

# B.I. BLAST!



Waawaabigonii Giizis- (Say: WahWah Bee Gony Geezis)

Flower Month ~ May 2013

*Miigwetch to Callie Paul for the Beautiful Picture!!!*

C.P.

## **Spring at Last...Spring at Last.....Spring at Last.....ahhhhhhhh.**

Hopefully, anyway! The songbirds and robins are back, geese have been spotted flying north, and the partridges are already drumming, looking for action. So that's a good sign that maybe the snow really is turning into a memory.

Welcome to the 5th edition of The BI Blast, the biggest issue yet.

At the time of publication the ice is still hanging around....so when is it going to go kerblooey?

Here are some historic breakup dates, according to Ottertooth.com:

- **2000- April 27      Garden Island - north side (Glen Toogood)**
- **2001- May 5        Garden Island (Glen Toogood)**
- **2002- May 5        Garden Island (Glen Toogood)**
- **2003- May 5        Garden Island (Glen Toogood)**
- **2004- May 5        Garden Island (Glen Toogood)**
- **2005- May 1        Garden Island (Glen Toogood)**
- **2006- April 22     Garden Island (Glen Toogood)**
- **2007- April 27     Garden Island (Glen Toogood)**
- **2008- April 27     Garden Island (Glen Toogood)**
- **2009- May 6        Sealrock Point (Harold Keevil)**
- **2010- April 15     Devil's Island, North Arm Southern Hub (Jason Pigeau, Bob Farr)**
- **2011- May 9        Devil's Island, North Arm (Jason Pigeau)**
- **2012- April 11\*    North Arm Southern Hub (Jason Pigeau, Bob Farr)**

**And 2013??? We'll see...Happy May, everyone!**

# **Community Days**

**Is Coming!**

**Thursday, July 4<sup>th</sup> to Sunday, July 7<sup>th</sup>, 2013**

***Please Remember the Dates When You Make Your Summer Plans!***



**7 Annual TDSS  
Youth Pow Wow**

**Lead dancers:**

**Misty Paul**

**Lindsay Sarazin**

**Minwa Pijawok**

**Grand entry: 10AM**

**June 7, 2013**

**TDSS Pow Wow Grounds**

**Honoring Mother Earth**

## News from Chief Roxane

The Canadian Human Rights Tribunal Hearings on the “First Nations Child Welfare Canadian Human Rights Complaint” began on February 25th in Ottawa. This is the complaint lodged by Dr. Cindy Blackstock and the Assembly of First Nations regarding funding inequalities in Canadian children’s social services.

- June 24 to July 5
- July 15 to July 26
- August 5 to August 16
- August 26 to August 30



Hours are from 9:30am to 4:00pm, or at the discretion of the Tribunal.

Location: Canadian Human Rights Tribunal, 160 Elgin St., 11th Floor, Ottawa.

The hearings are open to the public. Due to the limited seating and interest in the case, the FN Caring Society has created a Doodle sign-up poll at:

<http://doodle.com/8bspu49nnkccwq6> .

If you would like to sign up for a seat and do not have internet access, contact Daisy at 237-8900 for assistance.



### **New Stained Glass Window in Ottawa Parliament Buildings Commemorates the Legacy of Residential Schools**

The window is located above the west entrance to the Parliament Buildings’ Centre Block. It was designed by artist Christi Belcourt.

A media release reads:

*“The window tells a story. It begins in the bottom left corner of the glass, moving upwards to the top panel and flowing down through the right panel. The title, “Giniigaaniimenaaning,” means “Looking Ahead” It includes the idea that we are all looking ahead for the ones unborn. “*

[www.aandc.gc.ca/window](http://www.aandc.gc.ca/window)

# Good Governance Project Update

*From Virginia Hope*

Dear TFN Members,

I have been working on a draft leadership code. I will have the draft leadership code on the Temagami First Nation and TAA website on April 30, 2013. This code has been the result of many hours of research and engagement with TFN members.

If there are any comments or questions I can be reached at the band office:

**705-237-8943** or Toll Free **1-888-737-9884**

The goal is to have a community meeting as soon as the lake opens to ratify the  
TFN Leadership Code.

## Attention Temeaugama Elders

Our rules state that there will be Elections for the Elders' Council every three years.

Our last election was on May 2010 so it is time for an election in 2013.

Membership dues are to be paid by April 15th of each year.

The cost for a membership is \$5.00.

We had 44 paid-up members for the last year– 2012-2013.

We currently have 20 paid-up members for 2013-2014.

**Your membership must be paid by May 15th in order to vote.**

Please contact Millie White to pay your membership.

The Current Elder's Council is:

- John McKenzie– Head Elder
- Millie White– Secretary / Treasurer
- Gladys Farr– Councillor
- Ursula Sawyer– Councillor
- Alan Marquette– Councillor

All positions are open.

**The date for the election will be on May 15th from 3:00pm to 4:30pm.**

This will be right after the Monthly Elder Lunch and Bingo.

# Lands and Resources News

## **Mining Consultation Protocol and Exploration MOU Documents**

The Lands and Resources Department has developed these two important new documents to guide us in our relations with the mining industry by setting out TFN/TAA's expectations for consultation and accommodation regarding proposed mining activities within n'Daki Menan.

The documents were developed in a collaborative process that involved our legal advisor Juli Abouchar, the TFN Lands and Resource Dept. staff, the TFN/TAA Chiefs and Councils, and the Lands and Resources Committee. We held a community information session on April 23, 2013 and would like to thank everyone who showed up and offered their important feedback on the documents.

We are now publicizing the documents. We request that you review them and contact the TFN Lands and Resources Dept. to offer feedback and express any concerns you may have by **May 17, 2013.**

The documents are available for review on the TFN website– [www.temagamifirstnation.ca](http://www.temagamifirstnation.ca) .

If you would like printed copies of the documents please contact the TFN Lands and Resources Dept. and we will be glad to provide you with copies. (705) 237-8275

Chi Miigwich, Doug



**Michael Paul Checking Out Claim Maps**



**Your Friendly Neighbourhood Lands and Resources Team...Robin, Casey, and Doug**

# Internet Bullying Prevention

On April 24th, LMLC and the Bear Island Police gave a presentation at the Rec Centre, explaining how to protect yourself on the internet. Tom Saville hosted the event.

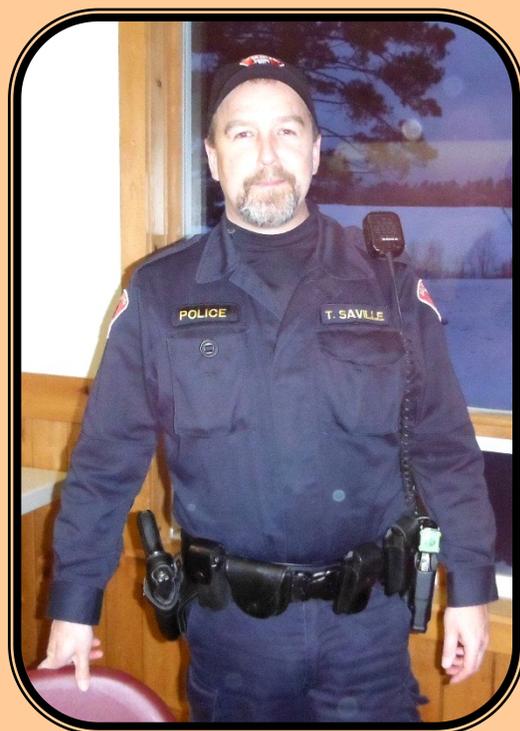
Internet bullying can be devastating for young people. Tom explained how to identify it, how to prevent it, and how to deal with it.

