

BEAR ISLAND
BLAST



ATIKOMEG KIIZIS

WHITEFISH MOON



TEMAGAMI
FIRST NATION

Please join us

for the

Unveiling

of the new Multi-use Facility

NOVEMBER 21ST



Ribbon Cutting Ceremony

11:30am - 1:30pm

held in the Gathering Room of the
new Multi-use Facility

5PM FEAST & DRUM SOCIAL

Hosted by TFN Family Healing & Wellness Centre
also held in the Gathering Room.

Enjoy an evening of celebration with
family, friends and community



BEAR ISLAND
BLAST



The Bear Island Blast is a monthly publication.
To submit content or subscribe,
email communication@temagamifirstnation.ca.

The deadline for submissions for the
DECEMBER Edition November 25th, 2019.

www.temagamifirstnation.ca



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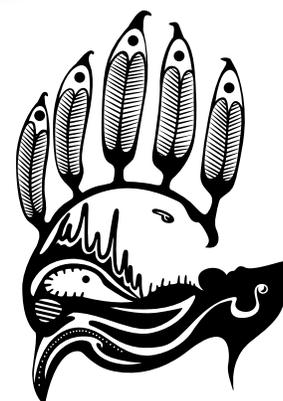
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Bear Island Blast Submissions can be sent to communication@temagamifirstnation.ca or call 705-237-8943

CONNECT WITH US
temagamifirstnation.ca





YOU'RE
INVITED

Community
Gathering

SQUARE DANCE 7PM
& LIVE BAND 9PM

age of majority

FRIDAY, NOVEMBER 22ND



TEMAGAMI
FIRST NATION



NOTICE

2ND & FINAL VOTE AND COMMUNITY MEETING

TUESDAY November 12, 2019

LMLC Gymnasium - 7:00pm

Resulting from the community meeting held Monday, October 28th at Bear Island – the Resolution #2019-1028-01 requires a second & final vote in accordance with Temagami First Nation Tribal Constitution:

Vote will take place by show of hands.

TABLED AGENDA ITEMS:

1. Negotiations Update
2. TFN/TAA Workplan
3. TFN Strategic Plan update
4. Animal/Dog Bylaw – addressing feral cats in community

Lake Transportation to be determined and On-island transportation is available.

For services, please call the band office to book ahead (by 4:00 pm on Fri., Nov. 8th at latest) by calling the Band Office at 705-237-8943 Ext 101/ or 1-888-737-9884

Webcast may be available – email webex@temagamifirstnation.ca for login information or call 705-237-8943 ext 110 /1-888-737-9884 (before 3pm day of)

NOTICE

REGULAR COUNCIL MEETING

WEDNESDAY November 13, 2019

FHWC Building - 7:00pm

In regards to band members who wish to raise a matter – Any additional agenda items are to be submitted in writing and in person to the Band Office or via email to tfn@temagamifirstnation.ca the Friday preceding each council meeting by 4:30pm.

For Webex (live web broadcasting) login instructions please contact Courtney Saville, WebEx Technician Email: courtney.saville@temagamifirstnation.ca or call 705-237-8943/1-888-737-9884 ext. 110

Zhimaaganish Giizhgad, Atikamek Giizis 11

Remembrance Day Mko Mnising Cenotaph



- 10:45 Welcome (Chief)
O'Canada (LMLC Students)
The Last Post (Patsy Turner)
Two Minutes of Silence
Poems (LMLC Students)
Recognize Veteran Names (Student or Band Councillor)
Laying of Wreaths (Program/Building Representatives)
Drumming/Bag Pipes
Closing (Chief)
- 12:00 Lunch at the Elder's Building
(Home and Community Care)

In Flanders Fields

BY JOHN MCCRAE

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*



Young Girls Gathering

at the Canoe House
 November 9th, 2019
 Time: 10:00am - 4:00pm
 For Girls Grade 4 to 8
 To promote self-care,
 self-awareness and
 celebration of life.

Please call or email Nancy Shipman to register 705-237-8636
justiceassistant@temagamifirstnation.ca
 Please register no later than November 5th, 2019

Help protect each other

**NO ONE
 WILL READ
 THIS POSTER**

But hundreds will read your facebook posts
 THINK BEFORE YOU POST

Dissruptive Behaviours & Incivility

- *Rude Comments
- *Disrespectful verbal attacks
- *Offensive, condescending language
- *Lack of collaboration
- *Public criticism
- *Subtle or overt verbal aggression
- *Name calling

Remember the GOLDEN rule, treat others how you want to be treated

**Justice Services
 Temagami First Nation**

8 TIPS FOR DEVELOPING POSITIVE RELATIONSHIPS

By building positive relationships with others, we will be happier and more fulfilled and feel more supported, supportive, and connected.

1. **Accept and celebrate differences.** One of the biggest challenges we experience in relationships is that we are all different. We can perceive the world in many ways. Certainly as-tumbling block that we come across when we try to build relationships is a desire or an expectation that people will think like we do and, in this way, it is so much easier to create a rapport. We feel more comfortable when we feel that people “get” us and can see our point of view. Life, however, would be very dull if we were all the same and, while we may find it initially easier, the novelty of sameness soon would wear off. So accepting and celebrating that we are all different is a great starting point.
2. **Listen effectively.** Listening is a crucial skill in boosting another person’s self-esteem, the silent form of flattery that makes people feel supported and valued. Listening and understanding what others communicate to us is the most important part of successful interaction and vice versa. Active or reflective listening is the single most useful and important listening skill. In active listening, we also are genuinely interested in understanding what the other person is thinking, feeling, wanting, or what the message means, and we are active in checking out our understanding before we respond with our own new message. We restate or paraphrase our understanding of their message and reflect it back to the sender for verification. This verification or feedback process is what distinguishes active listening and makes it effective.
3. **Give people your time.** Giving time to people is also a huge gift. In a world where time is of the essence and we are trying to fit in more than one lifetime, we don’t always have the time to give to our loved ones, friends, and work colleagues. Technology has somewhat eroded our ability to build real rapport and we attempt to multi-task by texting and talking at the same time. Being present in the time you give to people is also important, so that, when you are with someone, you are truly with someone and not dwelling in the past or worrying about the future. The connection we make with other people is the very touchstone of our existence, and devoting time, energy, and effort to developing and building relationships is one of the most valuable life skills.
4. **Develop your communication skills.** Communication occurs when someone understands you, not just when you speak. One of the biggest dangers with communication is that we can work on the assumption that the other person has understood the message we are trying to get across. Poor communication in the workplace can lead to a culture of backstabbing and blame, which, in turn, can affect our stress levels, especially when we don’t understand something or feel we have been misled. It also can have a positive effect on morale when it works well and motivates individuals to want to come into work and do a great job.
5. **Manage mobile technology.** By now, pretty much everyone has a mobile phone and many people have two or more. While they are a lifesaver in an emergency, and an effective tool for communication, they also can be a complete distraction when people exhibit a lack of mobile phone etiquette.
6. **Learn to give and take feedback.** Feedback, in my opinion, is the food of progress, and while it may not always taste great, it can be very good for you. The ability to provide con-

