, and Random Good Stuff from the Community

A trip to Rama was a treat for **Madison Mattias** and **Noah Saville** and their fams this past August. Because they won First Prize in the Aboriginal Firefighter's Multimedia Fire Safety Awareness Contest last year, they were invited to the Aboriginal Firefighter's Association of Canada's annual competition. They did a little speech, took some photos of the competition with funky Bluetooth GoPros, and announced the 2015-2016 theme for the multi-media contest. 2nd place winners were Chris, Keitay, Kaiya, and Gabe. **TFN Fire Chief Roger Assiniwe** says, "I am sooo proud of them." Roger also reminds everyone that

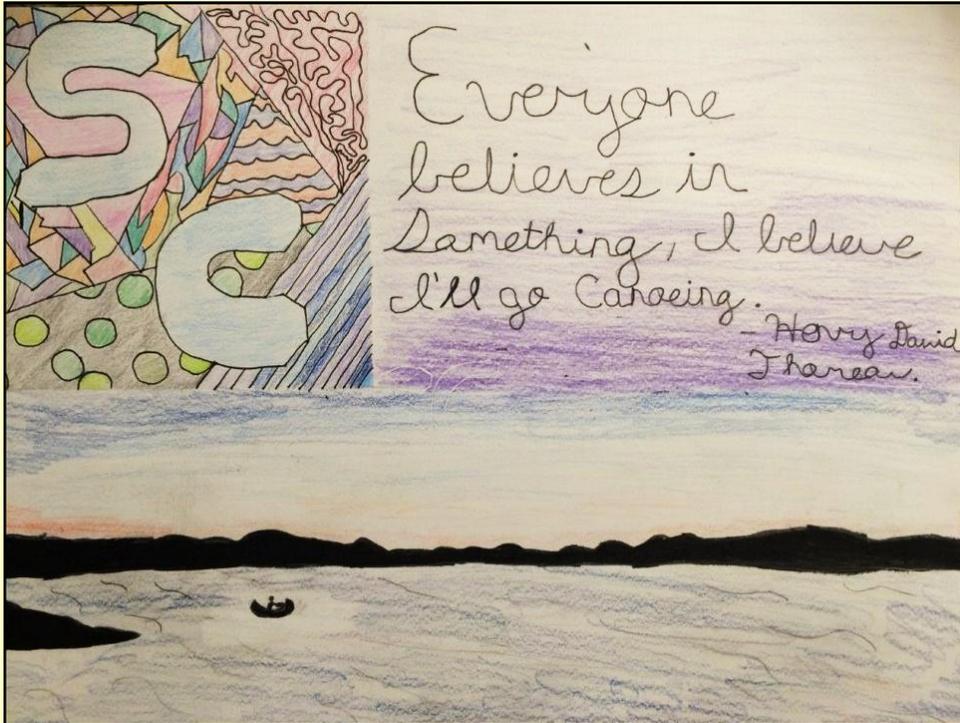


October 4th to 10th is Fire Safety Week. "Hear the Beep Where You Sleep"!

Chi Miigwetch to Obabika Laker **Natasha Mathias**, who took these beautiful photos of the lunar eclipse on Sunday, September 27th.



Sierra Cole was one of 15 community youth who enjoyed attending camp this past summer, thanks to TFN's bursary program. Program coordinator Robin Potts worked with several of the camps on Lake Temagami, who partnered with TFN to share the program costs. Like her sister Sage, Sierra is a Wabun girl and is a very adept paddler and bush chick.



Above, artwork by Sierra, inspired by her camping experience; above right, Kokum Deb, Sierra, Mom Tammy; right, little Sis Sage.



Chi Miigwetch to Tammy Cole for this group shot of the TFN TAA gang at the Wabun family day.

Here's another fascinating article discovered by TFN's history and genealogy buff, Terry McKenzie. Miigwetch, Terry! Very cool!

Syracuse Herald Journal

Syracuse, New York

- Oct 24 1982

Big George Peshabo was a huge Ojibway Indian who had a great reputation as a fishing guide in northern Ontario and an even better reputation as a genuine human. One of his best attributes was his straight-faced sense of humor. We had just finished a great day casting and trolling for lake trout with George on Timagami Lake and were planning the next day's schedule. Weather could make or break the day so we asked the Indian how good he was at forecasting. "Me used to be good weatherman", George said looking off at the sunset, "then radio break." It was the same Big George who listened to a young angler brag at the dock one morning about all the huge fish he was sure he would catch,

"A crowing rooster' George said 'quietly, "lays no eggs."