Here are a list of resources Tom recommends:

- **Kids' Help Phone: 1-800-668-6868 or [kidshelpphone.ca](http://kidshelpphone.ca) - confidential, anonymous, free counselling, 24 hours a day**
- **[www.bullying.org](http://www.bullying.org)**
- **[www.cyberbullying.ca](http://www.cyberbullying.ca)**
- **[www.cyberbully411.ca](http://www.cyberbully411.ca)**
- **[www.wiredsafety.org](http://www.wiredsafety.org)** –this site is a great resource to for advice on dealing with internet security issues of all kinds, as well as keeping Youth safe.

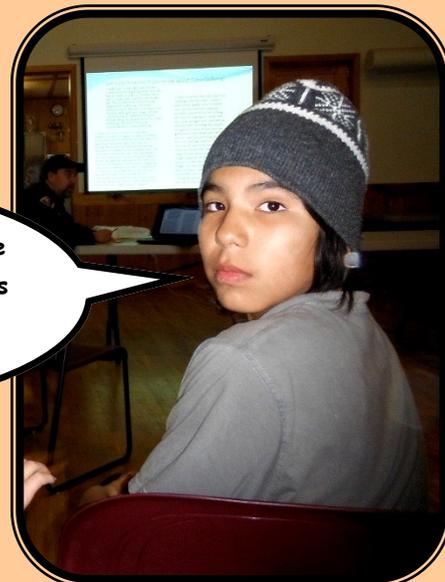
And of course Tom is always available to help, advise, and take care of any situation that needs police intervention. Don't be afraid to call.

[thomas.saville@ontario.ca](mailto:thomas.saville@ontario.ca) 237-8963



I don't accept friend requests from someone I don't know.

I know that I am awesome and I deserve the kindness I give to others.



If a friend is acting in a way I think is hurtful to someone else, I tell that friend to stop.



TEME- AUGAMA ANISHNABAI  
TEMAGAMI FIRST NATION  
**Community Engagement Process**

***Kaa-Mose Aya-Min :Walking Together***

*So what has the Community Engagement Strategy team been up to since February?*

**Information Sessions:**

The objective of these information sessions was to engage and inform the beneficiaries of the process, to respond to questions and listen to comments, and to create public awareness for the Community Engagement Process.

**Bear Island, February 12, 2013: Attendees - 8**

**North Bay Seniors February 27, 2013; Attendees – 9**

**North Bay February 27, 2013 at Friendship Centre, - Attendees: 16**

**Novotel Toronto, March 2: Attendees – 12**

**Web Ex Meeting March 6, 2013 – Attendees – 5**

A first electronic meeting with beneficiaries created a steep learning curve for all of us. This of course slowed the meeting down. I want to thank those who made the effort.

**Great Wolf Lodge, March 8, 2013: Attendees – 14**

‘Whenever you are gathering a large group of People such as this trip it is a wonderful opportunity to come together, share, learn and discuss our thoughts and views.’

**The Rules of the Game:**

**Beneficiary:** any participant of Family Weekend Getaway

**Voting Member:** participants of Family Weekend Getaway over 13 years of age and registered as a participant of the information session on Friday, March 8, 7:15- 9:00

**The Challenge:** There is \$1000 and those who register at the information session must determine how to spend or invest this money in the interests of the beneficiaries. These were the questions:

- *So what do we with the \$1000 at Family Weekend Getaway?*
- *How do we think and plan to spend this money this weekend? How should you benefit from this \$1000?*
- *How can these funds be utilized to increase the quality of the experience at Great Wolf Lodge for all participants?*

After exploring and reviewing many ideas, the group decided that there should be an immediate benefit to the group and that each group/family in a room would receive a \$30 gift card to use in the hotel.

Saturday morning a representative from each of the rooms was given a gift card with an description and explanation on why they received this gift card.

Participants were asked to complete an evaluation. The results were mixed. Overall, what people felt was most valuable was the gift certificate.

Comments included:

- *Continue to get the through several methods of communication to engage people to become interested.*
- *Time management– ran too late*
- *This meeting took place on our community family outing. So not cool. This should not have been allowed*
- *A bit abstract in relation to real life challenge- Situation lent itself to group payout whereas in “real life” that would be disastrous.*

**Bear Island April 1, 2013 Youth Information Session- 15 Attendees**

The youth decided to use this money as grubstaking funds to plan and raise funds for an educational trip for the youth. To be a participant in the trip, the youth must help fundraise.

The evaluations were very good, except some did not like the crossword puzzle.

Comments included:

*Under Most Valuable:*

- The survey and the crossword, I learned a lot
- The opportunity to be engaged and participate and become more informed
- Everything was very informative
- Learning about where the money goes and how we can use it
- The survey
- The different possibilities the money could be used for and The \$500 donation for the youth

**Overall Review of Info Sessions:**

*Did we meet our objective to engage and inform the beneficiaries of the process? Did we to respond to questions and to listen to comments? Did we find that the participants created public awareness for the Community Engagement Process beyond the sessions?*

Overall, we met our objectives. We hosted 7 information sessions with a total of 77 attendees. We did hear and received feedback that participants did speak to others about the information sessions. We have no way to measure the number of people they spoke to or what was said.

It would be good if we could get answers to these questions to assess the value of these sessions:  
 Who do the participants speak to when they leave?  
 Are they communicating good information?  
 How instrumental have they been in keeping the conversation alive within the community?

Overall, upon review, we will continue to host information sessions. We continue to share as much and as often in as many ways as possible. We invite anyone who would like to host a session with friends and family to contact us and we will be happy to come to you.

*What about the survey?*

**The Survey Results and Report:**

Overall, 477 invitations were sent via hardcopy and email. We continued to receive email addresses and information on citizens up until the closing date. By the end of the date, we were up to over 500 invitations.

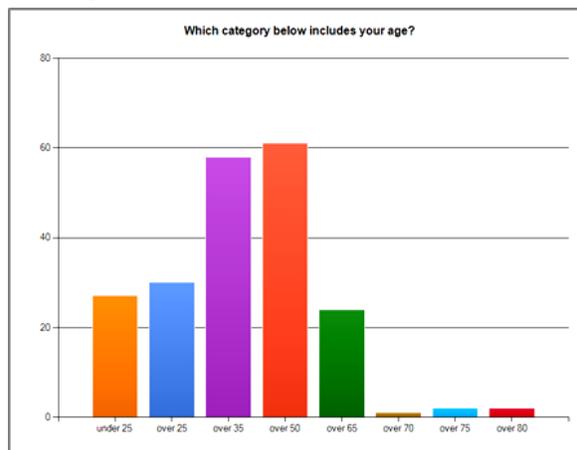
We received 215 completed surveys and 77 were completed by citizens who live on N’Dakimenan.