structive feedback to others helps them to tap into their personal potential and can help to forge positive and mutually beneficial relationships. From your own personal perspective, any feedback you receive is free information and you can choose whether

The most important single ingredient in the formula of success is knowing how to get along with people.

Theodore Roosevelt

you want to take it on board or not. It can help you to tap into your blind spot and get a different perspective.

7. **Learn to trust more.** “To trust is more important than love.” I believe that sentiment is true because no love will last without equal amounts of respect and trust.
8. **Develop empathy.** “People will forget what you said, people will forget what you did, but people will never forget how you made them feel.” Empathy and understanding builds connection between people. It is a state of perceiving and relating to another person’s feelings and needs without blaming, giving advice, or trying to fix the situation. Empathy also means “reading” another person’s inner state and interpreting it in a way that will help the other person and offer support and develop mutual trust.

Every relationship we have can teach us something, and by building positive relationships with others, we will be happier and more fulfilled and feel more supported, supportive, and connected.

Elder's Movie & Dinner



5:30pm

at the
Elder's
Building

Night

Hosted by TFN Justice
Services



Please RSVP no later than
Wednesday November 13th
(for catering purposes)

Please call Nancy Shipman to arrange
transportation if needed, 705-237-8636

**Tuesday
November
19th 2019**



Helmet Order



Wearing a bike **helmet** reduces the risk of serious head and brain injury by 85%. **Helmets** should be worn during every ride, no matter how short. Many accidents happen near home. Children should also wear **helmets** when sledding. With Child Safety being a number one priority in this community, the Tillie Missabie Family Centre in partnership with TFN Justice Services would like to provide ATV helmets **OR** Snowmobile helmets for children living on Bear Island from daycare age to grade 8 that need them. Please fill out this registration form according to your child/ren's needs.

ATV Helmet

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Snowmobile Helmet

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Childs Name: _____, Helmet Size: _____ SM _____ M _____ L _____ XL

Please return all registration forms to the Justice Services office by November 6th, 2019

Miigwech,
Nancy Shipman
Justice Services Department

October 25, 2019

Capital Projects Bi-Weekly Update

Here is an update on the Capital Projects taking place on Bear Island and what to expect to see happening in the weeks ahead.

Community Update

The island continues with a steady buzz of heavy traffic. The fibre optic cabling is installed around the loop now. Next part of the project is to tie in band buildings to the network which is starting next week now that the MUF is hooked up.

We had our sewer lines flushed again. We want to make sure everything is in good shape as we head into the winter months. One of the Mini Homes (teacherages) is now occupied. The other is just about ready. I have included a couple of photos below of the two homes now that they're set up and the decks and skirting is installed.

Staff is getting its fleet maintained before winter sets in. The shuttle boat is getting some maintenance done before ice starts to develop, vehicles and plows are starting to get ready to work. Pretty soon, boats will be getting put away for the winter and snowmobiles will be coming out.

Lake Temagami Access Road / Mine Landing

Traffic on the road has decreased and parking has opened up now that many seasonal residents have left the area.

There are various deliveries continuing down the road for both the MUF and Elders Housing Projects. The Barge is always on the move to accommodate the 2 major construction projects and other community needs. The low water levels are making the barge landings and takeoffs more difficult with heavy loads.

The Municipality has been working on the Mine Road as we approach winter. Please watch for the grader when you're traveling the road and be careful if you choose to attempt to drive over the windrows as there could be some hidden rocks that can damage your vehicle.



A reminder to residents and children to stay out of any fenced areas of the construction sites. There are open excavations. We want to make sure that no one gets hurt.

Bi-Weekly Update by Capital Projects Department

What's Happening at the Work Sites?

Elders Housing Project

The ground floor exterior walls are installed for all units and sheathing too. Waterproofing on the exterior of the block wall has been completed. They have added drainage board and insulation. They have installed the top plate, wood beam and floor joists for the second level. The sheathing for the top level floor has been installed as well.

The week of October 28th, they will be pouring a small amount of concrete for a pier footing for the balcony/deck. Windows and doors are also expected to be delivered that week as well. Expect to see progress on the second level over the next few weeks. You should also see some backfilling along the back block wall once they finish the drainage board.

Below are some pictures of the site.



The work crew will be working towards having the building closed in before winter. The ground floor is nearly there. They're just missing the windows and doors.

...
For an update on the MUF, keep reading!
...

Please be safe around roadways on the island. There are a lot of large vehicles and equipment travelling the roads and we want everyone to be safe.
Please watch out for the large vehicles and equipment because they are more difficult to maneuver than a small truck or car is.

Multi-Use Facility Project

MUF Project

Well, we are finally moving in! Lands and Resources and Capital Projects staff are in and getting settled in. Finance and Administration staff are scheduled to move in next. This is expected to happen the week of October 28th.

Below on the left is the Capital Projects and Community Infrastructure staff set up. The picture in the middle and on the right is of the L&R department area. You can see that the areas are still being organized.



We had a second photocopier delivered on Thursday, October 24, 2019. This copier is for the Finance and Administration Departments and is pictured on the right, in their copy room.

Phones are now active as of Friday, October 25. To call in, you can use telephone number 705-237-8600. Once Finance and Administration move in, you will be able to call the number above or 705-237-8943.



Below is a photo of the finished hallway, the L&R copy room and the Climate Change program space.



Now towards the centre of the building, from left to right we have pictures of tables and chairs for the gathering hall on their trolleys, the entrance to the washrooms, the men's washroom and women's washroom.