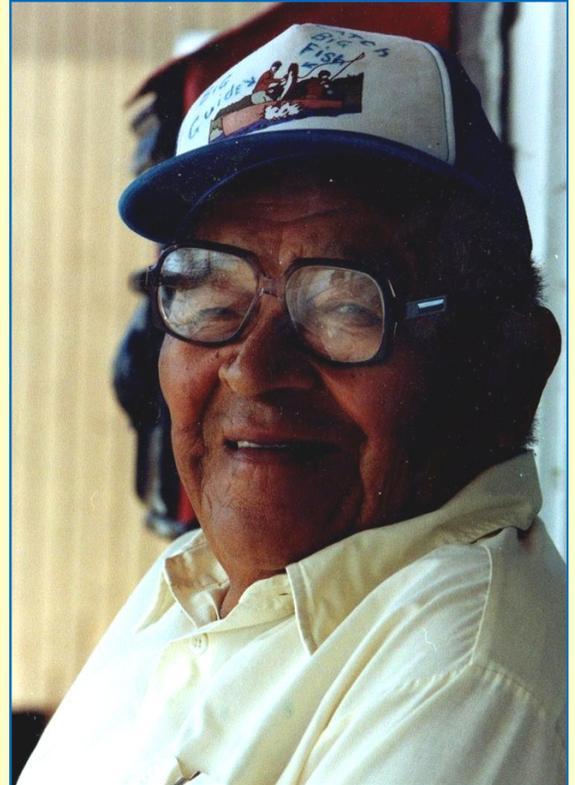
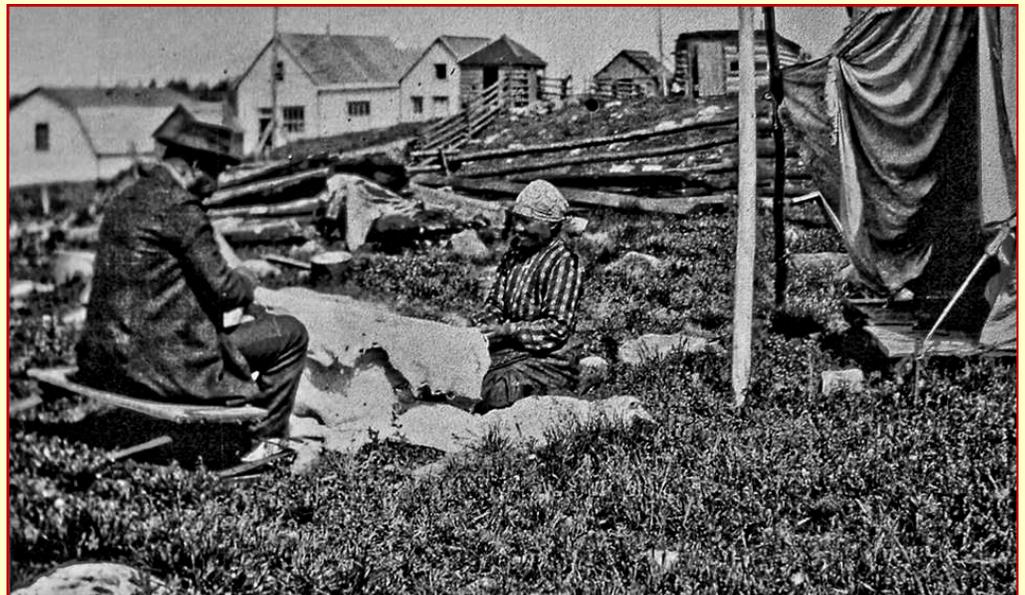


Photo of George courtesy of "Photo Sharing for the purpose of Labelling Dates, Locations, and Names" - Facebook

Here's another of the great pics from the "Photo Sharing for the Purpose of Labeling Dates, Locations, and Names" Facebook group. If you have photos to share, please join up! This is Big Paul and his Wife Betsy.



Another nice result of the work of Facebook group "Photo Sharing for the Purpose of Labelling Dates, Locations and Names" is the connection that was formed with Timiskaming First Nation member Brad Robinson. He shared this great photo:



"My Great-Grandmother Julie(t) Wabi-Makwa (White Bear) Robinson from Bear Island, Temagami, Ontario, wife to Irish immigrant Edward Robinson (not pictured)... and 4 of her 7 children.

Picture circa 1903-1904 most likely taken at Wolf Lake, Quebec, northeast of Kipawa, where this family resided."

Children L to R: Frank, Flora, Andrew in back, my Grandfather Joe Robinson in front. Not pictured are Seymour, Patrick, and Juliette.

2 women on right are Annie (Barsloe {m1}, Mitchell {m2}) and Emma (Jones).

Marriages: Seymour Robinson/Rose Hunter. Andrew Robinson/Emma Rose Jawbone. Joe Robinson/Annie Jawbone. Flora Robinson/Pete Hunter. Juliette Robinson/Gordon Moore. Patrick Robinson/Emma LeVigne.

Julie(t) Wabi-Makwa (White Bear) Robinson's father was Cayagwogzi (Shayagwogzi) and her Mother was Kakikekijikokwe (Genevieve).

Julie(t) Wabi-Makwa Robinson was born circa 1868/69, married 1888, and passed 1954. Rest in Peace.

Gaawiin bimaadizisi Julie(t) Wabi-Makwa.

Miigwetch Brad, Miigwetch Terry!

Aaron Nelles got a beautiful bull moose in September. Aaron is doing great these days – he’s working at the Matachewan Mine and says “It’s the best job I ever had”. Way to go!



See ya at the next potluck, Aaron! ;)

Wayne Potts’s CD “Coming of the Dawn: Temagami for the Record”

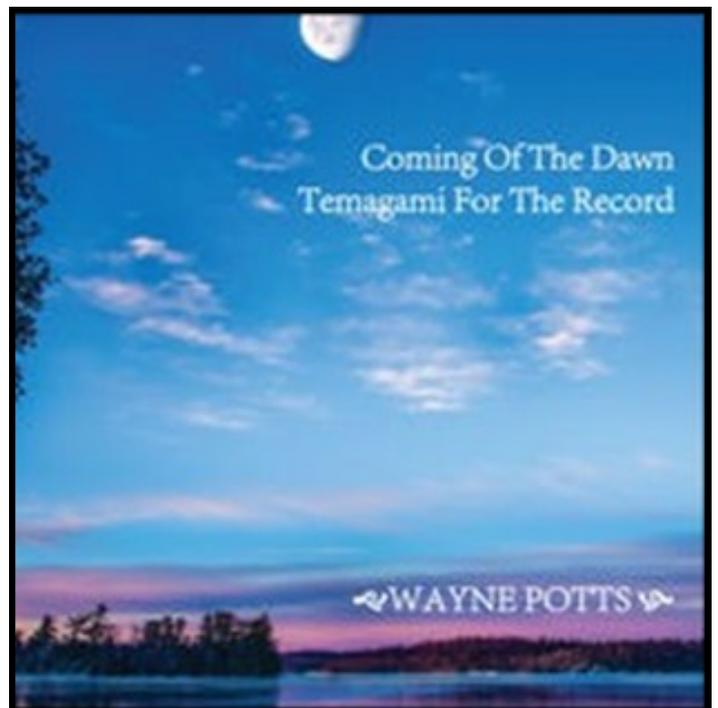
is now available on iTunes. Here’s the link:

<https://itunes.apple.com/ca/album/coming-dawn-temagami-for-record/id1029630305>

You can also listen to him on Youtube:

<https://www.youtube.com/user/pottsw/videos>

OR come on down to **The Hub Café** or **The Pier Market** and Purchase a CD there.



The ***Elder's Barbecue*** in
September was a hit, as
always. Yummy!