At this time we are in the process of analyzing the qualitative data. We expect to be able to share this the information on or about **May 15, 2013.**

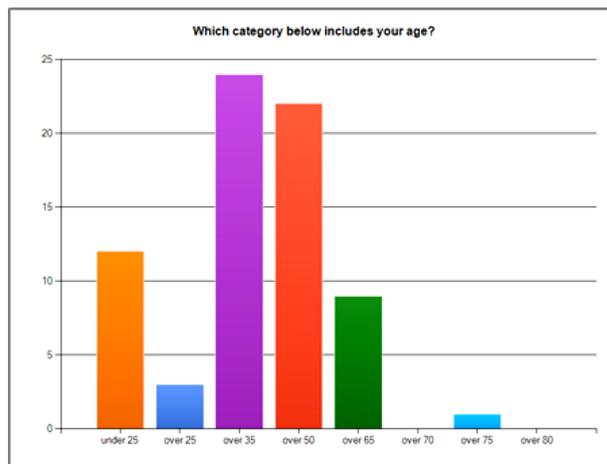
In the mean time, to whet your appetite, we will share a tidbit of information with you...

**Age Categories of Survey Respondents:**

**Full Survey:**



**On n’Dakimenan :**



The charts above show that the majority of the respondents who completed the survey were over the age of 35.

**Victoria Grant**  
 Community Engagement Co-ordinator  
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 Cell: 416-999-1978

**Consultation Team**  
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 Cell: 705-471-3358

**Desi Senf**  
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 Home: 705-237-8353

Please contact the staff at any time should you have any questions and/or comments on the process.



## Kwe Kwe!

### Greetings from the Tillie Missabie Family Centre.

The children and staff of TMFC have been enjoying  
“Special Person Day” here at the Daycare.

TMFC has put all the TFN employee’s names in a jar and will be  
picking one every two weeks.

The special person will be invited to join us for lunch. Watch for your  
Invitation! Virginia McKenzie is our Special Person for May.

With the changes in the weather, please provide your child with outdoor rain gear or an extra set of outdoor  
clothes. Our playground is very wet and muddy.

Over the past 2 months we have had a number of illnesses. We are asking all parents to review the correspond-  
ence sent home regarding the illnesses, and to please follow the illness policy. Staff will be doing daily health  
checks on each child upon arrival.

If you are going to be off-island for the day, please call the TMFC to let us know who your child’s contact is,  
and have a contact number that we can reach them at.

*Miigwetch!*

Michelle Trahan, Head RECE Support

## BEAR ISLAND ART CAMP IS COMING UP!



Every year 50 kids from Bear Island, Temagami and summer residents from the lake come  
together on BI for an interactive art camp.

Several different art projects are offered, including work with theatre, painting, felting, mixed media etc.  
The success of the camp depends on all the volunteers that work each summer to create the experience.

The camp is free; just keep an eye out for registration in the next month or two.

**Patsy Turner is the coordinator this year.**

Contact Patsy for more information: **237-8982**

**[patsy.turner@temagamifirstnation.ca](mailto:patsy.turner@temagamifirstnation.ca)**



**When:** July 8 - 12, 10:00am to 3:00 pm.

**Where:** The Rec Centre.

**Who:** For Ages 6-12.



# BIEA NEWS

Happy Spring! Let's hope that Waawaabigonii Giizis  
(Flower Month-May) lives up to its name!

BIEA and the Bear Island Police held a very informative and successful presentation on internet safety on April 24th at the Rec Centre. Chi Miigwetch to Tom Saville for his excellent presentation. You can read more about it on the next page. Please take Tom's advice and protect yourself and your loved ones!  
BIEA is also working on a presentation about the problems associated with violent video games. We will keep you informed of details when they are available.

Please note: **Curriculum Day is May 17th. That's a PD Day– No School.**

We are planning a great **Fundraiser on Sunday, May 26th at LMLC**. There will be a rummage sale and penny sale and a spaghetti supper! We will also rent tables if you want to sell your own stuff.

We are asking parents for donations of a new item and an old one for the penny sale.

Any community members who would like to donate are welcome to do so! All donations of good stuff are appreciated. Please contact Lucille to arrange donation times and location.

Melissa's class is planning a canoe trip on the land – maybe to Maple Mountain– in June. Exciting! Congratulations!

And...Congratulations to the JK to Grade 4 Students and Staff for getting out on Earth Day and picking up garbage around the loop. (The grades 5 to 8 students plan to do a pick up soon.) Let's show our appreciation to them and to our Mother Earth by being responsible with our waste in 2013.

Every Day is Earth Day!



*Theresa and Caitlin Working Hard on Earth Day.  
Miigwetch, Ladies! :)*

# B.I. BEAUTIES AND CUTIES!



In honour of Mother's Day,  
Sunday May 12th...

Thanks for the smiles! :)



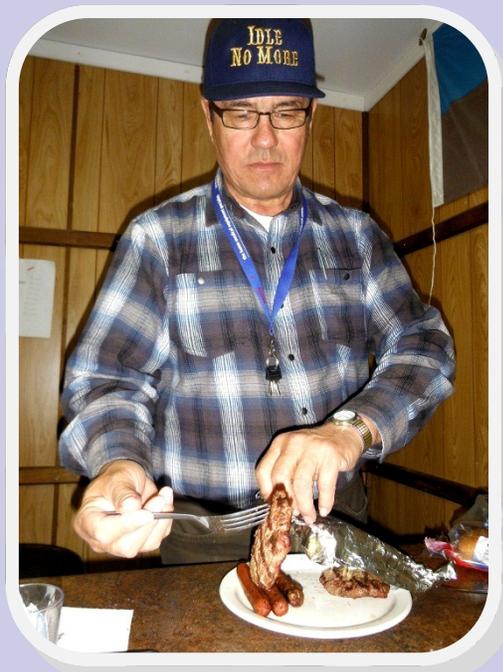
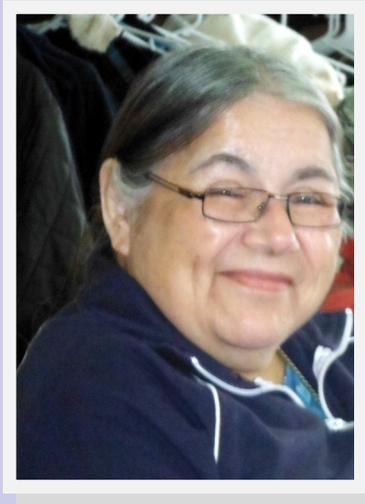
Next time ya better  
put my Mama in the  
picture too!

-Will do, Charlie!

We All Chowed Down at the

# ELDER'S CLUB FUNDRAISING LUNCH

Thursday, April 25th



Don't forget to pay your Elder's Club dues!



# Greetings from Virginia McKenzie and Temagami First Nation Public Library

*Spring is in the air.. the one thing we can depend on is change,  
and I am looking forward to some nice warm weather!*

The great gift of working in the Library is the opportunity to be able to read. I have read books that have had me laughing and in tears- way too funny! I am reading more on Critical Thinking, where you adopt a questioning approach and thoughtful attitude to what you read, see or hear, rather than accepting things at face value. When you think critically, you break down or explore in depth all information available to make an informed conclusion or an opinion.