There are still some minor repairs going on within the office area but most of this work takes place after regular office hours so as not to disturb staff during the work day. Things are getting closer to complete as time goes by. Check the next page for more pictures!

For all of the updates, checkout the Capital Projects Tab on the Temagami First Nation Website at www.temagamifirstnation.ca/capital-projects or call us at the Lands and Resources Office at 705-237-8600 Ext.109 if you have any questions. You could also email Jamie at Jamie.koistinen@temagamifirstnation.ca, Patrick Cormier at projectadmin@temagamifirstnation.ca or Lorie Hunter at cimadmin@temagamifirstnation.ca.

Bi-Weekly Update by Capital Projects Department

MUF Project continued...

Below we have some pictures of the east end of the building. The first photo on the left is the space that will be turned into the police station. The middle photo is of the locker room and laundry room area and the one on the right is of the washrooms just off of the laundry/locker room.



Work is now mainly confined to the gathering hall, the kitchen and the Council chambers along with some exterior finishing still going on. The floor in the gathering hall was installed and covered up to protect it from damage while they finish the walls above the operable partitions, the end walls and the stage area as well as the kitchen. Below are some pictures of the gathering hall.



They will be testing and commissioning the fire suppression and security systems the week of October 28th. We're almost at the end! We can actually see it!

Below are pictures of the 2 reception areas. On the left is the L&R reception area and on the left is the Finance and Administration reception area. Behind the plastic curtain is the Council Chambers that is still being worked on. You'll have to wait to see what it looks like in the next update!



Stay tuned for the next Bi-weekly Update that will be coming out on Friday November 15, 2019



DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

Temagami First Nation Community Outreach

Reg Canard will be available to meet with you in the community.

Where	Date & Time
Bear Island - Multi-Use Facility 705-237-8600	Thursday, November 28, 2019 (Weather Permitting) 9:30 am - 12:45 pm

Unemployed & Looking for Options?

Are you Indigenous or a member of one of these First Nations?

- *Henvey Inlet First Nation*
- *Magnetawan First Nation*
- *Shawanaga First Nation*
- *Wasauksing First Nation*
- *Dokis First Nation*
- *Wahnapiatae First Nation*
- *Temagami First Nation*

Purchase of Training:

- For full-time programs (20+hours/week)
- Must obtain diploma within 52 weeks
- If eligible, funding may be available for tuition, books, supplies, transportation, dependent care, and living allowance

Employment Support: Up to \$250 to start a full-time job

Administer Second Careers

**PROGRAMS
TO ASSIST
UNEMPLOYED**

Apprenticeship:

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training

Wage Subsidies:

50% of wage for full-time jobs

Mobility:

Assistance to attend job interview

Relocation: Assistance to relocate for a full-time job

Self Employment Information



Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3
Tel: 705-524-6772/Toll: 1-800-361-9256/Fax: 705-524-5152 www.gezhtoojig.ca

Climate Change Project Update

November 2019 | Alexandra Clarke

Climate Change is a hot topic in the news lately. It affects everyone regardless of our lifestyle and where we live. It is something everyone should be concerned and conscious of, as it affects things we all depend on such as air quality, food security (quality, availability, price), water, environment, transportation, cost of living.

The Climate Change Team at the Lands and Resources Department has an ongoing environmental and weather monitoring program. Recently the team headed to Dorset, Ontario for Ontario Benthos Biomonitoring Network (OBBN) training where they learned how to perform benthic monitoring according to the OBBN specifications, and identify species of invertebrates at the family level. The team will soon begin benthos monitoring of the main body of Lake Temagami.

The term “benthos” refers to the community of organisms that live in or on the bottom of a body of water (this area is commonly referred to as the *benthic zone*). Benthic macroinvertebrates (small organisms without a rigid internal skeleton) are very common and are found just about everywhere. The diversity in macroinvertebrate species found in an area varies with changes in environmental conditions. They are well studied with known tolerances to pollution, temperature, water conditions and other stressors; due to their high sensitivity to change, they can be used as an indicator for the area. The information collected will include basic water chemistry and benthic macroinvertebrate (benthos) community composition; this will provide researchers with an indication of environmental health and serve as an indicator of environmental changes.



The Climate Change Team at Ontario Benthos Biomonitoring Network Training in Dorset, ON. From left to right: Mike Polson, Meghan Pilon, Alexandra Clarke



Climate Change Team's Mike Polson performing environmental monitoring at Sand Point Summer 2019.

The team has been performing routine water sampling out on Lake Temagami, as well as monitoring of weather parameters around n'Daki Menan. Climate change causes weather changes, it is important to have ongoing monitoring and recording so that the records are available for current and future studies.

The Climate Change Team will be building upon the information collected as part of the n'Daki Menan Mapping Project, and will be surveying members of the community to gather information on how the territory has changed. There will be a focus on changes to the habits and distribution of flora and fauna, and how these changes have affected traditional land use.

The aim is to better understand how climate change is affecting n'Daki Menan and the community. Aside from impacting the environment, the effects of climate change could negatively impact land use and pose a potential threat to culture and health of the community. The Climate Change team is looking to speak with anyone interested in participating in the survey, regardless if you were a participant of the n'Daki Menan Mapping Project. We are working towards an analysis, mitigation and adaptation plan for the future, to address changes and concerns regarding climate change.

If you are interested in participating in the survey or contacting us, please email: techassistant2@temagamifirstnation.ca

CLIMATE CHANGE

Temagami First Nation – Lands and Resources

Wilderness First Responders



WFR CERTIFIED

*Mike Polson
 Meghan Pilon
 Robin Potts
 Brian Burns
 Ray Katt
 Jamie Saville
 Aaron Nelles
 Lynn White
 Boshk Aguonia
 David Laronde
 Alex Paul
 Justin Barriault
 Calista Paul*

September 9-12, 2019 Sabrina and Scott from Wilderness Rescue Solutions trained 13 people in the community to become Wilderness First Responders (WFR). The WFR course focused on, response and assessment, musculoskeletal injuries, environmental emergencies and survival skills, soft tissue injuries, and medical emergencies. Having people trained in WFR is another step forward for the community in terms of safety. Bear Island is a semi-remote location and it is important to be more prepared for medical emergencies that present themselves no matter how far away from medical services we may be.