Don't forget to come on down to
the Elder's Yard and Penny Sale on
October 24th. Always fun and
bargains to be had.



While snooping on Aaron's
facebook page, the Blast found this
super-cute photo of Mom Maria,
below. Still looking great, Mom! :)



Misty Paul would like to thank everyone who supported her volunteer work in raising funds for the Shannen Koostachin monument.

Misty says: "Overall, our community raised a total \$684.05 . \$375 was raised for the online Indiegogo Campaign during the month of June and \$309.05 was raised during the blanket dance at our Pow Wow. Chief and Council also made a contribution as well. There were also a few community members who made personal donations .

I just wanted to say Chi-Miigwetch to everyone (on and off Bear Island) who donated. Jules Koostachin (Shannen's cousin) who played a large role in organizing and planning the fundraising for the monument has also expressed her thanks to our community. Shannen was a friend of mine in high school so this cause holds a special place in my heart. Everyone is welcomed to New Liskeard for the unveiling of the monument in October. Miigwetch again :)."

You can get to know more about the monument project here:

<http://www.cbc.ca/news/aboriginal/shannen-s-dream-monument-campaign-launched-by-family-member->



Or here:

<http://anishinabeknews.ca/2015/05/19/public-monument-to-honour-shannen-koostachin/>

The monument will be located in New Liskeard on the boardwalk.

The date for the unveiling is **Saturday, October 24th from 1-3pm**

Here is a description from Jules Koostachin:

The piece will be a figurative depiction of Shannen Koostachin in her traditional regalia, incorporating impressionistic touches. The iconic figure will blend through drapery into a granite base. The sculpture will be finished in a traditional bronze patina, with highlights and colour gradations on points of interest.

Chi Miigwetch to you too, Misty, for being a role model of volunteerism and honouring your friend.

Shannen loved butterflies! In Cree culture, butterflies signify the growth of our children and youth. Shannen signaled for change! Shannen carried a message of hope! Shannen transformed a DREAM into reality.



The Shannen Koostachin Monument

The Butterfly Bench:

Sadly, there were two lives taken on June 1, 2010, therefore, we will also be paying our respects to *Rose Thornton*.

We have secured an in-kind donation towards the design-fabrication of two (2) butterfly benches that will serve to compliment Shannen's 'transformational' message of hope.

The butterfly benches shall be made for Shannen Koostachin's and Rose Thornton's families. The benches will be placed in the area of the figurative monument.

We have taken precautionary steps to ensure the Shannen Koostachin monument does not detract from the proposed site of interest but rather, contributes to the long-term beautification of the City of Timiskaming Shores & Area working groups.



Congratulations to

David and Carolyn Laronde,

who will be celebrating 25 years of marriage on October 6th.



David and Carolyn are also very proud of their daughter ***Katie Laronde***, who recently graduated from Georgian College's Massage Therapy program with Honours. Now she's at Trent University studying environmental science. Go Girl!

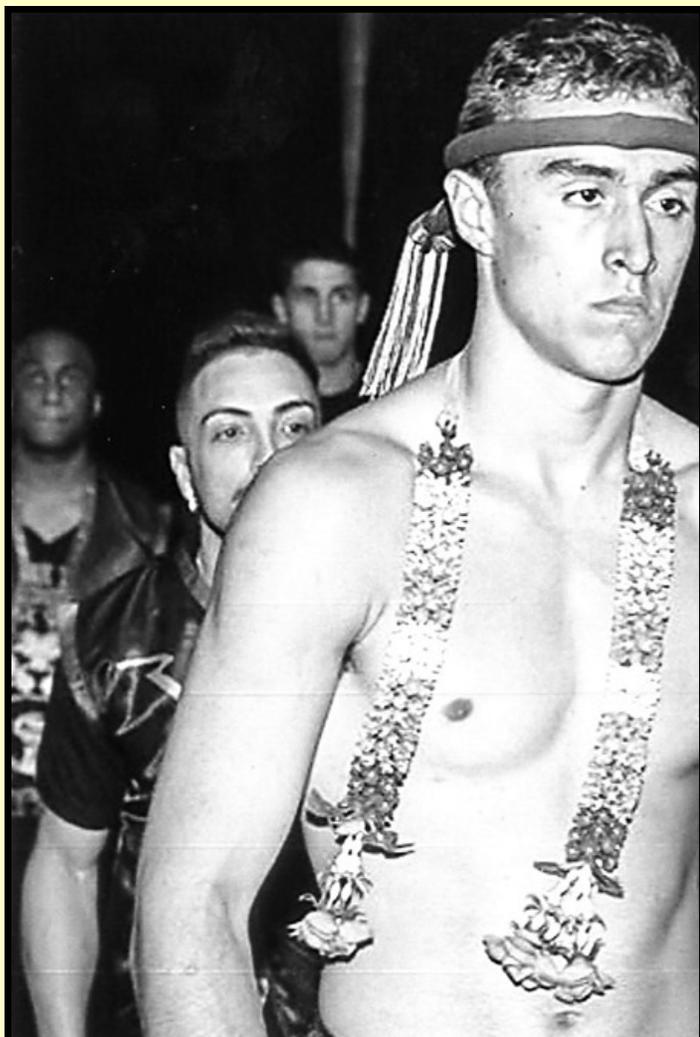


2015 Georgian College Massage Therapy, Fast track Summer

Chi Miigwetch for Sharing, Dave and Carolyn! Luv Ya!

Millie & John White are Soooo Proud of Their Grandson, Turner Swan!

The 17 year old is a Muay Thai Kickboxing Champion. He won his division in CASK– Council of Amateur Sport Kickboxing– in 2012, 2013, and 2014. He went with to Bangkok, Thailand with the Canadian Nationals Amateur team where his first fight was a bye, (no opponent), second he defeated a Turkish fighter, and third was the only fight he has ever lost out of 8 matches. The winner was a Russian fella who went on to win bronze. Turner is considering trying for the Olympics. Oh yeah, and, he graduated high school with Honours! Gee whiz.



Here's Turner—who goes by the name "Doomsday" entering the ring with his "Kru" behind him. Ouch!

Mom Deb, Bro Robbie, Turner, and Dad Rob.