The book "Rethinking Globalization" has me thinking. The Declaration of the Rights of the Child was adopted unanimously by the general assembly of United Nation on November 20, 1959. Here it is the year 2013 and child labour is on the increase. Children from the ages 4 and up are slaves in today's factories, working 12 to 15 hours a day. Reading about what is happening globally with child labour has brought tears to my eyes.

I believe that the world has to sing God Save the Children, not the queen.

## The Boy with One Shoe

*A person overseas reported seeing a boy with one shoe. When asked how he lost his one shoe the boy responded: "I didn't. I found this one."*

### **The Library has developed a collection of books on Leadership.**

One of the books, "Strengths Based Leadership" by Rath & Conchie, is really great; it's easy reading, filled with information, and very empowering.

A survey described in the book was very interesting. Every word and question in the survey was selected with extreme care. The first part forced each person to identify a specific leader who had the most positive influence in the survey participant's daily life. The word positive was included to ensure that they were not studying leaders who have a predominantly negative influence. As they continued to review the descriptors, distinct patterns started to emerge. In some cases, more than 1,000 people had listed the exact same word, without any categories or options provided. Given that there are more than 170,000 words in the English language, this was impressive. It seems what the followers have a very clear picture of what they want and need from the most influential leaders in their lives: trust, compassion stability, and hope.

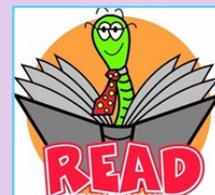
The world has many kinds of Leaders; the leaders on a medical team, local leaders, national leaders. On the next page are some traits and qualities found in leaders, as described in "Strengths Based Leadership".

*Come on down to the library!*

There is a whole world of ideas, information, fun, amazement, enlightenment, and inspiration waiting for you inside the books. And of course we have the internet too.



Virginia



**Leading With Achiever:** People strong in the Achiever theme have a great deal of stamina and work hard. They take great satisfaction from being busy and productive.

**Leading with Adaptability:** People strong in the Adaptability theme prefer to “go with the flow.” They tend to be “now” people who take things as they are come and discover the future one day at a time.

**Leading with Analytical:** People strong in the Analytical theme search for reasons and causes. They have the ability to think about all the factors that might affect a situation.

**Leading with Arranger:** People strong in the Arranger theme can organize, but they also have flexibility that complements this ability. They like to figure out how all of the pieces and resources can be arranged for maximum productivity.

**Leading with Belief:** People strong in the Belief theme have certain core values that are unchanging. Out of these values emerge a defined purpose for their life.

**Leading with Command:** People strong in the Command theme have presence. They can take control of a situation and make decisions.



**Big Bear,  
Cree Leader, 1800s**

<http://extraordinarycanadians.tv/authorssubjects/big-bear-rudy-wiebe/>

**Leading with Communication:** People strong in the communication theme generally find it easy to put their thoughts into words. They are good conversationalists and presenters.

**Leading with Competition:** People strong in the Competition theme measure their progress against the performance of others. They strive to win first place and revel in contests.

**Leading with Focus:** People strong in the Focus theme can take a direction, follow through and make the corrections necessary to stay on track. They prioritize then act.

**Leading with Connectedness:** People strong in the Connectedness theme have faith in the links between all things. They believe there are no coincidences and that almost every event has a reason.

**Leading with Consistency:** People strong in the Consistency theme are keenly aware of the need to treat people equally. They try to treat everyone in the world with consistency, setting up clear rules and adhering to them.

**Leading with Context:** People strong in the context theme enjoy thinking about the past. They understand the present by researching its history.



**Nelson Mandela, South African Freedom Fighter**

[http://en.wikipedia.org/wiki/Nelson\\_Mandela](http://en.wikipedia.org/wiki/Nelson_Mandela)

**Leading with Deliberative:** People strong in the deliberative theme are best described by the serious care they take in making decisions or choices. They anticipate the obstacles.



**Shannen Koostachin,  
Youth Leader**

[http://en.wikipedia.org/wiki/Shannen's\\_Dream](http://en.wikipedia.org/wiki/Shannen's_Dream)

**Leading with Developer:** People strong in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from these improvements.

**Leading with Discipline:** People strong in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

**Leading with Empathy:** People strong in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or situations.

# BLAST FROM THE PAST!

Fred Petrant has contributed a fascinating article about TFN hockey players in Toronto in 1928.

It's very long, so here is a short excerpt with the photos.

If you would like an entire printed copy, just contact Daisy:

237-8900 or toll-free 1-866-262-2862 or [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca)

Reprinted from: "The Torontoist" -Online Historical Magazin

<http://torontoist.com/2012/01/historicist-the-cree-ojibway-indian-hockey-tour/> — **Miigwetch Fred!**

## Historicist: The Cree & Ojibway Indian Hockey Tour

In 1928, two teams of aboriginal hockey players embarked on a barnstorming tour through Ontario and the northeastern United States.