Meghan Pilon-Natural Resource Technician
resourcetech@temagamifirstnation.ca



Temagami First Nation Master Land Use Plan Survey Update

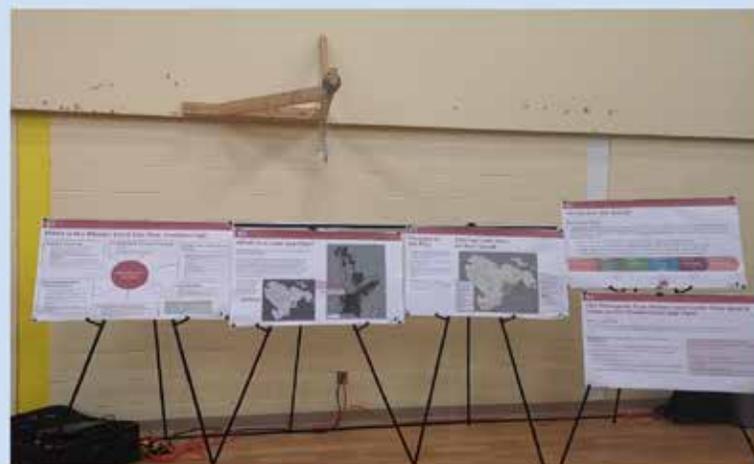
During September Dillon Consultants were in the community as well as Temagami and North Bay to gather information from the membership, which will eventually be implemented into the Master Land Use Plan for Bear Island and the Lands Set Aside.

They did this through interactive activities, one of these included the completion of a survey. In all 102 surveys were completed and handed in at the consultation, via mail and e-mail.

CONGRATULATIONS go out to Douglas H McKenzie, for having his name picked in the draw for an I-Pad, enjoy Douglas.

I would like to thank everyone for their participations in attending the consultations and participating in the various activities.

It's important to have Membership participating, as this plan belongs to everyone. If you any questions, please feel free to contact me.



If you require more information about the Master Land Use Plan, please contact Mike Molyneux, Assistant Lands and Resource Director at 705-237-8600 or assistantlandsdirector@temagamifirstnation.ca Ext.205

Temagami First Nation

Economic Development Report

CORDA FUNDING APPLICATIONS

Do you have a natural resource use or conservation project in mind for your community, organization, or small business?

Do you know of community members or youth planning to undertake work in this area?

The Canada Ontario Resource Development Agreement (CORDA) is an agreement between Canada, Ontario and First Nations' members in Ontario. The Agreement promotes resource and economic development initiatives of First Nations' members by providing financial assistance to develop and utilize sustainable natural resources.

First Nations, their members and organizations, and Treaty organizations in Ontario are eligible to apply for funding.

The maximum funding level for projects is \$35,000 per year. CORDA is funded by Indigenous Services Canada and the Ontario Ministry of Natural Resources and Forestry.

The Canada Ontario Resource Development Agreement (CORDA) Office is now accepting funding applications for 2020-2021.

Projects may include training such as a youth trapper courses, employment, stewardship, traditional learning, equipment (such as humane traps), and supplies (such as trees for planting).

To obtain more information about project eligibility or to request an application package, please contact Jill Stevens, Secretariat, CORDA Office.

If you would like assistance developing your application, please call or email:

**John Shymko, TFN Economic Development Office at 705 237 8600
ecdev@temagamifirstnation.ca**

Applications must be submitted to the CORDA Office by Monday, November 18, 2019.

John Shymko, Economic Development Officer, Temagami First Nation,
705 237 8600 ecdev@temagamifirstnation.ca

Temagami First Nation

Economic Development Report

What Is A Business Plan And Why Do I Need One?

Do you have an idea and want to start a business? Do you already have a business and want to achieve certain goals?

If you answered yes to any of the above, a business plan can help you. Whether you've just started out or been running for years, business planning can be the key to your success.

Here are three key reasons why it will help you to develop a business plan:

1. A business plan is vital to helping you get finance.

If you're seeking finance for your business, you'll need to show Waubetek or Granting agencies why they should invest in your business. Lenders and investors will only risk their time and money if they're confident that your business will be successful and profitable.

A thorough and well-researched business plan: a) shows that you're serious about your business, b) helps lenders and investors to understand your business idea, c) shows your predicted profits and income streams.

2. A business plan can help you prioritize

A complete, thoughtful business plan is one of the most valuable tools in helping you reach your long-term goals. It gives your business direction, defines your objectives, maps out strategies to achieve your goals and helps you to manage possible bumps in the road. Preparing a business plan will help you work out the goals you want to achieve, and the strategies to achieve them. This means you can focus your resources and energy on what you need to do, rather than spreading yourself too thin.

The planning process also helps you to consider possible bumps in the road and put a plan in place to better manage them if they do come up.

3. A business plan can give you control over your business

Developing your business plan helps you to step back and look at what's working in your business and what you can improve on. If you have employees, the planning process can be a good opportunity to seek their feedback on possible ideas and improvements. Your employees will value this opportunity to contribute to the business.

Please Contact TFN Economic Development if you would like to discuss creating a business plan. There is no charge for this service.

**John Shymko, TFN Economic Development Office at 705 237 8600,
ecdev@temagamifirstnation.ca**

John Shymko, Economic Development Officer, Temagami First Nation,
705 237 8600 ecdev@temagamifirstnation.ca

Temagami First Nation

Economic Development Report

Have a business? Need a free website?



TFN Economic Development, through the Lands and Resources department, is offering free webpages to Temagami First Nation members' businesses. A professional webpage will be designed for all interested members to promote their businesses and a link will be provided on the Temagami First Nation Website. There is no charge for this service.

Please email John Shymko, Economic Development Officer, at ecdev@temagamifirstnation.ca, or call Lands and Resources, **705-237-8600** to book an appointment with John to discuss what photos and information is needed.

Items a business website should have.

- 1) A phone number. 2) An email address.
- 3) Business Hours. 4) Business Location
- 5) A photo of your Business, or an image related to your business.
- 6) A photo of the business owner(s).
- 7) A description of what you do.
- 8) A logo, if you have one. 9) A link to a facebook page, if you have one.