In Thailand, holding up the Canadian Flag after his win.



Turner (right) does a TKO on his 32 year old opponent in the 2nd round, ending the fight. He won a trophy by unanimous decision..

LMLC Anishnaabemowin Update

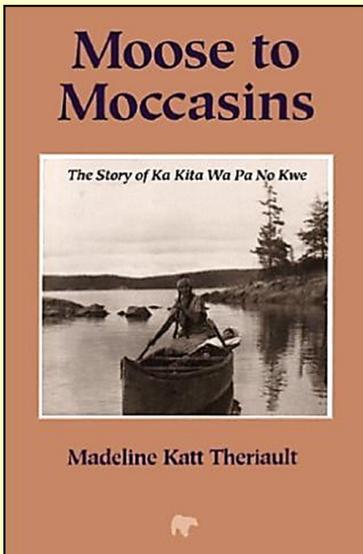


With Patsy Turner

Kwe Kwe

Welcome back! We are just settling into the first month of school. The month has been a successful one. The students start each class with a song in the language, followed by a review of vocabulary words and independent use of the language. The students usually work on an activity or play some games.

This month we started the year off with stories from *Moose to Moccasins*, Madeline Katt Theriault's book. We've talked about her



education experiences as a child and her life living on the land. To extend some of this learning we were able to head out on to the lake for a brief canoe excursion. I wanted the students to experience being on the lake with the group and have an

opportunity to do some paddling. It went well. We had a number of parents show up to help with canoeing. This made for a great day. You can see photos of the trip on the next pages.

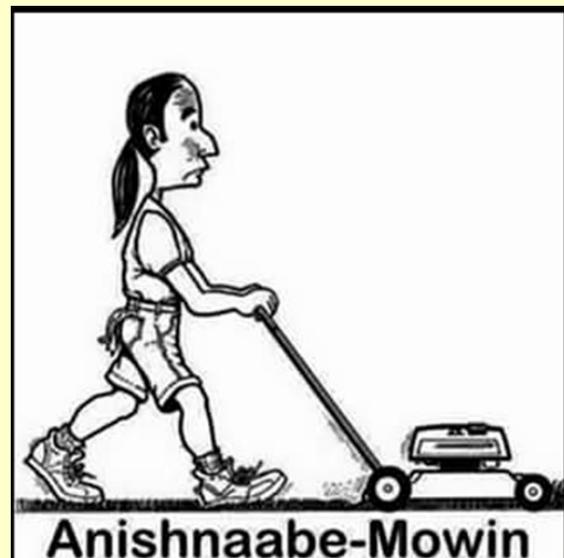
Furthermore, this week the students are heading out on a boat trip. We are going to a few different sites to discuss being on Ndaki Menan.

In addition to the regular school work, both John and I have started our Anishnaabemowin Immersion Course in Mchigeeng, West Bay.

We have been traveling each Tuesday for our class Tuesday night and return home on Wednesday. We will travel for 3 more classes and then attend class via internet. We will also be attending 4 one week long Immersion class retreats. Our first week long session is October 20 – 25.

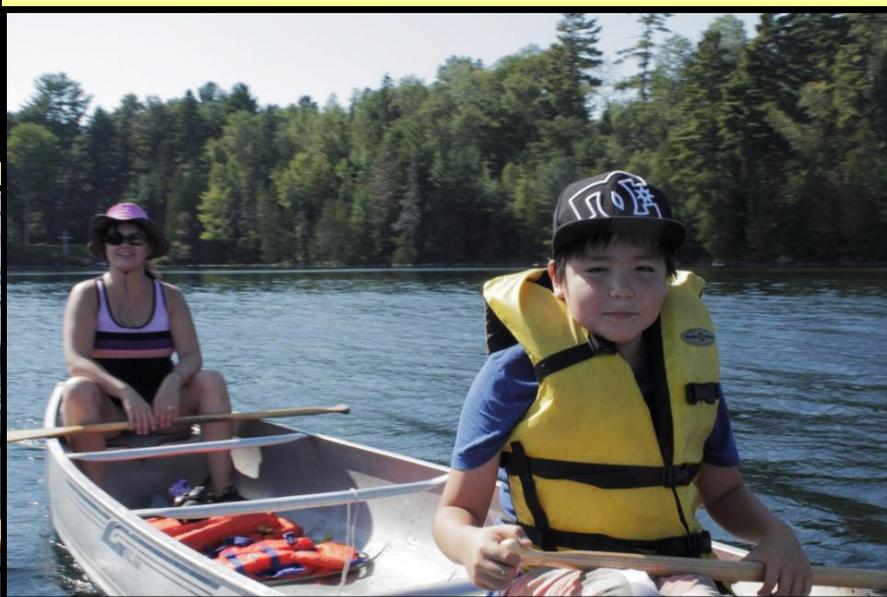
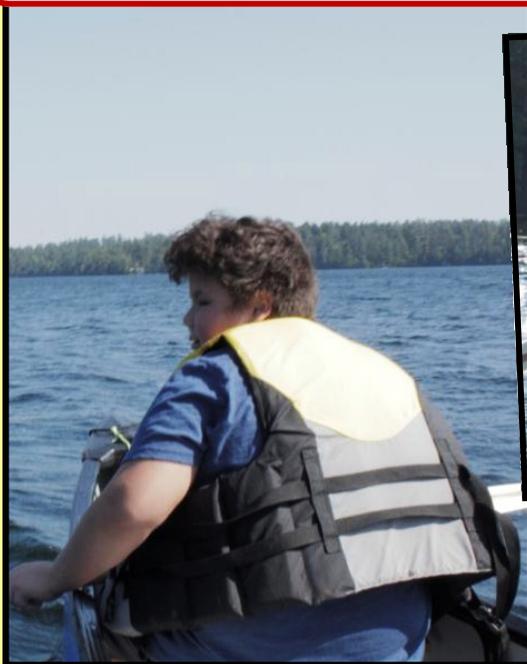
We also have to complete a number of independent language related assignments each week, one being to find language mentors to support our learning at home. I have been able to travel to my mom's for language sessions with her and John and I have been traveling to attend language classes in Nipissing. However, both John and I are working on arranging language learning more locally. This can be difficult with so few fluent speakers. John has made arrangements with Alex Mathias and I have contacted Lucille to start up some language sessions / classes in the near future. It would be great if we can have community members join us for these sessions.