By Kevin Plummer



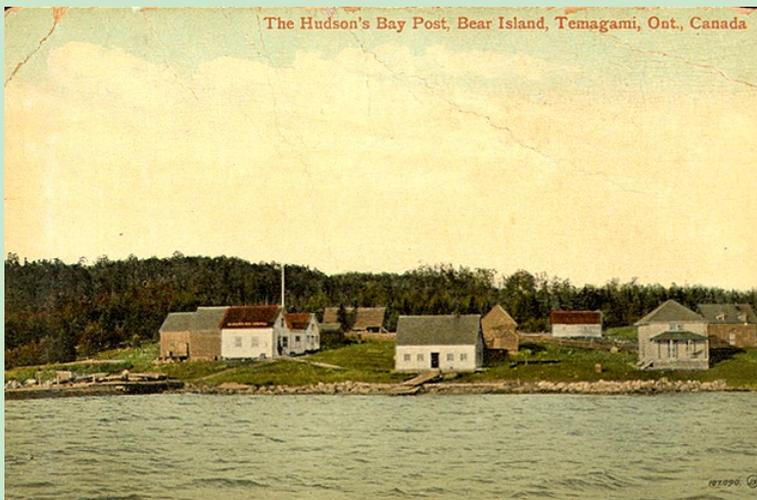
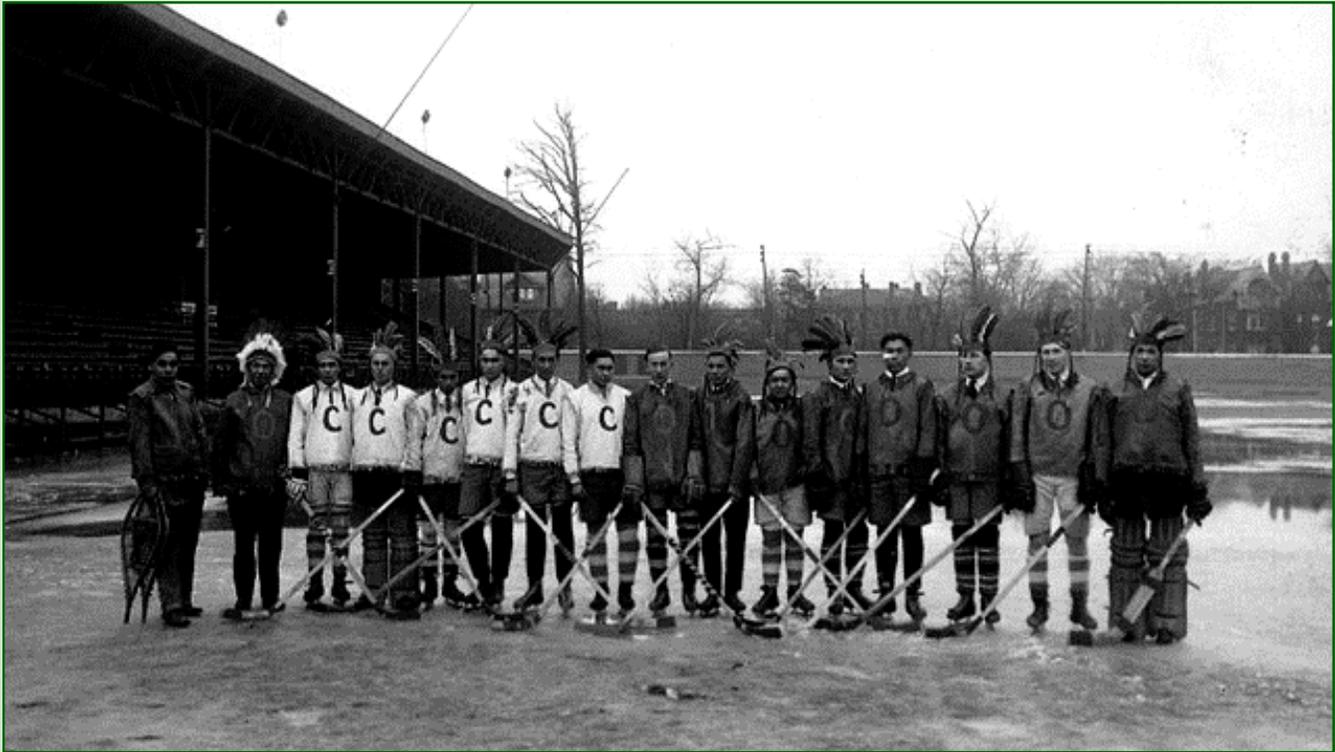
Cree and Ojibway hockey teams, 11 January 1928, from City of Toronto Archives, Fonds 16, Series 71, Item 5619.

On January 12, 1928, two hockey teams composed entirely of First Nations players took to the ice at Ravina Gardens on Rowland Street for a "a very speedy and clever game of hockey," as one newspaper described it.

It was one of the earliest stops on what would be a 2,200-mile motor coach tour. Over the course of 60 days, the two teams would travel to over a dozen Ontario and American cities, playing exhibitions against each other or local teams. One team was composed of Ojibway players from Bear Island in Lake Temagami—now known as Teme-Augama Anishnabai or Temagami First Nation. The other was composed of Cree players from Chapleau (according to one newspaper) or "the James Bay territory" (according to another). Papers weren't concerned with such precision. It seems likely that the Cree team was drawn from Bear Island as well as Chapleau Cree First Nation, and possibly even Moose Factory or elsewhere.

## The Cree & Ojibway Indian Hockey Tour

The cultural accuracy of what the bus sign called the “Full Indian Costume” itself is best left for an anthropologist. But wearing it in hockey games certainly didn’t reflect traditional Cree or Ojibway cultural practices. Moreover, it didn’t match the regular daily attire of the players, most of whom worked as trappers and guides and wore regular clothes.



*Fred says this is Bear Island's oldest home,  
built by Presque Petrant*

The Ojibway team was led by right-winger and defenceman Pishabo. Nineteen years old and 190 pounds, Pishabo was the chief's son. He was joined in the forwards by brothers H. and R. Anderson, and Langevin. Brothers George and William Turner were defenceman and substitute respectively. The goalie was Petrant, scion of a large Metis family at Bear Island.

*Again...if you would like a full copy of this article, contact Daisy 237-8900 / 1-866-262-2862 Toll- Free  
or- [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca)*

## A Message from Jen Peshabo....

Thank you to everyone who has participated so far in my Fundraising efforts. That is: the 50/50 draws, DVD's, Late Night with Randy Becker, pie auction, Indian tacos, scone dogs, selling items, and bake sale at the Christmas bazaar. Thank you everyone. Thank you to all the volunteers that helped with the cooking and cleaning, I appreciate everything everyone has done. Also, I still have to fundraise some more. There will be a fish fry fundraising dinner in May once the lake opens up. I will keep you posted. Late night with Randy Becker raised \$1500! (not including costs of supplies).

Thank You So Much, Everyone! I look forward to my Eurograd 2013 trip!:) -Jen :)



### Late Night With Randy Becker's Top 10 List:

#### TOP 10 THINGS OVERHEARD AT THE MINE ROAD LANDING

- 10- What happened to that payphone?
- 9- Do you think they've ever launched a boat before?
- 8- Who's driving the ferry?
- 7- Is that bear poop beside my car?
- 6- I wonder if they know they're going to hit that shoal?
- 5- Is it choppy out there?
- 4- Who was supposed to grab the car keys before we left?
- 3- Where's my gas can?
- 2- I've never seen that many tourists in speedos
- 1- *Where's Freddy?*

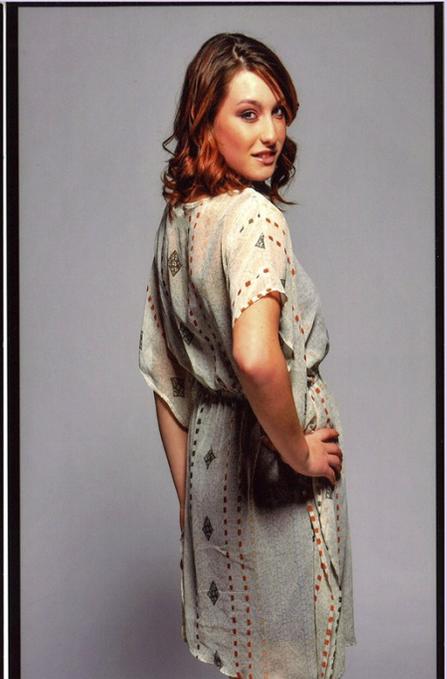
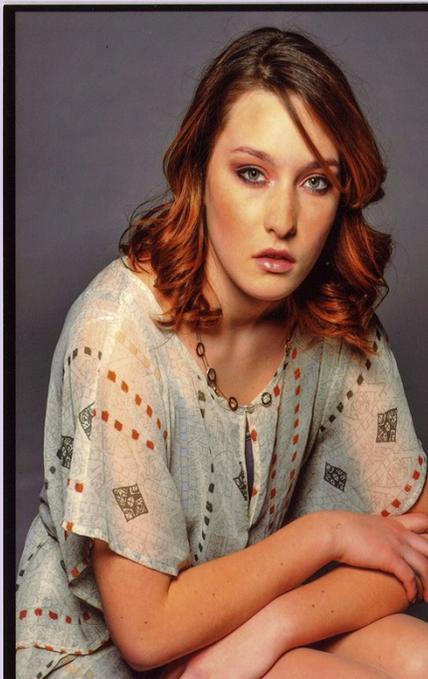


# Ashley is On Her Way!

Ashley Paul and her Family would like to thank everyone who supported her fund-raising efforts.

