



TEMAGAMI FIRST NATION

BEAR ISLAND,
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 | 705-237-8943
FAX 705.237.8959

TFN Enrichment Funds Health Policy

1. PURPOSE:

- 1.1 To set out guidelines for the administration of the Health policy.

2. GOAL:

- 2.1 The goal of this program is to provide health coverage for TFN members, when the service is not covered by First Nation & Inuit Health Branch (FNIHB) or any other health insurance benefits.

3. ELIGIBILITY:

- 3.1 To be eligible for Health program funding you must be a Registered Member of the Temagami First Nation.
- 3.2 For those members who are in arrears (past and present) with TFN Enrichment Funds Health, TFN will deduct 20% from all future applications until the outstanding debt is paid. Members may request a higher deduction to reduce their debt.
- 3.3 An infant who is less than one year of age and eligible to be registered as the TFN member.
- 3.4 The Health Supplement is additional funding for members who are financially challenged and/or are living on a fixed income that requires additional funds to help cover medical needs. To access the Health Supplement, members must submit proof of household income that is below \$.32,000.00

4. ALLOCATION:

- 4.1 Eligible TFN members can access up to a maximum of \$750.00 per year and an additional \$500.00 maximum under Health Supplement.
- 4.2 The program year is from April 1st each year to March 31st of the next year.
- 4.3 Funding is approved on a first come first served basis, according to the date received by the Office Manager until the annual set funding has been expended.
- 4.4 Food requested for health related sensitivities, allergies and diseases will only be available for infants less than two (2) years of age

5. PROCESS FOR REQUESTING FUNDS:

- 5.1 NOTE: Applicants must access FNIHB or any other group health insurance coverage available to them before submitting a health claim. Applicants can only



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apply on behalf of themselves and parent/guardian can apply on behalf of their dependents.

- 5.2 Temagami First Nation member must complete the health benefits form and/or Health Supplement form and attach **ORIGINAL RECEIPTS** and necessary documentation from Physician or specialist outlining associated costs and submit to the attention of the Doreen Potts Health Centre – Office Manager for verification and approval.
- 5.3 NOTE: Physician and/or Specialist notes need to be updated yearly for reimbursements.

6 HEALTH/ HEALTH SUPPLEMENT COVERAGE:

6.1 Travel:

- 6.1.1 Travel for family* in case of life threatening/terminal illness or death (funeral).
- 6.1.2 Travel for parent/birthing partner and children for support and bonding purposes at childbirth.
- 6.1.3 Travel for additional parent/guardian for children's appointments covered by Health Canada.
- 6.1.4 Travel to visit family* members who are hospitalized.
- 6.1.5 Travel for medical appointments not covered by FNIHB at the discretion of the Office Manager (Driver expenses covered out of the member's health dollars that holds the appointment). Some examples of medical appointments that are not covered are foot care, dentist, massage, optometrist, etc.

6.2 Rates are as follows for travel:

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| 6.2.1 Accommodation | will be covered to a maximum of \$150.00/night (receipts mandatory) |
| 6.2.2 Private Accommodation | \$40.00/night |
| 6.2.3 Meals | \$20.00/meal |
| 6.2.4 Mileage | \$0.42 cents/km |
| 6.2.5 Boat and snowmobile travel from Bear Island @ | \$50.00 /trip maximum |
| 6.2.6 Hospital parking | (receipts mandatory) |
| 6.2.7 Public Transportation i.e. bus/taxis/train | (receipts mandatory) |
| 6.2.8 Note: Please fill out the Health Travel Claim Form for travel expenses and attach relevant documentation (Example: Documentation from FNIHB, proof of appointment, etc.) | |



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7. Dental:

- 7.1 Essential dental expenses (not cosmetic).
- 7.2 Medical procedures performed by Dentist.
- 7.3 Orthodontic work will be covered for children under 18 years of age.

8. Optometrists:

- 8.1 Prescription eye wear (Maximum \$500/fiscal year);
- 8.2 Certain eye surgery procedures; No cosmetic costs.

9. Physiotherapy:

- 9.1 No insurance claims.
- 9.2 Acupuncture treatment
- 9.3 Osteopath treatment

10. Chiropodist:

- 10.1 Treatment through certified/licensed specialist
- 10.2 Maximum 2 pairs of footwear per fiscal year
- 10.3 No Insurance claims

11. Fertility:

- 11.1 Associated prescriptions and procedures.

12. Over the Counter Medical Remedies (Products that treats or prevents alleviates, the symptoms of disease):

- 12.1 Items only covered through certified/licensed specialist or Doctor's Note.
- 12.2 OTC will be covered at the discretion of the Office Manager
- 12.3 Absolutely no beauty products will be covered i.e. masks, mirrors, nail products, beauty creams, etc.
- 12.4 Groceries/Food Products will not be covered.

13. Medications:

- 13.1 Prescriptions not covered by FNIHB.
- 13.2 Medical Marijuana – must provide Marijuana for Medical Purposes Regulations (MMPR) License/doctor note
- 13.3 Medical Marijuana Authorization form must be filled out and attached to Health Claim submission
- 13.4 THC will not be covered unless specifically outlined from a doctor with a treatment plan
- 13.3 NOTE: TFN Enrichment Funds Health Policy to follow Health Canada guidelines regarding narcotics. Please visit www.healthcanada.ca for more information.



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14. Equipment:

- 14.1 Short term rental/lease or purchase of certain health equipment: TV (up to a maximum of 3 weeks rental), wheel chair, walkers, etc.

15. Records:

- 15.1 Forms, Doctor's Notes, medical records

16. Holistic Wellness:

- 16.1 Treatment through certified/licensed specialist *Including vitamins & supplements*
- 16.2

17. Medical Procedures:

- 17.1 Physicals, circumcision

18. Translator/Escort:

- 18.1 Translator Services
- 18.2 Escort as provided through a licensed service (Para Med)
- 18.3 Service animals must be qualified under Accessibility for Ontarian with Disability Act (AOD)
- 18.4 Expenses related to the service animal will not be covered ex. food, vaccines, vet bills, etc.

19. Mental Health:

- 19.1 Psychiatry
- 19.2 Marriage counselling
- 19.3 Psychological assessments

20. Health Promotion:

- 20.1 With a doctor's referral, memberships to fitness centers and Health Promotion programs are covered. These programs will be reimbursed only after it is demonstrated that there was participation as prescribed.

*Family is defined as Spouse, Mother, Father, Brother, Sister, Mother-in Law, Father-in Law, Daughter-in-law, Son-in-law, Brother-in Law, Sister-in Law, Step-mother, Step-father, Step-brother, Step-sister, Grandparents, and Children/Step-children, Grandchildren, Aunt, Uncle, Niece and Nephew.