Miigwetch, Patsy



LMLC Paddling Day

September 17, 2015





LMLC Runs and Walks for Terry Fox

September 29, 2015





Above, chillin' out with pizza and freezies after the run; below, 3 generations of Metatawabin / Becker Ladies! The Blast finally got you, Christine! :)



TMEFC NEWS



Kwe Kwe;

I can't believe how fast September went by. So many things happened this month.

First I want to say farewell to Christine Metatawabin and Christine Latour who have left their positions at the Tillie Missabie Family Centre. Both were hard workers and we are sad to see you go. We wish you well in your future endeavours.

We want to welcome Paul Presseault to the Tillie Missabie Family Centre team. Paul was the successful applicant for the Janitor position.

There will be many things happening this month at the daycare. Our license is up for renewal so I am very busy going through the checklist, making sure we are meeting all the requirements. The Day Nurseries Act became the Childcare and Early Years Act as of September 1st, 2015 and there are some significant changes to the process of licensing. One example is that employees will have to renew the Criminal Reference Checks and Vulnerable Sector checks every five years, while submitting an offence declaration form for every year in between. In collaboration with our police officers, we will also develop a lockdown procedure. This is for the safety of our children and staff. I will be working with our parent committee to work on our program statement as we are now required to reference the Ministry of Education document, "How Does Learning Happen?". This document can be viewed on the Ministry of Education website. I would encourage all parents to visit this site and look at the this document, as well as the "Think, Feel and Act" document which is about special education and the importance of the relationships between the children, parents and teachers.

On October 9th, we will host our annual Thanksgiving lunch for the families of the daycare. This event is always well attended. Betty Jo, our cook, makes a great meal and we look forward to having the families in the daycare.

On October 19th, the daycare children, Theresa's class and Melanie's class will be going to the pumpkin patch. We have planned for an earlier trip this year in the hope that the weather will cooperate and we will not be in the rain or cold. Information and permission forms will be sent out very soon.

Just a few reminders for parents:

- Please remember to send clothing appropriate for the weather. Every child should be coming to daycare with their rain gear and/or hats. We do not provide hats everyday so if this becomes a habit, parents will be called.

(more next page)



Why don't grownups get nap time?

No fair!

TMFC NEWS, continued



- I would ask parents to not let your children bring toys from home, unless it is a comfort item like a stuffed animal for sleep time. The children are fighting over these toys and the staff cannot make them share these toys.
- Please remember to check your children's communication books and to speak with your child's teachers on a daily basis to keep up with what is happening with your children.
- It is very important to inform us if you will be away so we know who to contact in an emergency like illness. It is that time of year when colds and flus are around and we ask that you keep your children at home if they are not well enough to participate in the daily program.

One of our main focus' for this year was to work on professional development for all the daycare employees. We still have other responsibilities like providing programming for parents and working with our social support group. How we decided to do this was to provide financial support to other programs so that these objectives were still being met while the daycare staff focused on education and becoming qualified. Even though we have not done a lot of programming other than the daily program, we are still supporting other programs like the Health Babies Healthy Children program to meet these needs.

I am currently enrolled in the Leadership in Early Childhood Education certificate program with Confederation College. I truly believe in the importance of continuing with my education to provide the best program for our children and to be a good mentor and role model for the other employees at the daycare. As a professional, it is my responsibility to be an advocate for Early Childhood Education and this course will further enhance my ability to do this. It is exciting but also a bit intimidating as I have never been in an online course before but so far so good.

I am also part of a First Nations Supervisor Network with the Ministry of Education. Being able to speak with other First Nations Supervisors and ask for suggestions and help particularly with policies has helped a lot. It is nice to know that I can reach out to other Supervisors for guidance and support when needed. I am still working on the video surveillance policy and hope to have this completed very soon.

In closing, I want to wish everyone a Happy Thanksgiving, which is coming up soon. I do think we have a lot to be grateful for. I think we sometimes forget this but we should always think about the good things we have like access to different programs and services which other communities may not have. If you have any questions about our program please feel free to contact me at the daycare.

Until next month,

Tammy Presseault
RECE Program Supervisor
Tillie Missabie Family Centre



Federal Election Special—Nipissing-Timiskaming Candidates Speak to The People of TFN and TAA

The Blast asked each of the 4 candidates for the Riding of Nipissing-Timiskaming, which encompasses NDaki Menan- all the 3 same questions:

- 1) Why should the TFN / TAA people vote for you?
- 2) Why should the TFN / TAA people vote?
- 3) Do you have anything else you would like to say to the community?

Their answers follow. Order is alphabetical according the party's name.

Jay Aspin—Conservative

1) Why should the TFN / TAA people vote for you?

As MP I have been committed to the betterment of all communities in Nipissing-Timiskaming by working with local leaders to identify key projects and ensure they were realized. When Temagami First Nation lost their mail service I immediately intervened to reverse the decision and service was restored. As well, I was proud to work with the Band's leadership to secure \$1m in federal funding for the multi-purpose and business facility.

Nipissing-Timiskaming has received \$173m in federal funding, which has supported over 2,500 jobs, the opening of several business parks, renewing significant infrastructure assets, and we have invested over \$8m in culture, including for francophone and First Nations projects.

Last election I committed to "Raising the Bar" and "Delivering Results" and have spent the last four years doing just that. I believe that the members of Temagami First Nation and the Teme Augama Anishnabai should once again place their trust in me as their representative who is proven to work on behalf of everyone residing in Nipissing-Timiskaming.

2) Why should the TFN / TAA people vote?

Voting is an incredible important act, for all Canadians. Canadians from coast-to-coast are able to directly hold their representatives accountable at whatever level of government through their vote. Your vote is your voice.

3) Do you have anything else you would like to say to the community?

The Temiskaming First Nation (sic) are a very progressive band that is focused on getting results for their community. For this reason I have enjoyed working with them toward achieving our shared goals of healthy active families in a safe community, who benefit from the economic stability of our region. I look forward to continuing that relationship after this election, and as we continue to complete shared projects like the new multi-purpose and business facility.