John Shymko, Economic Development Officer, Temagami First Nation,
705 237 8600 ecdev@temagamifirstnation.ca

Don't get caught without firewood

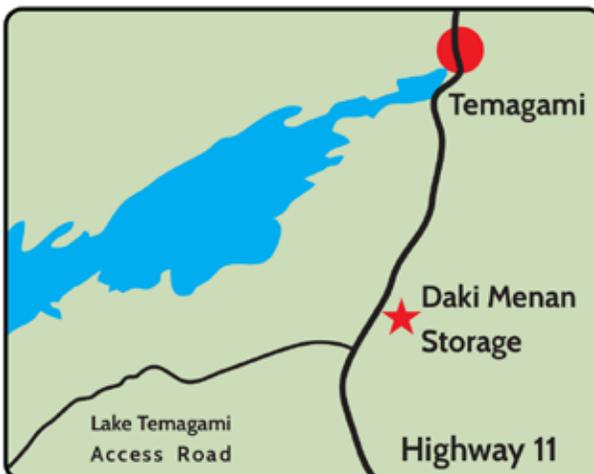


Daki Menan
LANDS AND RESOURCES
CORPORATION

6167 Highway 11 N
Temagami, Ontario

(705) 237-8600

www.temagamifirstnation.ca



Pickup or Delivery in the Temagami Area

\$100.00 per face cord + HST

Delivery (with fee) with minimum 3 face cord order:
(\$300.00 + Delivery Fee + Applicable Taxes)

Delivery Fees: (other locations on case by case basis)

Temagami - \$60.00 * Mine Landing - \$80.00

Latchford - \$80.00 * Marten River - \$80.00

Bear Island (via ice road only) - \$80.00

Cheque or Cash only

OR

Pickup at Daki Menan Yard Site

6167 Highway 11 North, Temagami, Ontario

Also Selling Bagged Firewood at \$6.00 per bag
(Pickup Only)

Winter sneaking up?



We have storage.



Daki Menan
LANDS AND RESOURCES
CORPORATION

6167 Highway 11 N
Temagami, Ontario

(705) 237-8600

www.temagamifirstnation.ca



Daki Menan Storage Rates:

Outdoor Storage

On Trailer (per season)

Summer May 1 – October 31
Winter November 1 – April 30

Up to 12 foot
\$250.00 / season + HST

Up to 20 foot
\$300.00 / season + HST

Up to 30 foot
\$350.00 / season + HST

Up to 30 foot
\$350.00 / season + HST

Sea Container
(customer supplied)
\$0.25 per sq foot per month
+ HST

We also store core samples
and offer bulk land storage.

Please call 705 237 8600
for information.



3 Vacancies

JOIN THE LANDS & RESOURCES ADVISORY COMMITTEE



**TEMAGAMI
FIRST NATION**

(includes the Land Code Committee)

There are three (3) vacancies on the Committee for a three-year term. The committee meets every 4-6 weeks for full-day or half-day meetings with additional meetings as needed, determined by the committee.

If you would like more information, the Terms of Reference for the Committee can be available upon request via email at tfn@temagamifirstnation.ca, or you may contact the Band Office at (705) 237-8943. Committee members provide advice and recommendations in respect to n'Daki Menan, the Land Use Plan in respect to the Lands Set Aside and Bear Island and will assist with the development of land laws under the TFN Land Code.

Please respond in writing, with a brief explanation of why you wish to participate on the committee. Committee experience is not mandatory, however please outline any related background or experience that you may have.

Applications can be mailed to:
Chief & Council
Temagami First Nation,
General Delivery,
Bear Island, ON P0H 1C0
Subject: Lands & Resources Advisory
Committee

Applications may also be faxed or emailed
to (705)237-8959,
tfn@temagamifirstnation.ca

Applications must be received at the band office by December, 7 2019.



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
tfn@temagamifirstnation.ca
www.temagamifirstnation.ca

Community Bulletin

RE: Fire Hydrant Flushing Notice

Please be advised that the Infrastructure Department will be Flushing Fire Hydrants.

Residents affected will be those connected to the water treatment plant.

When: Wednesday November 06, 2019

Hydrants are flushed periodically as part of our maintenance program. It is necessary to:

- maintain the integrity of the water system
- remove sediment from the water mains
- verify the proper operation of the hydrants and valves
- maintain fire fighting capability.

Residents can experience:

- a drop-in water pressure while the hydrants are being flushed
- you may experience discolouration.

Although the water remains safe to drink, please run your **cold** water until it runs clear again.



We apologize for any inconvenience this may cause.

Questions or concerns?

Please contact Infrastructure @ 705-237-8600 or Water Treatment Plant @ 705-237-8631

HEALTH PROMOTIONS



HEALTHY DINNER

TUESDAY NOVEMBER 12TH
5:30PM-7PM AT DPHC

Slide Show on
Nutrition Label Reading

WHATS FOR DINNER?

Roasted Red Pepper
Pasta w/
Gluten Free Pasta & Veg

&

Spinach, Apple,
Walnut & Goat
Cheese Salad

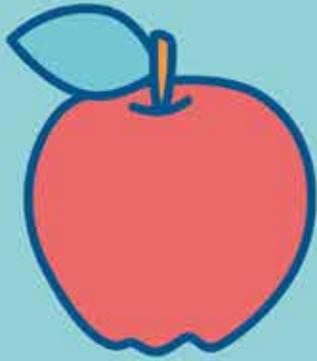
&

Desert
Chocolate Peanut Butter
Rice Krispie Cups

DIABETIC FRIENDLY

Gluten Free+ Low-Carb + Low Sugar Meal

For more info and to RSVP Before Nov 8th,
Please contact Diane @ DPHC 705-237-8900



HEALTH PROMOTIONS

NUTRITION GROCERY STORE TRIP

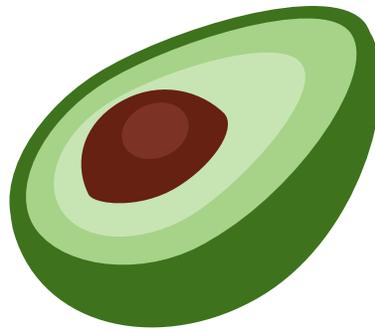
NOVEMBER 28TH 2019
12PM TO 5PM

PROPOSED FOR DIABETIC CLIENTS TO LEARN & SHOP HEALTHY EATING OPTIONS & ALTERNATIVES, BY READING NUTRITION LABELS IN THE SUPERMARKET.