**There will be one more held on Sunday  
May 5th from 8am to 11am at the  
Elder's Building-- a pancake breakfast!  
Yum yum!**

Ashley will be at the Canadian Model and Talent Convention from May 9th to 12th.



**Go Girl!!! We're Proud of You!!**

## Helena Montana, January 31, 2013 -

In light of the rising frequency of human/grizzly bear conflicts, the Montana Department of Fish and Game is advising hikers, hunters, and fishermen to take extra precautions and keep alert for bears while in the field. "We advise that outdoorsmen should wear noisy little bells on their clothing so as not to startle bears that aren't expecting them," a spokesman said. "We also advise outdoorsmen to carry pepper spray with them in case of an encounter with a bear".

It is also a good idea to watch out for fresh signs of bear activity. Outdoorsmen should recognize the difference between black bear and grizzly bear paw prints and scat.

A grizzly's paw is larger and its claws are longer than that of a black bear. Black bear scat contains lots of berries and squirrel fur. Grizzly bear scat has little bells in it and smells like pepper.



**Please Don't Forget...The...**

**BIEA FUNDRAISING SALE AND SPAGHETTI SUPPER MAY 26!!!!**

**11am to 5pm.**

**Rummage Sale \* Penny Sale \* Games \* Canteen**

**Donations of new and used items are needed. Please contact Lucille for dropoff details.**

## Temagami Anishnabemowin!

How do you say “Idle No More” in Anishnabe?  
Little Mary says it’s hard to translate into English.  
She says that

### “Kibimisemin”

(say: “K’Bim Say Min”)

means “We Are Walking”, which sure fits well  
when you look at these INM activists!

**Miigwetch, Mary!**



**Youth 4 Water**



**Nishiyuu Journey**



**Mississippi Water Walk**

There’s a great Anishnabemowin Facebook Page called “Anishnaabemowin” (Lol!)

- They translate “Idle No More” to “We aren’t going to be quiet anymore”.

Lucille tuned up the translation to the Temagami Dialect.

**Gaawin Giiyaabaaj Bekaaji Yaasiimin.**

You can say it as “**Gaw-win Gih-yaw-bawj-Bekaw-gee Yeah-see-min**”

**Miigwetch Lucille!**

## How to Deal with Breakup, Woody Becker- Style

How cool is this contraption??? Love it! Woody uses a 9.9 horse motor and manages to get around pretty well.

Wow!



Miigwetch to Desi for the photo!

Sunday, May 5, 2013

# Yard Sale!

*New items!*

*Baby Items! Gently Used Clothes! Furniture!*

*Movies! Jewelry!*

**Stop by Our Apartment  
Around 11am**

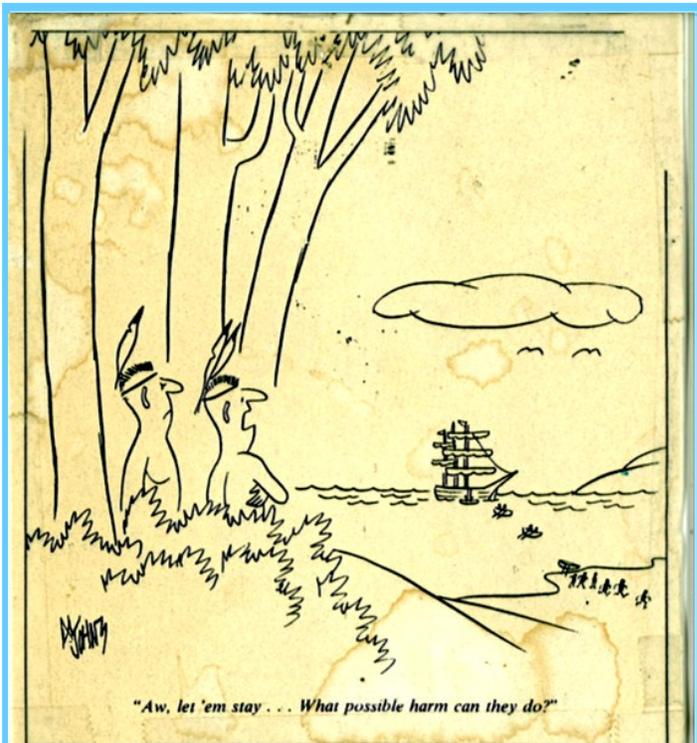
Casey and Dan Becker

Ph 705.237.8205  
Apt. 5b Bear Island, Lake Temagami

caseyjane08@hotmail.com



*Come out and  
pick up some  
treasures!*



The Caption Says: "Aw, let 'em stay...What possible harm could they do?" -Contributed by Doug McKenzie

## Temagami First Nation is Currently Hosting 2 Students from Northern Ontario School of Medicine Here on Bear Island.

The focus of the visit is to familiarize Nick and Lyndsay with First Nation culture. They enjoyed moose burgers at the Elder's Barbecue, so they're off to a great start! Welcome Nick and Lyndsay, we're glad you're here!



Northern Ontario  
School of Medicine  
École de médecine  
du Nord de l'Ontario  
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## NICK FORTINO



My name is Nick Fortino, and I am from the small town of Blind River, Ontario. I am from a big family with two sisters and a brother. I attended the University of Guelph for my undergraduate studies, and then returned to northern Ontario afterwards and helped teach at a school in Sagamok.

I enjoy reading and playing guitar. I really enjoy outdoor activities including biking, hiking, and playing sports. I also enjoy spending time on the water canoeing, fishing, swimming, and wakeboarding. I am looking forward to coming to spend time with the community on Bear Island, and hope to get involved with the community as much as possible.

### LEARNING OBJECTIVES FOR THE ICE:

I am very excited to visit Bear Island and become a part of the community for the month. I look forward to taking part in as many community activities as I can, and am very interested to see the area as I have heard it is a very beautiful environment. I am also excited for the clinical experiences that I will be able to take part in.

**West Campus**  
**Lakehead University**  
955 Oliver Rd  
Thunder Bay ON P7B 5E1  
Tel: (807) 766-7300  
Fax: (807) 766-7370

**East Campus**  
**Laurentian University**  
935 Ramsey Lake Rd  
Sudbury ON P3E 2C6  
Tel: (705) 675-4883



Northern Ontario  
School of Medicine  
École de médecine  
du Nord de l'Ontario  
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# Lindsay Millar



Hello! My name is Lindsay Millar. I grew up in Sault Ste. Marie in large, outdoorsy family. I did my undergraduate degree in Psychology and Linguistics at the University of Ottawa from 2008-2012. I also spent some time working for the Canadian Deaf blind Association.

Personal interests of mine include reading, hiking, and photography.