Kathleen Jodouin– NDP



1) Why should the TFN / TAA people vote for you?

As a health care worker it has been my privilege to work on issues affecting Temagami First Nation and the Teme Augama Anishnabai, and to collaborate on projects with community leaders in other Indigenous communities. These experiences have given me an appreciation for the history of broken promises that poison the relationship between First Nations peoples and the Government of Canada, as well as the wealth of possibilities that exist for addressing the many outstanding issues that remain to be resolved.

I am not naive, and I understand that much work will be required to return to the relationship that was promised by the Royal Proclamation of 1763 and which was supposed to be enshrined in Treaty. I am committed, as is the NDP as a whole, to consulting, to listening and to undertaking the hard work of healing the relationship between Canada and First Nations people with respect and with diligence.

I am not the first candidate to make these promises. Politicians have been speaking such things to the Indigenous peoples of Canada since before Canada became a country. But the NDP offers a chance for a new beginning. The histories of the Conservative and Liberal parties are littered with examples of broken promises and genocidal policies. The Conservatives do not even pretend to want a respectful relationship. Liberals will ask you to forget that they passed the first Indian Act, that they enforced laws that forbade citizens of First Nations to hire a lawyer, that they were in power during the sixties scoop and oversaw the abduction of thousands of children from their families, that another Trudeau introduced policies to "assimilate" First Nations, and that the last Liberal government introduced the 2% cap on education transfers that keeps First Nations schools from meeting the needs of their communities.

I am proud to represent the NDP, the only party that stands for meaningful change.

2) Why should the TFN / TAA people vote?

I understand the issues of sovereignty that lead some indigenous peoples to refuse to vote, but I respectfully disagree with their position.

Change is a process and there are many ways to make it happen. Some of them are dramatic. Some of them are simple. None of them is going to change everything that needs to change all by itself.

A vote is a tool. If people want to make change, it makes sense to use all of the tools you have at your disposal.

3) Do you have anything else you would like to say to the community?

This election is about change.

The current government has been disastrous for the whole country, and especially disastrous for the relationship between First Peoples and Canada. But this is not the first Canadian government that has been bad for the indigenous peoples of Canada. The truth is that Canadian history is an uninterrupted series of federal governments that have failed the Temagami First Nation and Teme Augama Anishnabai and other First Peoples. Neither Conservative nor Liberal has kept their word.

This election campaign provides a stark and rather astonishing example of that. On August 13, Justin Trudeau promised a "total new investment of \$2.6 billion for core First Nation's education" over the next four years. But when revealing their fiscal framework on September 26th, Liberals slashed that commitment to just \$900 million – a cut of \$1.7 billion dollars or 65% less than first promised. This time the Liberals didn't even wait until the votes were cast to break their word.

-Continued next page-

Federal Election Special Continued-

Kathleen Jodouin – NDP, continued

If change is what you want, voting for the same parties that have been doing things in a bad way since before Confederation is not going to make it happen. The New Democratic Party is committed to doing things differently.

Anthony Rota – Liberal

1) Why should the TFN / TAA people vote for you?

I believe that my actions speak to who I am as a person and ultimately as a Member of Parliament. One of my greatest strengths is my ability to bring people together, listen and work to find solutions to the challenge presented.

I am proud of what Justin Trudeau and our team are presenting to First Nations during this election campaign. First and foremost, we will implement all of the recommendations of the report of the Truth and Reconciliation Commission.

More specifically, I am proud to say that a Liberal government will establish a National Inquiry into the tragedy of missing and murdered Aboriginal women.

The Liberal Party believes that First Nations People should control First Nations education. We will provide funding to support the ability of indigenous communities to promote, preserve and enhance languages and cultures. We will provide significant new funding for education from kindergarten right through to post-secondary education programs. Most importantly, we will close the chronic problem of the per student funding gap that exists between First Nations students and those in other communities.

Our major economic pledge is the \$125 billion infrastructure program that will provide both jobs and opportunities to address First Nations' infrastructure deficiencies. We are also committed to full consultation with First Nations to resolve environmental concerns connected with all projects put forward.

Finally, we are committed to sitting down once more and revive the spirit of the Kelowna Accord. This genuine attempt at reconciliation ended when the NDP decided to join with the Conservatives in 2005 to defeat the minority Liberal government of the day. The Conservatives won the subsequent election and killed the Kelowna Accord. Both of these parties are responsible for the resulting wasted 10 years.

I am determined to see the Liberal plan implemented and with your vote, we can bring about real change.

Please vote and please vote for Anthony Rota.

2) Why should the TFN / TAA people vote?

Your vote in the next general election is your voice for change. It is through this concrete action that you take charge as a Nation in determining how we move forward in addressing First Nations' needs, hopes and dreams .

I was proud to be part of the Paul Martin Government when we presented the Kelowna Accord. Through hard work and collaboration with all Premiers and First Nation Leaders, we were able to develop an accord that would right many wrongs for indigenous peoples.



Anthony Rota – Liberal, Continued

The same spirit is still part of the Liberal Party's platform. Working respectfully with our treaty partners is key to living harmoniously side by side, benefiting from each other's strengths. As a First Nation Voter, you have the power to choose this direction.

The current First Nations national leadership is urging all aboriginal people to vote in this election. They estimate that the results in 51 ridings, including our riding of Nipissing -Timiskaming, can be determined by aboriginal voters. That means that you have the power to elect the new government.

As a candidate, I know that every vote counts--I lost in 2011 by 18 votes. If people tell you that their vote does not count remind them of what happened in this riding in the last election.

It is important that we vote for a strong candidate who can defeat the Conservative candidate. I believe that I am the candidate who can achieve this, so please vote for Anthony Rota.

3) Do you have anything else you would like to say to the community?

The best way to achieve real success is to work together towards a common goal. This can only come about by truly listening and speaking with each other honestly. Together we must build a foundation based on understanding and respect.

I look forward to accepting these challenges and working together with you to bring forward a new era of discussions and cooperation, Nation to Nation.

Miigwetch.