TRIPS WILL CONSIST OF ONCE/TWICE A MONTH TO ACCOMMODATE AS MANY CLIENTS PER TRIP.



TO SIGN UP BEFORE NOV 22ND, PLEASE CONTACT DIANE @
DPHC 705-237-8900



HEALTH PROMOTIONS

NUTRITION BINGO

THURSDAY NOVEMBER 21ST
12PM AT DOREEN POTTS HEALTH CENTER

CATERED LUNCH PROVIDED

6 PRIZES

1 LINE
2 LINES
4 CORNERS
X
SQUARE
FULL CARD

TO SIGN UP PLEASE CONTACT DIANE @ DPHC 705-237-8900

HEALTH PROMOTIONS

LUNCH & PRESENTATION

WITH REGISTERED DIETITIAN
STEPHANIE BOWDREY
GREAT NORTHERN FAMILY HEALTH TEAM

An Overview of a healthy balanced meal approach for those living with pre-diabetes and diabetes, how to visualize appropriate portions and review how blood sugar monitoring can be helpful to assess impact of changing diet or lifestyle+ one on one consultations

NOVEMBER 14TH 12PM @ DPHC

To sign up please contact Diane @DPHC 705-237-8900

Star Blanket Quilt Workshop (PART II)

When: Saturday, Nov. 23rd &
Sunday, Nov. 24th

Time: 10am - 4pm each day

Where: Family Healing & Wellness Centre



This weekend workshop is a follow-up to last winter's Star Blanket Quilt Workshop. Join us to complete your Star Blanket Quilts or begin a new one.

**Reserve your spot by Friday, November 8th
with Linda Paul - 705-237-8022**



**TILLIE MISSABIE
FAMILY CENTRE**



TMFC Fall Update

It has been a very busy September and October for the TMFC families and staff. At the beginning of September we had a visit from the Manager of the Head Office and the regional worker for the Indigenous Centre of Excellence for Early Years and Child Care. They were impressed by our land based programming we do at the daycare and are planning on coming up in the winter to participate in some of the programming with us.

Some of the daycare staff also took part in the conference put on by the Indigenous Centre of Excellence in M'Chigeeng about Land Based Learning, the last week of September. In September a few of the staff had the opportunity to take part in Mother Goose training in Toronto.

Our summer was very busy, and we didn't have the opportunity to take the families on an end-of-summer trip. Instead, we took the families to Camp Spooky at Canada's Wonderland the first week of October. On the 11th of October the daycare parents had the opportunity to have Thanksgiving lunch with their children and the staff at the daycare. Some of the families also had the opportunity to see the Wiggles while they were in Sudbury.

Last week the daycare took their annual trip to the pumpkin patch and we also had a dinner and pumpkin carving for the TMFC families.

TMFC will be hosting the Halloween Party on Friday, November 1, 2019 at the school from 7:00—9:00 PM.

The Justice Services and TMFC will also be buying helmets for children ages 0 to grade 8, please ensure to hand in your forms. This form can be found on page 6 of this month's BI blast.

If anyone has any questions about the daycare or our programming, please feel free to contact Michelle (705) 237-8698.

Have a great November!!





WELCOME ANGELA ROBB



Laura McKenzie Learning Centre

**PRINCIPAL
Angela Robb**

My name is Angela Robb and I am the Principal here at LMLC.

I am originally from Jamaica West Indies, however I now live here in Toronto. I am married and have two wonderful sons.

I have been teaching since 1995. I have teaching experience in the British, American and Canadian school systems. I have taught in the Attawapiskat First Nation Community and also in Nunavut.

I am excited to be here in beautiful Bear Island and I am looking forward to meeting and working with you all.



WELCOME BRIAN SIEBERT



Laura McKenzie Learning Centre

**GRADE 4-5 TEACHER
Brian Siebert**

KweKwe.

Hi, I am Mr. Siebert (Mr C).

You may have already met me when I came out to Supply teach a couple of times over the winter ... I am rather tall, and difficult to miss. I grew up in Western Canada (outside Edmonton), and I spent numerous years going to school and rowing competitively (Canada's National Team) before I came out to Ontario to work with youth in an outdoor therapy program (WLE/DARE). After my body, and my family, told me that I needed a change, I headed into the teaching. Much of my preferred teaching experience comes from using the outdoor environment to make learning more successful and enjoyable. I look forward to working with the children in the grade 4/5 classroom, and bringing an experiential, and hopefully relatable, style to the classroom.

I am also looking for help, whether it is another person present for our outdoor adventures, or a guest speaker who could tell stories that have traditionally connected people to the land and surrounding water in this area. I am looking for people, who want to pass on their passion for an art, or later on, cross country skiing and ice fishing. I am looking for someone to bring whatever skill or passion that drives them and is appropriate to the children of grades 4/5. I am also looking for items that would bode well in an outdoor classroom, generally natural, that can increase the curiosity and sense of wonder in the outdoor classroom. More immediately, I am looking for a feather to use in our classes class-made talking stick.

Chi-Miigwetch.



WELCOME KATHLEEN CONNOR



Laura McKenzie Learning Centre

GRADE 6-7-8

Kathleen Conner

Kwe kwe, my name is Kathleen Connor. I am pleased to join the education community on Bear Island. I come from the Ottawa Valley/Thousand Islands area. I have worked at all levels of education for thirty years. I shared with the Grade 6/7/8 class that I am teaching this year that I have three adult children. Recently, I worked as a high school teacher in a fly-in Ontario community. I have been enjoying the beautiful community setting you have here, and I am pleased to meet and talk with you.

LMLC Held a special assembly in support of Orange Shirt Day



September 30, 2019 - Chi-Miigwetch to the staff at Laura McKenzie Learning Centre for holding this very important assembly in recognition of Residential School Survivors. The children got to understand the significance of the orange shirt symbol by listening to presenters talk about Phyllis

Webstad's experience in residential school when her brand new orange shirt was taken from her as a six year old girl. As we all know, the stories get even darker then that but it was presented in a tone that was understandable to the younger ears and reinforced a sense of empathy and humanity.