My academic interests include obstetrics and gynecology, pediatrics, neurology, and radiology. I am particularly passionate about reproductive health.

### Learning Objectives for the ICE:

During this placement I would like to get a feel for the health care system from the point of view of an Aboriginal person. I would like to take part in some “traditional” cultural experiences if possible, especially activities which are musical or artistic. I am also really hoping to do a lot of outdoor activities during this placement (fishing, hiking, etc.).

**West Campus**  
**Lakehead University**  
955 Oliver Rd  
Thunder Bay ON P7B 5E1  
Tel: (807) 766-7300  
Fax: (807) 766-7370

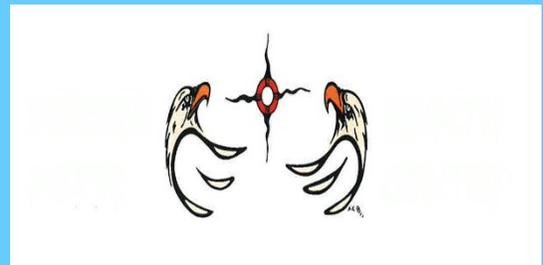
**East Campus**  
**Laurentian University**  
935 Ramsey Lake Rd  
Sudbury ON P3E 2C6  
Tel: (705) 675-4883

## Virginia McKenzie is Lyndsay and Nick’s “Tour Guide” During Their Stay Here on the Island.

If you have any questions, suggestions, want to say hello to them, etc. you can contact Virginia at the library-8005, or [virginia.mckenzie@temagamifirstnation.ca](mailto:virginia.mckenzie@temagamifirstnation.ca)

# Health and Social News...

## From Donna and Carrie at DPHC



*There are lots of good things going on with the health and social programming at DPHC.*

The **Dokis Challenge**, which began on April 3rd, has 30 participants! It's an 11 week long exercise and weight loss contest. It was started 17 years ago by Linda Mattias and her friend Bernice Restoule from Dokis.

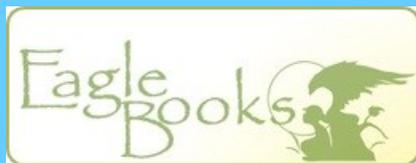
Thank you, Linda and Bernice, for starting such a successful and fun program, and thank you Donna for running it now and keeping it successful!

Donna would also like everyone to know about another competition coming up, sponsored by the Ontario Native Women's Association- (ONWA).

**Mocc Walk 2013** is a walking and exercise challenge– see the next page for more info. Donna has the registration forms and can answer any questions you have .

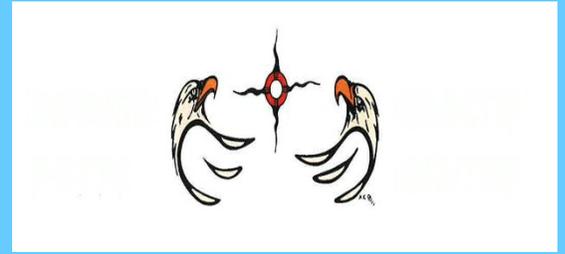
Also....

- The Monday night women's exercise program is still going– come on down at 6:30pm and sweat to the oldies with Richard Simmons!
- Urban Poling on Tuesdays at 6:30pm is open to everyone– it's a low-impact walking exercise that works the whole body! Because it's a group activity, it's also a great way to socialize at the same time. Everyone meets at the clinic and does the loop.  
(Joe Katt says it should be called "Rez Poling", lol!)
- Donna is doing a diabetes awareness program for Youth also this month, every Friday at LMLC. It's called "Eagle Books". Eagle Books is a 4-part series of stories that are brought to life by the wise animal characters, Mr. Eagle and Miss Rabbit. Coyote, a clever trickster character, engages Rain that Dances and his young friends in the joys of physical activity, eating healthy foods, and learning from their Elders about traditional ways of being healthy.



- Both Carrie and Donna are putting on a barbecue for LMLC students at lunchtime on May 30th as part of a program called "Lunch for Learning".  
The theme is drug and alcohol awareness.

# Health and Social News from Carrie and Donna...Continued



- On Saturday, May 25th, 1:00pm at the clinic, Carrie will be holding a barbecue and discussion session for the Youth. Carrie would like to hear the Youth's ideas for a billboard or sign that conveys a positive lifestyle message.
- On Saturday, June 1st, The North Bay Indian Friendship Centre is holding an all –day drug and alcohol awareness workshop for Youth ages 12 to 18. The workshops will run from 10:00am to 6:00pm , with lunch and supper provided. Afterward from 8-11:00pm there will be a MuchMusic Video Dance Party! If you would like to attend, contact Carrie.
- Carrie is holding 2 sharing circle sessions at the clinic this month. The first is on Tuesday May 1st at 7:00pm at the clinic, and it's for Youth. The stresses of school, peer pressure, everyday living...whatever participants want to chat about is fine. The second is on Thursday May 29th at 7:00pm, and it's open to adult men and women. Carrie will share readings from "The Language of Letting Go" by Melody Beattie.

If anyone would like to bring their own book on positive affirmations, please feel free to bring it along. The purpose of the sharing circles is to have an opportunity to de-stress, chat, and get support for dealing with life's challenges.

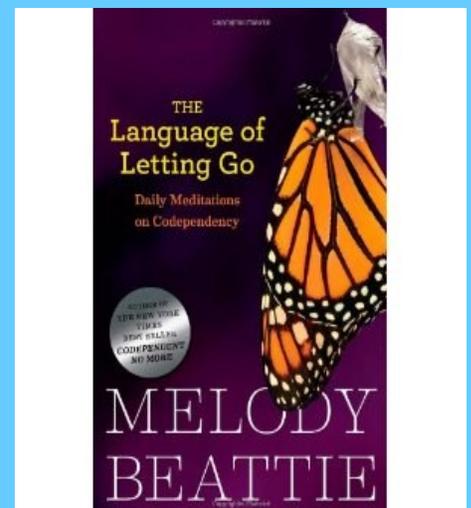
Snacks are provided.

[Carrie.landriault@temagamifirstnation.ca](mailto:Carrie.landriault@temagamifirstnation.ca)

[Donna.mattias@temagamifirstnation.ca](mailto:Donna.mattias@temagamifirstnation.ca)

237-8900

All the programming dates are available on the community events calendar on the inside back page.





# Mocc Walk 2013

get active • get fit • have fun

**Ontario Native Women's Association (ONWA)** together with its **Aboriginal Diabetes Program** is challenging you to a Mocc Walk!

This walking challenge is intended to increase awareness about diabetes as well as to promote physical activity among Aboriginal people across Ontario.

Take the Mocc Walk challenge May 1<sup>st</sup> – June 30<sup>th</sup>, 2013! This challenge will help you get active plus you can win some great prizes! Just record the number of minutes spent walking, tally your points at the end of the challenge and submit them to ONWA. You can earn 1 point for every 10 minutes you walk. The more points you get, the more chances you have to win great prizes!

Everyone of all ages is encouraged to participate - women, men, youth, children, elders. Participate as individuals or gather your families, co-workers or friends and participate as a team! You can walk anywhere – on a treadmill, outside or at the mall.