Nicole Peltier – Green

1) Why should the TFN / TAA people vote for you?

I grew up along the banks of the Muskoka River in Huntsville, ON. This incredible land surrounded by water is our home. We live here together, with our families. I want to help protect it. Not just for my children but for generations to come.

I have attended Nipissing University for 6 years. I am currently 4th year Environmental Geography with a Minor in Business. Before switching to Enviro Geog, I was enrolled in a Bachelor of Business Administration (BBA). One of my business Professors had told me that I would leave the BBA stream less ethical than when I first entered. I understood that as being conditioned to place profits over everything else. To this day, my Professor's words have resonated with me. I switched my life path and I have never been happier.

I want to see healthy, vibrant communities co-exist alongside one another. To be tasked to represent my people is a great honour. It is my duty to speak for those that feel their voice is not heard. Most importantly, I must listen in order to learn.

I want to know more about the Temagami First Nation and the Teme Augama Anishnabai histories, how colonialism, neo-colonialism, and neo-liberal policies have affected them. What can I do to help?



Continued next page-

Federal Election Special Continued-

Nicole Peltier – Green, continued

2) Why should the TFN / TAA people vote?

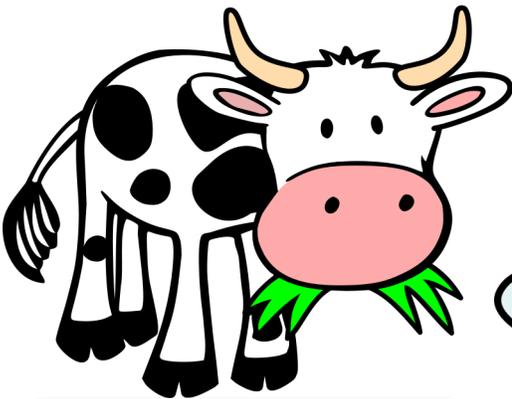
Why you should vote is a very complex question. First Nation Rights to self-determination should have never been impinged upon. We all live under a hierarchical governance structure and the only way to create peaceful change it is from the grassroots up. We need to push for change together. Your vote is one of many tools in the toolbox in how to enact change.

3) Do you have anything else you would like to say to the community?

Ever since my son was 3, he has asked me, “Mom, when are we going to Bear City?” He is 9 now. It’s been a long time between then and now. I want to meet the members of Temagami First Nation and the Teme Augama Anishnabai. I am planning to come up to Bear Island (Bear City) soon!

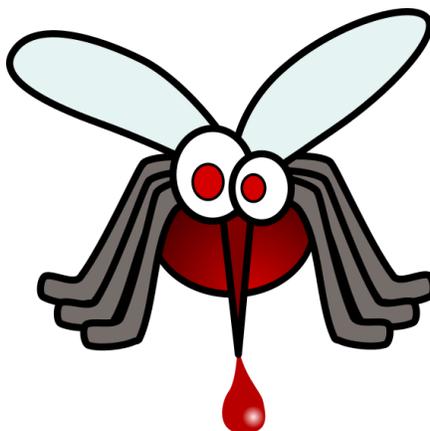
And a final election note... as The Blast goes to publishing, we are working on getting all the candidates up to Bear Island for a “meet and greet” with the people. Conservative Jay Aspin has confirmed that he will not be attending, but Anthony Rota, Kathleen Jodouin, and Nicole Peltier are all game to come.

To make you smile.... Cute jokes from Cathy Metcalfe!



*What do you call a cow
eating grass?*

-A lawn moo-er!



What is a mosquito's favourite sport?

-Skin diving!



*What kind of shoes do
frogs wear?*

-Open toad!

The following flu and flu shot information was contributed by **Nurse Delma.**

Just get your flu shot!

I did!

STOP the spread of the **Flu**

ADULTS 65+ are at **INCREASED RISK** of complications from the **FLU**



PROTECT YOURSELF and **THOSE AROUND YOU**

- ▶ Get your flu shot
- ▶ Clean your hands often
- ▶ Cough and sneeze into your arm, not your hand
- ▶ Stay home if you are sick

It's Flu Season

Did you know **KIDS UNDER 5** are at higher risk of serious complications (like pneumonia) from the **flu**?

Their immune systems are still developing making infections harder to fight off.

To prevent getting or spreading the **flu**:

1

Each year get a flu vaccine for everyone over 6 months of age

2

Teach your kids to:
Clean their hands frequently and thoroughly
Cough and sneeze **into their arm, not their hand**
Keep their hands **away** from their face

3

Keep common surface areas clean and disinfected

4

If you or your child get sick, stay home

Is it a **Cold** or the **Flu**?

SYMPTOM	COLD	FLU (INFLUENZA)
Fever	Rare	Usual, high fever (102°F/39°C to 104°F/40°C) sudden onset, lasts 3-4 days
Headache	Rare	Usual, can be severe
General aches and pains	Sometimes, mild	Usual, often severe
Tired and weak	Sometimes, mild	Usual, may last 2-3 weeks or more
Extreme fatigue	Unusual	Usual, early onset
Runny, stuffy nose	Common	Common
Sneezing	Common	Sometimes
Sore throat	Common	Common
Chest discomfort, coughing	Sometimes, mild to moderate	Usual, can be severe
Complications	Can lead to sinus congestion or earache	Can lead to pneumonia and respiratory failure; Can worsen a current chronic respiratory condition; Can be life-threatening

SEE A HEALTH CARE PROVIDER RIGHT AWAY IF YOU DEVELOP THE FOLLOWING SYMPTOMS

- Shortness of breath, rapid breathing or difficulty breathing
- Chest pain
- Bluish or grey skin colour
- Bloody or coloured mucus/spit
- Sudden dizziness or confusion
- Severe or persistent vomiting
- High fever lasting more than three days
- Low blood pressure

ADDITIONAL SYMPTOMS TO WATCH FOR IN CHILDREN

- Not drinking enough fluids or eating
- Not waking up or interacting
- Irritability; not wanting to play or be held



To find out where to get your flu vaccine or to learn more about the ImmunizeCA app, visit Fightflu.ca

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Public Health
Agency of Canada

Agence de la santé
publique du Canada



Use the free
ImmunizeCA
app to keep
track of your
vaccinations

Know the Flu Facts



1 The Flu can be a serious disease.

- Flu is very contagious and can spread **quickly and easily**.
- You can pass the flu on. In others, you may be at **risk of serious complications**, before you even know you are sick.
- The flu is responsible for about 12,200 hospitalizations and 3,500 deaths per year and **can affect everyone**, including those who are healthy.