Miigwetch also goes to Patsy Nue for sharing her personal experiences at residential school. These type of presentations really allow for an opportunity for important discussions with the youth but also reaffirms that the survivors matter, every child matters.

HISTORICAL PROJECT

Discovering and Preserving the History of
OUR Ancestors for Future Generations

Image by Spencer Corbiere, 2019

WE NEED YOUR HELP!

We are gathering information on our relatives and ancestors in an effort to preserve the history of our community and complete our family tree! We need our collective knowledge to complete it!

WHAT CAN YOU DO?

Simply, complete the questionnaire that was mailed out, or contact us for a letter mail or email copy, and send it back to us! Online questionnaire is available through the TFN website.

ALL COMPLETED QUESTIONNAIRES RECEIVED BEFORE DECEMBER 3RD, 2019 WILL BE ENTERED INTO A DRAW TO WIN AN IPAD

OTHER HAPPENINGS

In our efforts to complete our family tree, our Historical Grave Researchers are also looking for any information on burial sites and the cemeteries where your loved ones may be. Please contact us if you would like to set up a time to meet and share your stories on our ancestors.

Honorarium may be provided

Contact us at (705) 237-8636

Michelle at: mlhistoricalproject18@temagamifirstnation.ca
Christine at: clhistoricalproject18@temagamifirstnation.ca

Robyn Rowe: Indigenous Scholar and PhD Candidate

I would like to introduce my daughter Robyn Rowe. “(She) is a member of Matachewan First Nation with familial roots on Bear Island, Temagami First Nation. She is a mother of four and a third-year Ph. D. student in the Interdisciplinary Rural and Northern Health program. She completed an Honours Bachelor of Arts in Psychology with a minor in Sociology in 2015, and obtained a Masters of Indigenous Relations in 2017, both at Laurentian University. During her masters, Robyn completed research which explored the experiences of First Nations mothers attending post-secondary. She has since received a publishing deal based on her Master’s work and will be releasing a book in the Fall of 2020. Robyn is currently a sessional professor for the School of Indigenous Relations and a research associate on Dr. Jennifer Walker’s team in the School of Rural and Northern Health.



Robyn Rowe

In 2018, Robyn became the first Indigenous scholar at ICES to receive an Indigenous Mentorship Network Scholarship. This scholarship is funded by the Canadian Institutes of Health Research (CIHR) to provide culturally relevant learning opportunities and tailored mentoring to emerging early-career Indigenous researchers. In 2019, Robyn was awarded a 3-year Frederick Banting and Charles Best Doctoral Award from CIHR for her Ph. D. work. Her Ph. D. work is on Indigenous data sovereignty, which is being developed in partnership with the Chiefs of Ontario and other international Indigenous data leaders. The Frederick Banting and Charles Best Doctoral Awards provide special recognition and support to students who are pursuing a doctoral degree in a health-related field in Canada.

Robyn recently collaborated with her Ph. D. supervisor, Dr. Jennifer Walker, on a paper entitled “Describing the process of ethical conduct of research in an Ontario-wide First Nations diabetes research project” which was published in the Canadian Medical Association Journal. Additionally, Robyn and Dr. Walker travelled to Botswana and presented a poster on the use of respectful data sovereignty principles, “Walking the Path of the Turtle: Respectful Data Governance Practices in a First Nations Project in Ontario, Canada” during International Data Week 2018.

As an Anishinaabekwe (First Nations woman), it is important to Robyn that her work benefits Indigenous peoples, and she is working with community partners to form a strong Ph. D. proposal. The intended goal of her research is to inform the current landscape on Indigenous Data Sovereignty in Canada and influence powerful policies that can be brought forward to government bodies to influence change at a systemic level.” - *laurentian.ca*

Also, I would also like to introduce to you to my newest grand daughter and Verna Friday’s great grand daughter, her name is Lily Dawn Sabourin, yes, she is almost four months old having been born on July 5, 2019. My daughter Robyn is 31 years old and she and her fiance Chris are parents to three other children as well under the age of 12. She is a tremendously busy lady for sure, she has her family life while she studies for her Ph.D, works full time as a Researcher Associate and a sessional Professor. I am so proud of my daughter Robyn and all of her accomplishments and big thank you goes to Chris, her fiance for supporting her through the years with all of these endeavors, while being in school himself. You both are both very special and amazing!

~ Michelle Friday Lalonde



Lily Dawn Sabourin

HAPPY HALLOWEEN

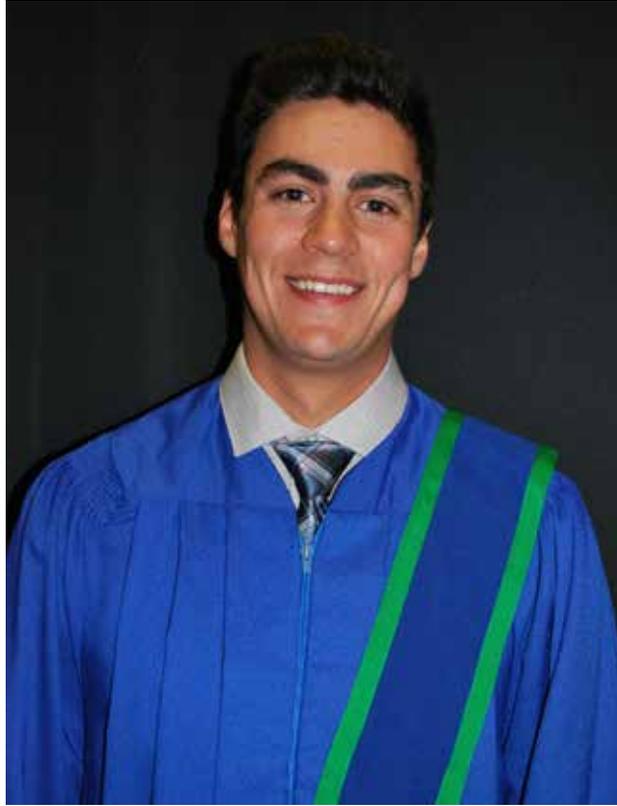




Trick
or
Treat



Congratulations Nathan



Nathan Sanderson, son of Robert Sanderson and Vicky Blake graduated from the Snow Resort Operations program at Georgian College on Oct. 22, 2019. Nathan is working at Mount St. Louis-Moonstone ski resort near Barrie.