*How far can your moccasins walk?*

Take the Mocc Walk 2013 Challenge!

[REGISTER NOW](#)

**DETAILS:**

**What:**  
Mocc Walk 2013



**Who can participate?**  
Individuals or Teams (4 per team)

**When:**  
Begins: May 1st, 2013 at 12:00 am  
Ends: June 30th, 2013 at 11:59 pm

**Where:**  
All across Ontario

**To Register:**  
Complete the attached registration form and e-mail, fax or mail to ONWA. For more information, please contact Robert Fenton at 807.625.8579, Toll Free 1.800.667.0816 or via e-mail [diabetes@onwa-tbay.ca](mailto:diabetes@onwa-tbay.ca).

*A Voice for Aboriginal Women  
and their Families*

~ May 2013 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Dokis Challenge Weigh-In <i>Donna 8900</i>  MoccWalk 2013 Begins (see pg.--) <i>Donna 8900</i>  Sharing Circle-Youth Clinic-7pm Carrie 8900	<b>2</b>    AA Meeting 7:30pm Elder's Building	<b>3</b> Eagle Books LMLC -2:30pm <i>Donna 8900</i>	<b>4</b>
<b>5</b> Pancake Breakfast Fundraiser- Ashley Elder's Building 8am-11am  Casey and Dan's Yard Sale 11:00am -at their place	<b>6</b> Richard Simmons Workout for Women -Clinic 6:30pm <i>Donna 8900</i>	<b>7</b> Urban Poling 6:30pm Clinic-Loop-Clinic <i>Donna 8900</i>	<b>8</b> Dokis Challenge Weigh-In <i>Donna 8900</i>	<b>9</b>    AA Meeting 7:30pm Elder's Building	<b>10</b> Eagle Books LMLC -2:30pm <i>Donna 8900</i>	<b>11</b>
<b>12</b> <i>Mother's Day</i>	<b>13</b> Richard Simmons Workout for Women -Clinic 6:30pm <i>Donna 8900</i>	<b>14</b> Urban Poling 6:30pm Clinic-Loop-Clinic <i>Donna 8900</i>	<b>15</b> Dokis Challenge Weigh-In <i>Donna 8900</i>  Bloodwork Clinic 9:00am -Delma 8900	<b>16</b>    AA Meeting 7:30pm Elder's Building	<b>17</b> Eagle Books LMLC -2:30pm <i>Donna 8900</i>  LMLC Curriculum Day- NO SCHOOL	<b>18</b>
<b>19</b>	<b>20</b> HOLIDAY... Happy May Long Weekend!	<b>21</b> Urban Poling 6:30pm Clinic-Loop-Clinic <i>Donna 8900</i>	<b>22</b> Dokis Challenge Weigh-In <i>Donna 8900</i>	<b>23</b>    AA Meeting 7:30pm Elder's Building	<b>24</b> Eagle Books LMLC -2:30pm <i>Donna 8900</i>	<b>25</b> Youth Meeting & BBQ Clinic 1pm Carrie 8900
<b>26</b> LMLC Rummage Sale, Penny Sale, Spaghetti Supper 11:00am-5:00pm	<b>27</b> Richard Simmons Workout for Women -Clinic 6:30pm <i>Donna 8900</i>	<b>28</b> Urban Poling 6:30pm Clinic-Loop-Clinic <i>Donna 8900</i>	<b>29</b> Dokis Challenge Weigh-In <i>Donna 8900</i>  Sharing Circle- For Men and Women Clinic 7pm Carrie 8900  Bloodwork Clinic 9:00am -Delma 8900	<b>30</b> Lunch and Learn Barbecue for LMLC students. Theme: drug and alcohol education <i>Donna and Carrie 8900</i>  AA Meeting 7:30pm Elder's Building	<b>31</b>	<b>Notes:</b> <i>Disclaimer- Listings may not be complete. Dates and times are subject to change.</i>

## Gary John Potts-“Guy” July 18, 1966-April 15, 2013



A sacred fire was held for Guy on Bear Island after his passing. All friends and family were invited to attend.

Guy led a full and love-filled life. He had a beautiful wife and children and a successful career. Guy possessed many varied skills. He was a very capable and well-trained bush man; his experience with living on the land began in babyhood when every year his family spent freeze-up at a camp on Iron Lake near Austin Bay. Guy was also very athletic. Beginning with a Temagami pee-wee team as a child, he enjoyed a tournament win in Noranda. Dad Gary remembers that coach Bill Dwyer put a lot of care and effort into that team, and was a good influence on Guy. Guy continued to play hockey all his life. He was a forward on a Yellowknife team. Baseball was a big part of Guy's life too; many Bear Islanders have fond memories of playing with him on the Bear Island Braves team.

Guy was embraced by the people of Yellowknife. On January 11th of this year, a fundraising party—“Groovin’ for Gary” raised \$20,000 to help him and his family with their expenses. It was sold out.

Mike Roesch, MC of the party and a co-worker of Guy's, had this to say: “Gary's one of the nicest guys you'll ever meet. You hear people say that all the time, but he really is. He's someone who would do anything for anyone.”

Love and Prayers to all the friends and family.

### North Bay Nugget, April 19/13

This is a sad story. Temagami people may read it with both pride and sorrow.

A couple of weeks ago I wrote that a friend was fighting for his life in an Edmonton hospital. I wrote about the need for a national organ donation system instead of the present outrageous chaos. I also wrote about cornea transplants and the fact that Québec recently had to throw away about 70 corneas that other provinces would not take.

My friend did not make it. He was only 46. He was Gary Potts, Jr. and the son of Gary Potts the famous First Nation Chief.

Gary Jr. went to the Haileybury School of Mines. As a student he boarded with my daughter Mary Jane and her late husband Ted Whitby and became part of our family.

One hot summer Mary Jane and Ted took Gary with them on a tour of the Ottawa Valley. They were acting on behalf of a friend who was looking for a good location for a small factory. They stopped for a cold drink and, seeing Gary, some local inhabitants made wisecracks about wagon burners. Racism is alive and well in parts of Ontario.

After graduation, Gary went West and held a very good job in Yellowknife. Nancy, his wife, and Zachary, his son, made up a nice little family.

Then Gary was stricken with a liver disease and about six months ago he and Nancy went to Edmonton for a liver transplant. They waited and waited. A liver was available once but a sudden infection postponed the transplant.

Then a matching liver became available. On Saturday, Mary Jane was happy because Gary was going to receive his new organ. On Monday morning, she called to say that Gary was dead. When the surgeons opened him they found a transplant was impossible because the liver and internal organs had grown together, or whatever the correct medical terminology may be.

Gary has left a legacy. He will always be an example for the First Nations' youth. He got an education and proved that a First Nations' person can compete with the best.

Mary Jane sent a copy of my first article to Nancy Potts. When Nancy sent a message concerning Gary's death, she added – “tell John I donated Gary's corneas.”

Soon someone in Western Canada will have their eyesight restored. They will be seeing through the corneas of an aboriginal from Bear Island, Temagami.

**John R. Hunt, [nbay.news@sunmedia.ca](mailto:nbay.news@sunmedia.ca)**