2 You need to get vaccinated every year.

- The **effects** of the **flu vaccine** can **wear off**, so you need to get a **new one every year** to stay protected.¹
- Flu viruses **change** each year. Experts create a **new vaccine** to protect you **each flu season**.

3 You can't get the Flu from the flu vaccine.

- The viruses in the flu vaccine are either killed or weakened and **cannot give you the flu**.

4 The Flu vaccine is safe.

- The **flu vaccine** has benefited **millions** of Canadians since 1946.
- Most people don't have reactions to the flu vaccine; those who do may have soreness, redness or swelling at the injection site.
- Severe **reactions** to the vaccine are **extremely rare**.

5 Everybody wins when you get vaccinated.

- By getting the **flu vaccine**, you **protect yourself and others** because you are less likely to spread the flu.
- It's a **simple action** that can **save lives**.



1. According to the National Collaborative for the Control of Influenza (NACI), in the 2013-2014 season, it is estimated that in total, you may get 12,200 hospitalizations and 3,500 deaths from influenza in Canada annually.

2. Center for Disease Control and Prevention. Key facts about swine flu. www.cdc.gov/flu/swineflu/keyfacts.htm

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To find out where to get your flu vaccine or to learn more about the ImmunizeCA app, visit **Fightflu.ca**



Public Health
Agency of Canada

Agence canadienne
de santé publique



Use the free
ImmunizeCA
app to keep
track of your
vaccinations.

Don't wait to get the **Flu Vaccine**

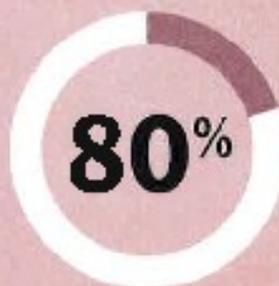


1-4 DAYS



You can spread the flu up to **24 hours** before your symptoms start.¹

It takes **1-4 days** for flu symptoms to appear after exposure.¹



The flu shot can **prevent up to 80%** of flu infections in healthy individuals.²



EACH YEAR



An average of
12,200
Canadians are admitted to the hospital due to the flu²



Up to
7 MILLION
Canadians get the flu³



Approximately
3,500
Canadians die from the flu²

To learn more and to find out where to get your flu vaccine visit Fightflu.ca

¹ Centers for Disease Control and Prevention. "General Signs and Symptoms of Influenza." *Centers for Disease Control and Prevention*. Updated 2014. Available at: www.cdc.gov/flu/signsandsymptoms/

² National Advisory Committee on Immunization (NACI) *Statement on Influenza Vaccines for 2014-2015*

³ World Health Organization. "Influenza." Available at: <http://www.who.int/mediacentre/diseases/influenza/>



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada

TEMAGAMI FIRST NATION
SHUTTLE BOAT SCHEDULE – OCTOBER 2015

SCHEDULE A		OCTOBER 2015								
MONDAY TO FRIDAY		Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Depart <i>Bear Island</i> WEEK DAY (MON-FRI)	Depart <i>Mincrood</i> WEEK DAY (MON-FRI)									NOTE: All trips required call to book
*8:00 a	*8:15 a	4	5	6	7	8	9	10		WEEKDAY ON-CALL TRIPS AVAILABLE - must be booked in advance
*8:30 a	*8:45 a									
*9:00 a	*9:15 a									
*1:15 p	*1:30 p	11	12	13	14	15	16	17		No Services: Weekends or Holidays
*4:00 p	*4:15 p		<i>Thanksgiving No Service</i>							
*4:30 p	*4:45 p									
*5:00 p	*5:15 p	18	19	20	21	22	23	24		PERSONAL FLOATATION DEVICES – PFD'S MANDATORY & MUST BE WORN BY ALL PASSENGERS!
		25	26	27	28	29	30	31		
			237-8201	237-8201	237-8201	237-8955	237-8201	237-8955		
			237-8201	237-8201	237-8201	237-8955	237-8201	237-8955		

NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE – PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE – WEATHER PERMITTING

FOR MORE INFO CALL (705) 237-8943 – All trips must be confirmed by calling the Driver or Band Office

- Two Regular size Bin Limit; \$10 per passenger (regular scheduled trips); \$50.00 per On-Call Trip
- Driver: **Dean Potts (705) 237-8955** * **Dan Mongrain (705) 237-8201**

~ October 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p align="center"><i>Please Note: FHWC will be putting out its calendar ASAP.</i></p>				1	2 Fasting / Ceremony Camp FHWC 8600	3 Community Information Session 10am-4pm Rec Centre F/ C Camp
4 Fasting / Ceremony Camp FHWC 8600	5 Fasting / Ceremony Camp FHWC 8600 LMLC PD DAY	6 Elder's Drop-In 1pm Fasting / Ceremony Camp FHWC 8600 TFN Council Meeting 7pm	7	8 Bake Sale LMLC 1pm-2:15pm	9 Federal Election Advance Voting 12pm-8pm	10 <i>Waljo's Memorial</i> 11am Rec Centre Federal Election Advance Voting 12pm-8pm
11 Election Advance Voting 12pm-8pm 	12 Federal Election Advance Voting 12pm-8pm Thanksgiving Holiday	13 Elder's Drop-In 1pm Federal Election Advance Voting 12pm-8pm	14	15	16	17 Art Therapy ages 12-18 10am-1pm FHWC 8900
18	19 Federal Election Vote 9:30am -9:30pm	20 Elder's Drop-In 1pm TFN Council Meeting 7pm	21 Elder's Luncheon 12pm FNLMA-Land Code Info Meeting 7pm Rec Centre	22	23	24 Elder's Yard and Penny Sale Elder's Building 11:30am
25	26	27 Elder's Drop-In 1pm	28	29	30	31 