Subscribe to the BEAR ISLAND BLAST



Contact the Administration Office to sign up for the online version or for a hardcopy mailout.

If you are not a TFN member you can still subscribe for the low price of **\$48/year**

705-237-8943 ext.107
communication@temagamifirstnation.ca

EMPLOYMENT OPPORTUNITIES

RELIEF DRIVERS - Ongoing Casual Position

Purpose:

The Temagami First Nation is seeking Casual Relief Drivers for the Doreen Potts Health Centre (DPHC). Relief Drivers will be responsible for medical transportation and after-hours medical trips for clients and community members. The nature of this position is on an 'on-call' basis and does entail a set number of hours weekly. The successful candidate will need to be able to operate an after hours boat to accommodate travel off island when required. This position is for Bear Island community members and may require late night trips off island but safe transportation home following the trip will be provided in these instances.

Application due: WILL REMAIN OPEN UNTIL FILLED

RELIEF SHUTTLE BOAT DRIVERS - Ongoing Casual Position

Purpose:

The Temagami First Nation is seeking Casual Relief Shuttle Boat Drivers. Relief Drivers will be responsible for the safe transportation of visitors and community members, to and from Bear Island. This position will work on a casual basis and will be required to be available after-hours and sporadically throughout the day, when on-call. The Relief Driver will be needed for the duration of the 2019 water travel season, ending approximately December 16, 2019 (based on ice development on the lake).

Application due: WILL REMAIN OPEN UNTIL FILLED

Detailed Job Postings including required qualifications and application submissions can be found at www.temagamifirstnation.ca or TFN Administration Office

CONTACT INFO

With all the changes going on and moving amongst staff members, please use this guide for reference

POSITION	NAME	EMAIL	EXT
ADMINISTRATION		705-237-8943	
Reception	Peter McKenzie	tfn@temagamifirstnation.ca	101
Executive Director	Virginia Paul	ed@temagamifirstnation.ca	102
Community Infrastructure Manager	Jamie Koistinen	cim@temagamifirstnation.ca	103
Human Resources	Katie Madore	hr@temagamifirstnation.ca	104
Chief	Arnold Paul	chief@temagamifirstnation.ca	105
Housing Coordinator	Elizabeth Potts	elizabeth.potts@temagamifirstnation.ca	106
Communications Officer	Heidi Jobson	communication@temagamifirstnation.ca	107
Community Infrastructure Admin Support	Lorie Hunter	cimadmin@temagamifirstnation.ca	108
Capital Projects Admin	Patrick Cormier	projectadmin@temagamifirstnation.ca	109
Band Administration Intern	Courtney Saville	courtney.saville@temagamifirstnation.ca	110
Enrichment/Finance Clerk	Bev St.Denis	tfnenrichment@temagamifirstnation.ca apclerk@temagamifirstnation.ca	111
Payroll/Finance Clerk	Joy Cooper	joy.cooper@temagamifirstnation.ca	112
Finance Manager	Vicky Blake	vicky.blake@temagamifirstnation.ca	113
Librarian	Tessa Hope	librarian@temagamifirstnation.ca	114
LANDS & RESOURCES		705-237-8600	
Membership Clerk/ Administrative Assistant	Sheri Mathias	membershipadmin@temagamifirstnation.ca	201
Lands & Resource Office Manager	Carolyn Laronde	carolyn.laronde@temagamifirstnation.ca	202
Economic Development Officer	John Shymko	ecdev@temagamifirstnation.ca	203
Lands & Resources Director	Robin Koistinen	robin.koistinen@temagamifirstnation.ca	204
Assistant Lands & Resources Director	Mike Molyneaux	assistantlandsdirector@temagamifirstnation.ca	205
Land Code Implementation Coordinator	Audrey Guppy	landcode@temagamifirstnation.ca	206
TAA Administration	Natasha Fortin	taaadmin@temagamifirstnation.ca	207
Resource Development Advisor	David Laronde	david.laronde@temagamifirstnation.ca	209
GIS Intern	Victoria Winsor	landstech@temagamifirstnation.ca	210
L&R Technician Assistant	Mike Polson	techassistant1@temagamifirstnation.ca	211
L&R Technician Assistant	Alexandra Clarke	techassistant2@temagamifirstnation.ca	212
Natural Resources Technician	Meghan Pilon	resourcetech@temagamifirstnation.ca	213
Community Energy Champion	Harri Makivirta	cec@temagamifirstnation.ca	214

DOREEN POTTS HEALTH CENTRE
705-237-8900

JUSTICE SERVICE
705-237-8636

HISTORICAL PROJECT
705-237-8636

FAMILY HEALING & WELLNESS
705-237-8022

HOME & COMMUNITY CARE
705-237-8900

LAURA MCKENZIE LEARNING CENTRE
705-237-8982/8252

CANOE HOUSE
705-237-8435

TILLIE MISSABIE FAMILY CENTRE
705-237-8698



TEMAGAMI
FIRST NATION

NOVEMBER 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	27	28	29	30	31	1	2
					Kitchen Tour & Training MUF- TBA	Family Halloween Party & Haunted House - LMLC	NUTRITION WELLNESS TRIP - CONTACT DIANE DPHC - 705-237-8900
	3	4	5	6	7	8	9
NUTRITION WELLNESS TRIP	REMEMBRANCE DAY 10:45 Ceremony @ Mko Missing Cenotaph - Lunch @ Elder's Bldg	Healthy Dinner - DPHC 5:30-7pm COMMUNITY MEETING & VOTE 7PM LMLC	REGULAR COUNCIL MEETING 7PM FHWC				Wild Game Dinner Temagami Arena 5pm-12am
	10	11	12	13	14	15	16
		Elders Movie and Dinner Night - Elder's Bldg 5:30-9pm			MUF Ribbon Cutting 11:30-1:30 Gathering Hall Community Drum Social - 5pm-9pm Gathering Hall	Community Square Dance & Dance(+19) 7pm- 1am Gathering Hall	Star Blanket Quilt Workshop - FHWC 10am-4pm
	17	18	19	20	21	22	23
Star Blanket Quilt Workshop - FHWC 10am-4pm					Gezhtoojig Employment Outreach 9:30am - 12:45pm Nutrition Grocery Trip - Contact DPHC		
	24	25	26	27	28	29	30